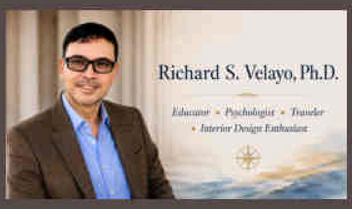

"A Life of Curiosity, Learning, and Discovery."

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Welcome!

Thank you for stopping by.

This website is a reflection of the many experiences that have shaped my life—from decades of teaching psychology and working with colleagues around the world to discovering new passions through travel, digital art, interior design, and activities of interest that promote lifelong learning.

I've always believed that curiosity is one of life's greatest gifts. Whether exploring another culture, creating digital artwork, designing beautiful spaces, or simply appreciating a quiet sunset, I continue to find inspiration in everyday experiences.

I invite you to browse, explore, and perhaps discover something that speaks to you as well.

Warm regards,

Richard S. Velayo, Ph.D.

Contact Me

Reflection of the Month

July 2026 – *The Journey Begins with Curiosity*

> *Every journey begins with curiosity. Whether we are exploring a new country, learning a new language, or simply seeing the familiar with fresh eyes, we continue to grow. Some of life's greatest rewards come not from reaching a destination, but from remaining open to the people, places, and ideas we encounter along the way.*
>
> — **Rich Velayo**

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International Psychology

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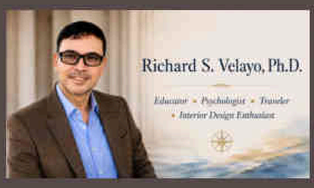

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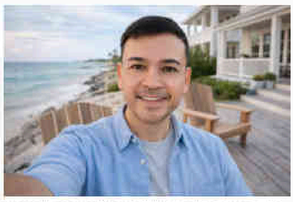
About Me

Life's most meaningful journeys often begin with a simple curiosity to learn, explore, and grow.



I'm **Richard S. Velayo, Ph.D.**, Professor Emeritus of Psychology at Pace University in New York City. Thank you for visiting my website.

For more than three decades, I had the privilege of teaching psychology, mentoring students, and collaborating with colleagues around the world. My professional interests have centered on psychology, education, international collaboration, and promoting greater cross-cultural understanding.

Retirement has given me the freedom to pursue many of the interests that have inspired me throughout my life. While psychology continues to be an important part of my life, I also enjoy traveling, digital artwork, interior design, mindfulness, and discovering new cultures and perspectives.

This website brings together both chapters of my journey—my academic career and my personal interests. Whether you're a former student, colleague, fellow traveler, or simply a curious visitor, I hope you'll find something here that informs, inspires, or simply brings a smile.

I've always believed that curiosity is one of life's greatest gifts. It has shaped my career as an educator, enriched my travels, inspired my creativity, and continues to guide me every day.

Thank you for stopping by, and I hope you'll enjoy exploring the many different facets of my life and interests.

Warm regards,

Richard S. Velayo, Ph.D.

Quick Links

My Academic Journey

A Lifetime of Learning, Teaching, and Service

For more than three decades, I had the privilege of teaching psychology, mentoring students, conducting research, and serving in leadership roles at Pace University. My work also provided opportunities to collaborate with psychologists and educators around the world, reinforcing my belief that psychology is strengthened by diverse perspectives and cultural understanding.

Although I have retired from full-time teaching, I remain deeply grateful for the experiences, friendships, and collaborations that shaped my career. This section highlights the academic journey that has been such an important part of my life.

Education is not simply about sharing knowledge—it's about inspiring curiosity that lasts a lifetime.

Explore this section to learn more about my academic career, publications, presentations, leadership, and professional service.

Life Beyond Academia

A New Chapter of Discovery

Retirement has given me the freedom to pursue many of the interests that have inspired me throughout my life. In addition to psychology, I enjoy traveling, photography, digital artwork, architecture, interior design, and mindfulness.

Every new place, experience, and creative project reminds me that learning never truly ends. This section reflects the personal side of my journey and the joy of continuing to explore the world with curiosity and gratitude.

Retirement is not the end of learning; it is the beginning of learning by choice.

My Roots

Honoring My Heritage

My Filipino heritage has been an important influence throughout my life, shaping my values, appreciation for education, and sense of family and community.

Exploring my ancestry has become a meaningful way to honor those who came before me and to better understand my own journey. I hope this section offers a glimpse into the family history and traditions that continue to inspire me today.

Our roots tell us where we began, but they also help us understand where we're going.

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Academic

Education has never been simply about teaching—it has always been about inspiring curiosity and opening doors to new possibilities.

A Lifelong Commitment to Learning

Education has been one of the greatest privileges of my life. Throughout my career, I had the opportunity to teach, conduct research, mentor students, and work alongside colleagues from around the world. Each experience reinforced my belief that learning is a lifelong journey—one that grows through curiosity, collaboration, and the exchange of ideas.
This section highlights the academic chapter of my life, reflecting the experiences and contributions that have shaped my career and continue to influence how I view the world today.

Teaching & Mentoring

Inspiring Curiosity Through Education

Teaching was always much more than sharing information—it was about encouraging students to ask questions, think critically, and discover their own potential. Whether in the classroom, advising students, or developing innovative learning experiences, my goal was to create an environment where curiosity could flourish.

The opportunity to learn alongside my students remains one of the most rewarding aspects of my academic career.

Research & Scholarship

Exploring Questions That Matter

Research allowed me to better understand human behavior while contributing to the advancement of psychology. My interests have included areas such as cross-cultural psychology, international psychology, teaching and learning, and the thoughtful integration of technology in teaching and learning.

For me, research has always been about more than publishing findings—it's about asking meaningful questions, expanding knowledge, and encouraging continued exploration.

Leadership & Service

Giving Back to the Profession

Service has been an important and rewarding part of my professional journey. Beyond teaching and research, I was fortunate to contribute through leadership, committee work, professional organizations, mentoring, and collaborations with colleagues around the world.

These experiences strengthened my appreciation for the importance of community, shared purpose, and working together to advance psychology and higher education.

Academic Biography

Richard S. Velayo, Ph.D.
Professor Emeritus of Psychology
Pace University, New York City

Richard S. Velayo, Ph.D., is Professor Emeritus of Psychology at Pace University in New York City. Following a fulfilling career of teaching, research, leadership, and international collaboration, he retired in 2017 and now enjoys life in the Orlando, Florida metropolitan area. Although retired from full-time teaching, he occasionally teaches online graduate courses and continues to explore new interests through travel, digital art, interior design, and lifelong learning.

Dr. Velayo earned his Ph.D. in the Combined Program in Education and Psychology from the University of Michigan, with a specialization in Cognitive Psychology and Educational Technology. He also holds a Master of Arts in Applied Behavior Analysis from the University of the Pacific and dual bachelor's degrees in Psychology and Sociology-Anthropology (*Magna Cum Laude*) from De La Salle University in Manila, Philippines. He completed his elementary and secondary education at Colegio de San Juan de Letran, an educational foundation that helped shape his lifelong curiosity and appreciation for learning.

Academic Leadership [Select]
During his tenure at Pace University (1994-2017), Dr. Velayo served as:

- Associate Chair, Psychology Department (NYC Campus)
- Director, Master of Arts in Psychology Program (2014-2017)
- Director, Dyson College Center for Global Psychology
- Editor-in-Chief, *Psychlyer* (Department Newsletter)

He previously taught at:

- De La Salle University (Manila)
- Montana State University
- University of Michigan (Ann Arbor)

Scholarly Contributions [Select]
Dr. Velayo's scholarship focuses on:

1. Development of assessment tools for multimedia learning
2. Applications of Internet-based technologies (IBTs) in teaching and research
3. Pedagogical strategies to internationalize the psychology curriculum

He has authored:

- 49 peer-reviewed journal articles
- 4 book chapters
- 30 non-peer reviewed publications
- 305+ scholarly presentations
- 78+ workshops, panels, and invited addresses
- 120+ organized symposia and conferences

His work has appeared in leading journals including:

- *American Psychologist* (APA flagship journal)
- *Teaching of Psychology*
- *Psychology Learning and Teaching*
- *Educational Technology*
- *International Psychology Bulletin*
- *International Psychologist*

He has supervised over 60 doctoral dissertations and master's theses.

Courses Taught
Graduate and undergraduate courses include:

- Experimental Psychology
- Cognitive Psychology
- Instructional Psychology: Multimedia Applications
- Research Design and Statistics
- Psychology of Learning
- Developmental Psychology
- Behavior Modification
- Critical Thinking and Problem Solving
- Introduction to International Psychology
- Psychology at the United Nations
- Professional Seminar

Honors and Awards [Select]
Dr. Velayo's honors include:

- Virginia Staudt Sexton Award for Early Career Contributions (1997)
- Distinguished Service Award, NYSPA (2002)
- Wilhelm Wundt Award for Outstanding Research and Service (2007)
- Distinguished Award for Outstanding Service, Pace University (2000)
- Guest of Honor, Greater New York Conference on Behavioral Research (2012)
- Henry P. David International Mentoring Award, APA Division 52 (2013)

Professional Affiliations and Leadership [Select]
Dr. Velayo is a Fellow of multiple divisions of the American Psychological Association (Divisions 1, 2, 46, and 52), as well as the Eastern Psychological Association. His service includes:

- Past President, APA Division 52 (International Psychology)
- Past President (twice), NYSPA Academic Division
- Past Chair, Psychology Section, New York Academy of Sciences
- Chair, Communications and Publications Committee, International Council of Psychologists
- Co-Director, International Social and Behavioral Research Alliance
- NGO Representative to the United Nations (2009–2017)

He has served in numerous leadership roles involving curriculum development, publications, international psychology, fellows committees, and United Nations psychology initiatives.

Academic Biography ("long-ish" narrative version)

Richard S. Velayo, Ph.D., is Professor Emeritus of Psychology at Pace University (New York City). He happily retired in Florida (Orlando Metro area) in 2017 though occasionally teaches online graduate courses. When he was a full-time tenured full professor at Pace University, he served as Associate Chair of the Psychology Department (NYC) and Director of the Master of Arts (M.A.) in Psychology Program from 2014-2017. In 1993, he obtained his doctorate is the Combined Program in Education and Psychology from the University of Michigan (Ann Arbor), and specialized in the areas of Cognitive Psychology and Educational Technology. He obtained his M.A. degree in Applied Behavioral Analysis from the University of the Pacific (Stockton, CA), a B.A. in Psychology / B.A. in Sociology-Anthropology from De La Salle University (Manila, Philippines) (Magna Cum Laudet), and at Colegio de San Juan de Letran (Manila, Philippines) for his elementary and high school education. His scholarly interests and publications focus on pedagogical strategies to internationalize the psychology curriculum, and on the use of multimedia and internet-based technologies as pedagogical tools. More specifically, his scholarly interests included: (1) development of an assessment tool for multimedia learning, (2) applications of Internet-based technologies (IBTs) as teaching and research tools, and (3) pedagogical strategies to internationalize psychology courses. He has 49 peer-reviewed publications in journals such as American Psychologist (the flagship journal of the American Psychological Association (APA), Teaching of Psychology, The International Journal of Instructional Media, Journal of Instructional Psychology, Reading Improvement, NYS Psychologist, Educational Technology, Psychology Learning and Teaching, International Psychology Bulletin, and the International Psychologist. He also has 4 book chapters and 30 non-peer reviewed publications. Moreover, he has 305+ scholarly presentations, 78+ workshops/panels/invited addresses, 120+ symposia/conferences organized at various regional, national, and international psychology conferences including (but not limited to) those of the American Psychological Association (APA), the American Psychological Society (APS), the Eastern Psychological Association (EPA), the National Institute on the Teaching of Psychology (NITOP), the International Council of Psychologists, and the Greater New York Conference on Behavioral Research. He has also been involved in the supervision of over 60 doctoral dissertations and masters theses.

The courses he has taught at the graduate and undergraduate levels include Experimental Psychology, Cognitive Psychology, Instructional Psychology: Multimedia Applications, Research Design and Statistics, General Psychology, Psychology of Learning, Developmental Psychology, Behavior Modification, Critical Thinking and Problem Solving, Introduction to International Psychology, Psychology at the United Nations, and Professional Seminar (for Masters Students). Dr. Velayo has taught at De La Salle University (Manila), Montana State University, University of Michigan (Ann Arbor), before coming to Pace University (New York City Campus) in 1994 as a full-time faculty member of the Psychology Department. In addition to being the Editor-in-chief of the "PsychEye" newsletter (official newsletter of Pace University's Psychology Department, NYC), he was also an editorial board member of the International Psychologist and International Understanding. He has also served as a reviewer for a number of publications which includes the following: International Psychology Bulletin (APA Division 52), International Journal of Instructional Media, Journal on School Education, and Computers in Teaching Section of the Teaching of Psychology (APA Division 2). The New York State Psychological Association awarded him the Virginia Staudt Sexton Award for Early Career Contributions to Academic Psychology (1997), the Distinguished Service Award (2002), and the Wilhelm Wundt Award for Outstanding Research Contributions to Academic Psychology and Service to NYSPA (2007). He is also the recipient of the 2000 Distinguished Award for Outstanding Service at Pace's Employee Recognition Ceremony. In 2012, he was recognized as a "Guest of Honor" for Outstanding Contributions to Psychology at the 24th Annual Greater New York Conference on Behavioral Research (Fordham University, New York). In 2013, he received the "Henry P. David International Mentoring Award" from the Division of International Psychology of the American Psychological Association.

His professional service affiliations include: the American Psychological Association (Fellow of Divisions 1, 2, 46, and 52), the International Council of Psychologists (ICP), International Association of Applied Psychologists (IAAP), the New York Academy of Sciences (NYAS), the New York State Psychological Association (Academic Division and the Social Issues Division), the Eastern Psychological Association (Fellow), PSI CHI (The International Honors Society in Psychology), and Sigma Xi (The Scientific Research Society). He was Past-President (2004), and Member-at-Large (2008-2009) for the Division of International Psychology (Division 52) of the APA in which he has also served as chair of the Membership Committee, Program Committee, the Website Committee, Associate Editor of the International Psychology Bulletin, and an active Member of its Curriculum and Training Committee. His other positions include Fellows Chair (2005-2007) for The Society for General Psychology (APA Division 1), Fellows Chair (2008) for The Division of International Psychology (APA Division 52), Chair (2006-2009) of the Communications and Publications Committee for the International Council of Psychologists (ICP) (2006-2009), served twice as Past-President (2001 and 2008) of the New York State Psychological Associations Academic Division, Past-Chair (2006-2008) of the Psychology Section of the New York Academy of Sciences, Past Co-Chair (2009) of APA's Committee on Division/APA Relations (CODAPAR), and Member-at-Large for the NGO Committee on Ageing (2007-2009), and Executive Committee Member (2009-2012) of the Eastern Regional PSI CHI Steering Committee. He has served as the Chair of the Publication and Registration Subcommittee for the United Nations Psychology Day Organizing/Planning Committee. At Pace University, he is the Director of Masters Program(s) and Associate Chair of the Psychology Department (NYC campus). Additionally, he has served as the Secretary and Webmaster (2000-2005) of the New York Faculty Council, Chair (2000-2001) of the Academic Resources Committees of Dyson College and NY Faculty Council, and Chair (January 2000 - August 2002) of the Communication Studies Department (NYC campus) of Pace.

Dr. Velayo also served as the NGO Representative (2009-2017) of the International Council the International Council of Psychologists to the United Nations, Treasurer (2009-2013) of the NGO Committee on Ageing, Webmaster (2005-2014), Fellows Chair and Member-at-Large of the Society for General Psychology (2012-2014), Curriculum and Training Committee Chair and Member-at-Large for the International Psychology Division of APA (2012-2016), Liaison of the Eastern Psychological Association to Pace University's Psychology Department (2010-2016), and one of the three Co-Directors (2010-2017) of The International Social and Behavioral Research Alliance. At Pace, in addition to being the Associate Chair of the Psychology Department and Director of the M.A. in Psychology Program (2014 - 2017), he also serves as a Director of the Dyson College Center for Global Psychology (DCCGP), a member (2004-2017) of the Kenan Development Fund Committee for Faculty Development, and a Fellow (2000-present) of the Dyson College Society of Fellows.

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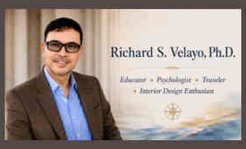

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International Psychology

Every culture has something to teach us, and every international experience broadens our understanding—not only of psychology, but also of ourselves.

Psychology in a Global Community

"Psychology becomes even more meaningful when we learn from one another across cultures and around the world."

Psychology does not exist in isolation. It is shaped by culture, history, language, and the unique experiences of people around the globe. International psychology encourages us to look beyond national boundaries, embrace diverse perspectives, and work collaboratively to address shared global challenges.

Whether you're a student, educator, researcher, or practicing psychologist, I hope this section inspires you to explore how psychology can contribute to a more connected, compassionate, and culturally informed world.

Recommended Resources for Teachers of Psychology

Contained here is a collection relevant resources I use in teaching "Introduction to International Psychology", a graduate level course at Pace University (NYC).

Textbook:
Shealy, C. N., Bullock, M., & Kapadia, S. (Eds.). (2023). *Going Global: How Psychologists Can Meet a World of Need*. American Psychological Association [ISBN: 978-1433836435]

Syllabus (sample)
This sample syllabus was used in a 15-week online (asynchronous) course offered in the Spring 2025 semester at Pace University (NYC campus) in which the textbook above was used. Instructors may use this syllabus as a basis from which to develop their own.
PSY603syllabusIgeneric1.pdf
Adobe Acrobat Document [158.5 KB]

Download

My PSYCHOLOGY ATLAS

I created the Psychology Atlas and its interactive Google My Maps as resources to help psychology educators incorporate international and cross-cultural perspectives into their courses. By exploring these maps, teachers can discover psychologists, organizations, heritage sites, conferences, and global initiatives that bring psychology to life from a worldwide perspective.

Explore My Psychology Atlas

Quick Links

International Psychology²

International psychology is more than studying psychology in different countries—it is about understanding how psychological science and practice can contribute to addressing the opportunities and challenges that affect people around the world.

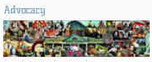
As our world becomes increasingly interconnected, psychologists have unique opportunities to promote well-being, advance human rights, strengthen education, and collaborate across cultures. This section introduces the growing field of international psychology and highlights the many ways psychologists can make a meaningful global impact.

Intro. to Global Psychology

Global psychology provides a roadmap for applying psychological knowledge to today's most pressing international issues. From advocacy and leadership to research, teaching, and service, psychologists have many opportunities to contribute beyond traditional professional roles.

The following sections introduce ten areas in which psychology can make a meaningful difference, while encouraging collaboration, cultural humility, and responsible global engagement.

Advocacy



Advocacy gives psychologists an opportunity to apply their knowledge in support of human dignity, social justice, education, mental health, and other issues affecting communities around the world. By combining scientific evidence with compassion and ethical responsibility, psychologists can help influence positive change at both local and global levels.

Assessment

Assessment extends well beyond testing and diagnosis. In international settings, psychologists use assessment to better understand individuals, communities, educational systems, and organizations while ensuring that methods remain culturally appropriate and scientifically sound.

Thoughtful assessment provides the foundation for effective decision-making, research, and intervention across diverse populations.

Consultation

Psychological expertise can benefit governments, schools, businesses, nonprofit organizations, healthcare systems, and international agencies. Consultation allows psychologists to work collaboratively with diverse organizations, offering evidence-based guidance that helps improve programs, policies, and services around the world.

Intervention

Psychological interventions promote resilience, well-being, and positive change for individuals, families, organizations, and communities. In global settings, successful interventions require cultural sensitivity, collaboration, and an appreciation for local values, traditions, and resources.

Effective intervention is not simply about applying existing knowledge—it is about adapting that knowledge to meet the unique needs of each community.

Leadership

Leadership in psychology involves more than managing organizations—it means inspiring collaboration, encouraging innovation, and helping others work toward shared goals. Around the world, psychologists contribute their expertise to strengthen institutions, resolve complex challenges, and promote positive organizational change across cultures.

Policy

Psychologists can make valuable contributions to public policy by applying research and psychological science to important societal issues. Whether working with governments, educational institutions, healthcare systems, or international organizations, psychologists help shape policies that improve the lives of individuals and communities.

This section explores how psychological knowledge can inform thoughtful, evidence-based decision-making on a global scale.

Research

International research expands our understanding of human behavior by bringing together diverse cultures, perspectives, and experiences. Collaborative research not only strengthens psychological science but also helps ensure that discoveries are relevant to people around the world.

This section explores opportunities for psychologists to engage in meaningful international research partnerships and contribute to solving global challenges.

Service

Professional service is one of the most rewarding ways psychologists can contribute beyond the classroom or consulting office. Through volunteerism, leadership, international organizations, and community engagement, psychologists can use their knowledge to support meaningful change while building lasting professional relationships around the world.

Service reflects psychology's commitment to improving lives through collaboration, compassion, and shared purpose.

Teaching

Teaching offers a unique opportunity to prepare the next generation of globally minded psychologists. By incorporating international perspectives, diverse cultural viewpoints, and innovative learning experiences, educators help students develop the knowledge, skills, and cultural awareness needed to thrive in an increasingly interconnected world.

For me, internationalizing the teaching of psychology has been one of the most meaningful and rewarding aspects of my career.

Concluding Thoughts

Psychology has the potential to make a meaningful difference far beyond the boundaries of any one country. As our world continues to evolve, opportunities for international collaboration, cultural understanding, and global engagement will become increasingly important.

I hope the resources and ideas presented throughout this section encourage students, educators, researchers, and practitioners to think more globally, embrace diverse perspectives, and recognize the many ways psychology can contribute to building a healthier, more compassionate, and more connected world.

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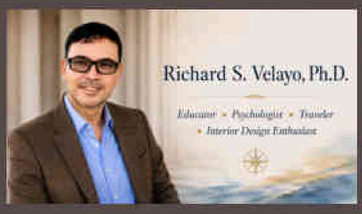

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Life & Interests

Retirement has given me the freedom to pursue many of the interests that have inspired me throughout my life. Every new experience reminds me that learning doesn't end—it simply takes new and exciting directions.

While psychology and education will always be an important part of who I am, retirement has opened the door to new opportunities for exploration, creativity, and personal growth. Today, I enjoy traveling, cruising, digital artwork, interior design, architecture, personal finance, genealogy, and the practice of mindfulness.

Whether I'm discovering a charming coastal town, photographing a beautiful sunset, designing a welcoming living space, or simply enjoying a quiet cup of coffee while reflecting on life's experiences, I continue to find inspiration in the people, places, and moments that surround me.

The pages in this section offer a glimpse into the interests that enrich my life beyond academia. Together, they reflect my belief that curiosity, lifelong learning, and meaningful experiences continue to shape who we are—at every stage of life.

I hope these pages encourage you to celebrate your own interests, embrace new experiences, and continue discovering the joy of lifelong learning.

Florida Homes

Florida Favorites

Cruises

Travel

Zen Living & Wellness

Finance

Giving

Reflections

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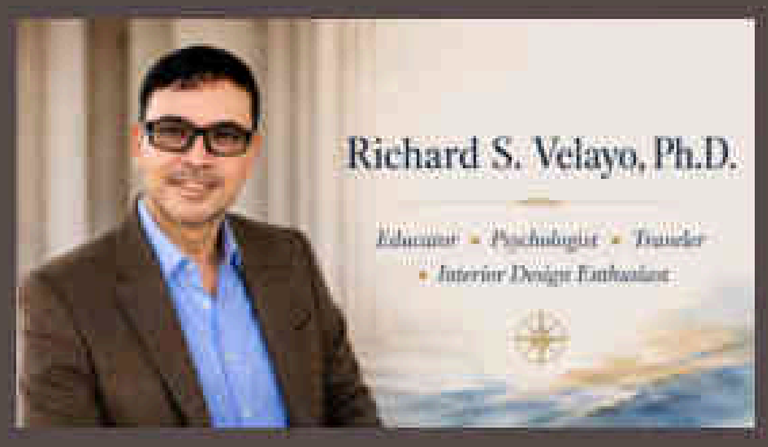

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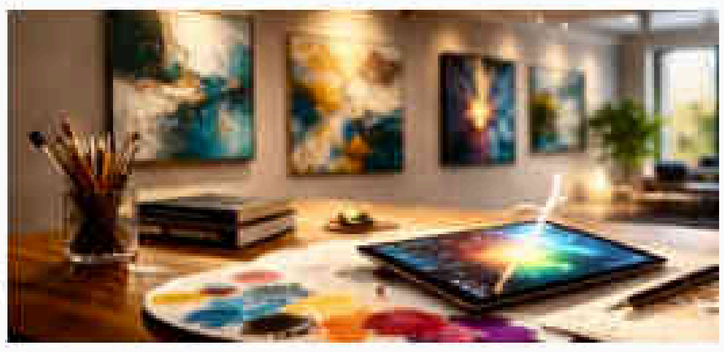
Galleries

Digital artwork allows me to preserve moments of discovery and share the beauty I find in everyday life.

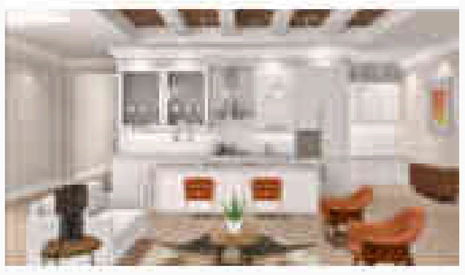
My digital artwork explores structure, color, and spatial balance through a lens shaped by psychology and global experience. Working primarily with digital composition, I am drawn to contrasts—abstraction and order, geometry and emotion, interior stillness and expansive landscapes.



These works are not simply visual experiments but reflections on perception, cultural memory, and aesthetic harmony. Influenced by travel, architecture, and curated design environments, I approach each composition as both observer and constructor—seeking balance, clarity, and quiet resonance.

The gallery reflects a lifelong engagement with visual form as another language of reflection.

DESIGN HOME Gallery



Digital Artwork

Self-Portraits

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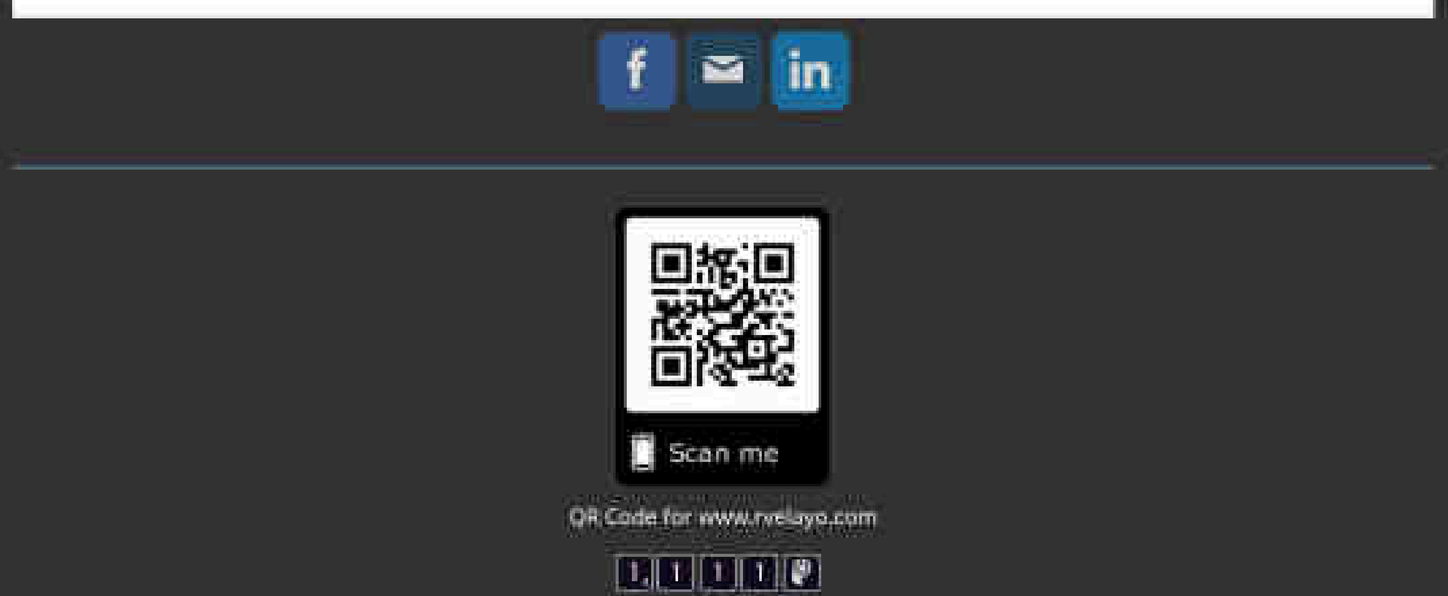

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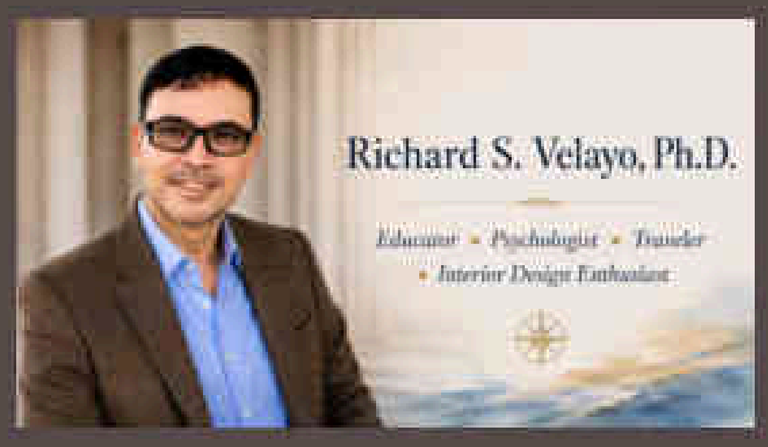

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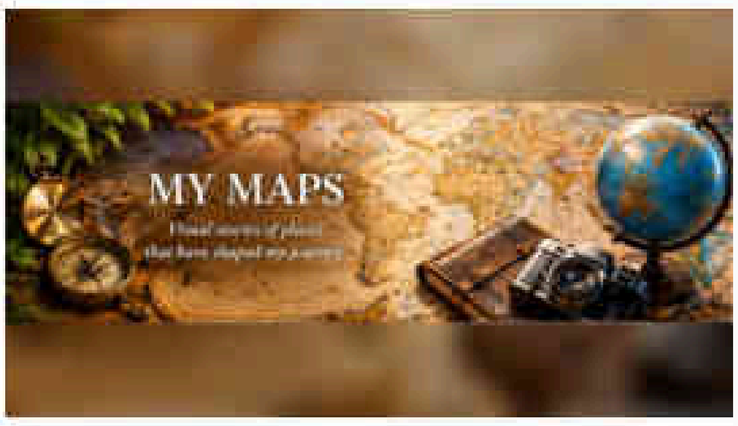
My Maps

Explore the places, journeys, and experiences that have shaped a lifetime of curiosity, learning, and discovery.

Maps tell stories. Every place we visit, every community we call home, and every journey we undertake becomes part of our personal story. This collection of interactive Google My Maps brings together many of the places that have shaped my life—from psychology and education to travel, photography, and retirement adventures. I invite you to explore these maps, click on the markers, and discover the people, places, and experiences that have fueled my lifelong curiosity.



Psychology Atlas | Florida Maps | U.S. Maps | World Map

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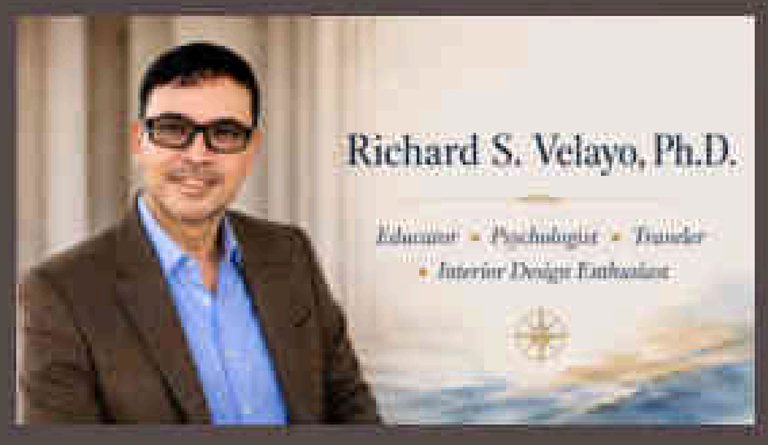

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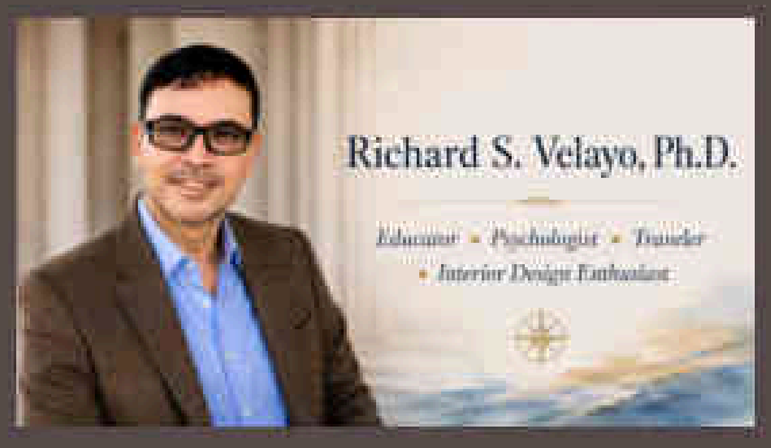

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Thank you for visiting. I hope something on this website has sparked your curiosity or inspired you to continue your own journey of learning and discovery.

CONTACT INFORMATION:

Email: rvelayo@gmail.com

If you wish to leave a note for Dr. Richard Velayo, please type it below.

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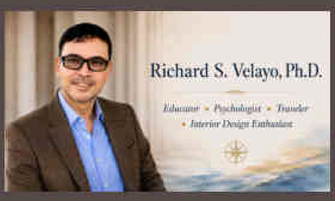

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Reflections (Archive)

Life is a continuous journey of learning, growth, and discovery. These reflections share some of the experiences, lessons, and perspectives that have shaped my personal and professional life.

These monthly reflections are inspired by my journey as an educator, psychologist, traveler, and lifelong learner. Each offers a brief pause to consider an idea, an experience, or a lesson that has shaped my life and continues to inspire me.

I hope these reflections encourage you to pause, reflect, and discover something meaningful in your own journey.

July 2026 — *The Journey Begins with Curiosity*

> *Every journey begins with curiosity. Whether we are exploring a new country, learning a new language, or simply seeing the familiar with fresh eyes, we continue to grow. Some of life's greatest rewards come not from reaching a destination, but from remaining open to the people, places, and ideas we encounter along the way.*
>
> **— Rich Velayo**

June 2026 — *Trying Something New*

> *Some of life's greatest adventures begin with a simple question: "What if I tried something new today?" Curiosity encourages us to step beyond the familiar and discover opportunities we might otherwise have missed.*
>
> **— Rich Velayo**

May 2026 — *The Joy of Learning*

> *Education is not simply about acquiring knowledge; it is about developing the curiosity and wisdom to use that knowledge well. Lifelong learning keeps our minds open and our lives continually enriched.*
>
> **— Rich Velayo**

April 2026 — *Growing Every Day*

> *Spring reminds us that growth is often quiet. Small steps taken consistently can transform our lives in ways we never expected. Curiosity and patience often lead to our greatest discoveries.*
>
> **— Rich Velayo**

March 2026 — *Travel as a Teacher*

> *Travel teaches us that the world is both larger and smaller than we imagine—larger in its beauty and diversity, yet smaller in the kindness shared between people. Every journey leaves us with memories, friendships, and a deeper appreciation for different cultures.*
>
> **— Rich Velayo**

February 2026 — *The Gift of Connection*

> *The strongest connections in our lives are built not only through love and friendship, but also through kindness, understanding, and genuine curiosity about one another. Every meaningful conversation has the potential to broaden our perspective.*
>
> **— Rich Velayo**

January 2026 — *New Beginnings*

> *A new year reminds us that learning has no finish line. Every beginning offers another opportunity to grow with curiosity, purpose, and gratitude. Each day presents a chance to discover something new about ourselves and the world around us.*
>
> **— Rich Velayo**

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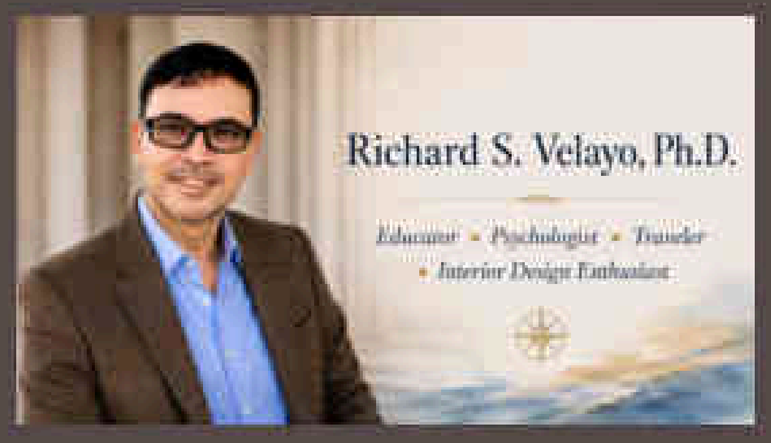

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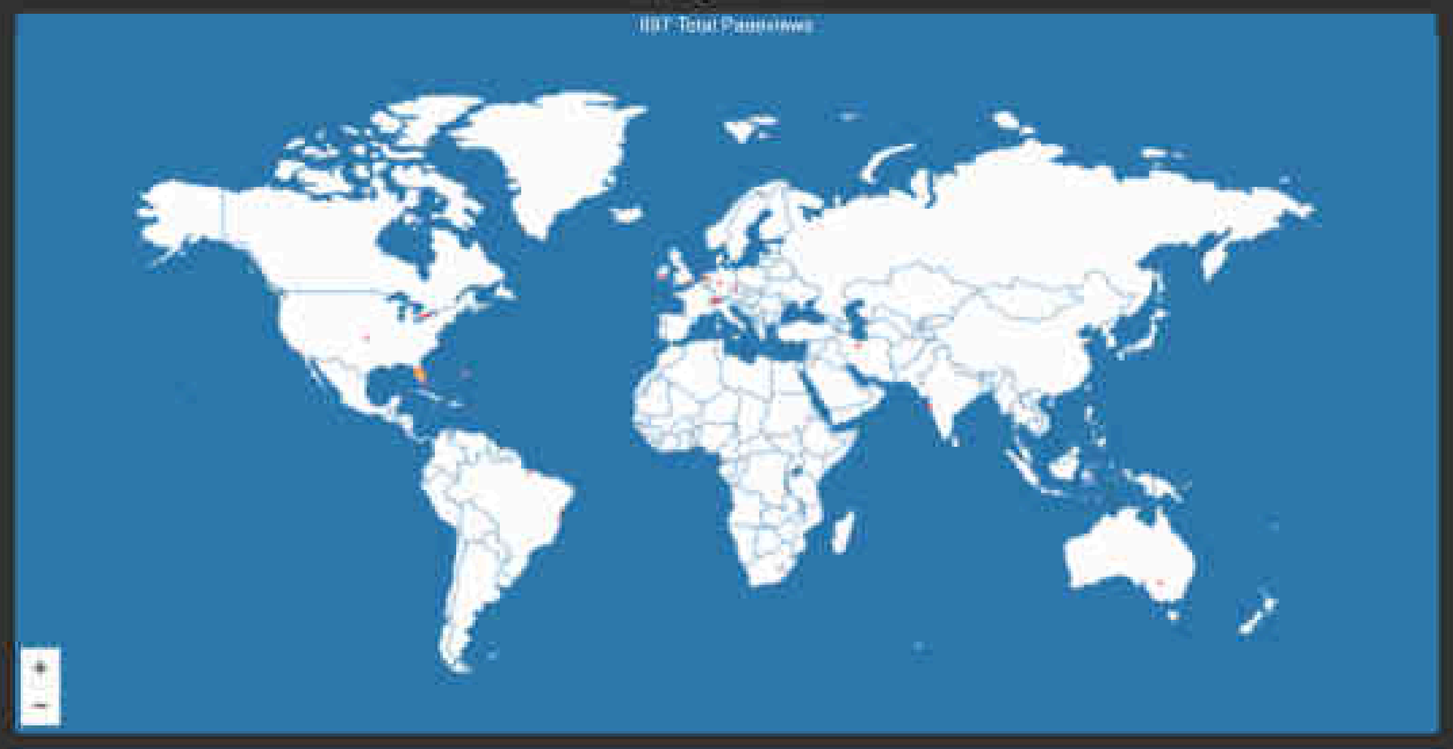

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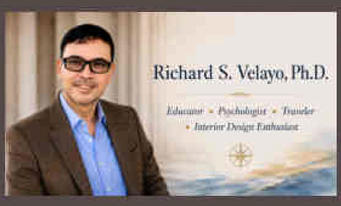

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My Roots

Learning about our roots helps us better understand ourselves and appreciate the journeys of those who came before us.

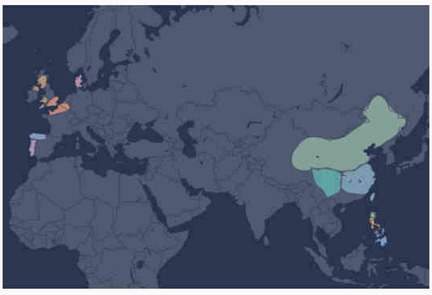
Taking Pride in My Heritage

My heritage is rooted in the Philippines, a country whose history reflects centuries of cultural exchange and resilience. The Philippines has been shaped by indigenous traditions as well as Spanish and American influences, creating a unique cultural blend that values family, education, community, and respect for others. Growing up in Quezon City, in the Manila metropolitan area, I experienced firsthand the energy and diversity of Filipino life — a place where modern urban living exists alongside strong cultural traditions. The richness of Filipino culture, from language and food to social values and community ties, helped shape my early understanding of identity and belonging in a world influenced by many cultures.

I remain deeply proud of my Filipino heritage, which has instilled in me a lasting appreciation for cultural diversity and human connection. At the same time, I have fully embraced my life as an American citizen, grateful for the opportunities for education, professional growth, and global engagement that the United States has provided. In many ways, my life reflects the blending of these two worlds — the cultural roots of the Philippines and the opportunities and perspectives of America — and this dual identity has strongly influenced both my personal outlook and my professional commitment to international and cross-cultural understanding.

Ancestry DNA Results Summary (As of October 2025)

Go to Ancestry DNA



Richard's 13 ancestral regions

Southeast Asia
- Luzon 38%
- Central & Southern Philippines 34%
- Northern & Central Philippines 7%

England
- Cornwall 5%
- Southeastern England & Northwestern Europe 1%

Celtic & Gaelic
- Central Scotland & Northern Ireland 3%
- Southern Wales 2%

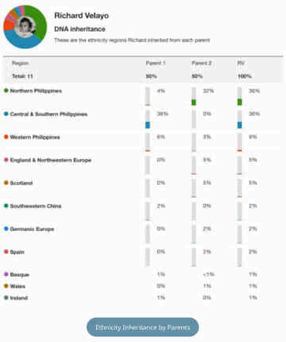
East Asia
- Central & Eastern China & Taiwan 2%
- Southwestern China 2%
- Northern China 1%

Iberian Peninsula
- Portugal 2%
- Northern Spain 1%

Nordic
- Denmark 2%

Updated October 2025. View previous results and FAQs

Click here to go to Ancestry DNA.



Ethnicity Inheritance by Parents

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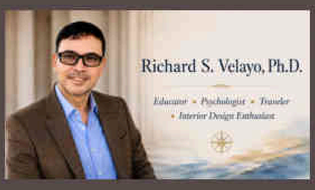

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TEACHING

Teaching has always been about helping students develop confidence, think critically, and discover the joy of lifelong learning.

My teaching interests center on international and cross-cultural psychology, integrating global perspectives into undergraduate and graduate education while emphasizing ethical practice and cultural competence. Throughout my career, I have been committed to innovative pedagogy, curriculum internationalization, and preparing students to apply psychological knowledge thoughtfully in diverse and global contexts.

List of courses taught...

2017 – 2025 (Part-time)
Psychology Department, Pace University, NY
Graduate:
- Introduction to International Psychology (Master's)
- Instructional Psychology: Multimedia Applications (Master's)
- Psychology at the United Nations (Master's)

1994 – 2017 (Full-time)
Psychology Department, Pace University, NY
Undergraduate:
- General/Introductory Psychology
- Experimental Psychology (Parts 1 and 2)
- Statistics in Psychology, Education, and Allied Fields
- Cognitive Psychology
- Mentored Lab Class (1 and 2)
- University 101
- Independent Study

Graduate:
- Human Learning (Master's)
- Research Design and Statistics I (Master's)
- Research Design and Statistics II (Master's)
- Cognitive Psychology (Master's)
- Personality Theories (Master's)
- Instructional Psychology: Multimedia Applications (Master's)
- Mentored Lab Class (1 and 2) (Master's)
- Independent Study (Master's)
- Professional Seminar (Master's)
- Introduction to International Psychology (Master's)
- Psychology at the United Nations (Master's)
- MA Thesis
- Psychology of Learning: Theories and Applications (Doctoral)
- Doctoral Research Seminar (PSY834) and Doctoral Research Colloquium (PSY835) (Doctoral)

2000 – 2008 (Part-time)
School of Computer Science and Information Systems, Pace University, NY
Undergraduate: [These are online courses offered through the NACTEL's (National Coalition for Telecommunications Education and Learning) Associate of Science in Applied Information Technology and the Accelerated Online B.S. in Telecommunications degree programs.]
- Critical Thinking and Problem Solving
- Psychology of Personal Adjustment
- Psychology of Learning

1993 – 1994 (Full-time)
Psychology Department, Montana State University, Bozeman, MT
Undergraduate:
- Introductory Psychology
- Thinking Skills (Critical Thinking Skills and Cognitive Psychology)
- Learning and Motivation (with a laboratory course)
- Developmental Psychology
- Behavior Modification
- Independent Study

1989 – 1992
Psychology Department, University of Michigan, Ann Arbor
Undergraduate: (as a Graduate Research Assistant)
- Introduction to Psychology
- Learning to Learn (Cognitive and Motivational Psychology)

1986 – 1988
Psychology Department, University of the Pacific, Stockton, CA
Undergraduate: (as a Graduate Teaching/Research Assistant)
- Experimental Psychology

1984 – 1985
Department of Psychology and Behavioral Sciences, De La Salle University, Manila, Philippines
Undergraduate:
- Introductory Psychology (as a Lecturer)
- Introduction to Sociology (as a Lecturer)
- Industrial Psychology and Human Engineering (as an Undergraduate Teaching Assistant)

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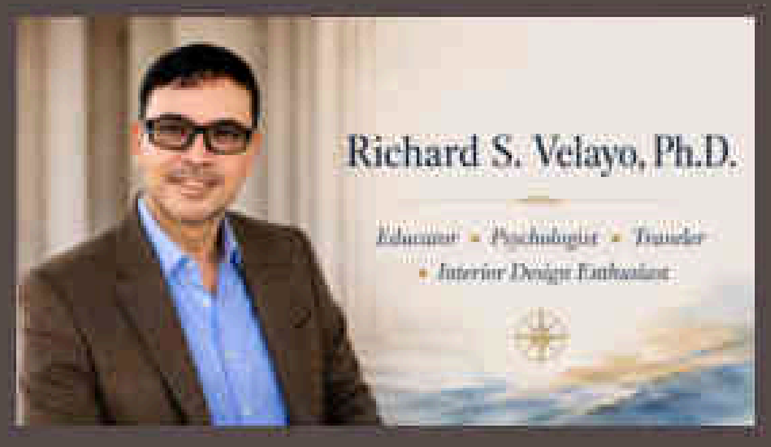

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RESEARCH

Research begins with curiosity. Asking thoughtful questions, exploring new ideas, and sharing knowledge have been among the most rewarding aspects of my academic journey.

My research interests focus on international psychology, cross-cultural understanding, and the global application of psychological knowledge to education, advocacy, and community development. My work emphasizes collaborative inquiry, culturally responsive frameworks, and the practical translation of research into meaningful local and global impact.

Published articles may be accessed at: https://www.researchgate.net/profile/Richard_Velayo

Prior to his retirement in 2017, Dr. Richard Velayo's scholarly work is on Internationalizing of the Teaching of Psychology with a focus on strategies that help infuse international content and promote a global perspective within the discipline of psychology at the higher education level. Specifically, the three related areas of research work involve the following:

- Identifying effective pedagogical strategies to internationalize psychology courses,
- Developing of an assessment tool for an internationalized psychology course, and
- Applying Internet-based technologies (IBTs) as teaching and research tools to help infuse international content.

The research projects generally involve the design and development of online surveys, identification of (and access to) resources (e.g., instructors, courses, multimedia materials), and curriculum-based applications of IBTs. Students who have been involved in his research are particularly interested in the use of social media technologies, international students, and/or those who have lived abroad or have traveled extensively in other countries are especially sought.

For more information, please contact me at rvelayo@gmail.com

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SERVICE (Selected Positions)

Working alongside colleagues around the world taught me that some of life's greatest discoveries come through collaboration, service, and learning from one another.

My service interests center on advancing international psychology through leadership, advocacy, and collaboration within professional organizations and global networks. I have been committed to promoting culturally informed practice, fostering international partnerships, and translating psychological knowledge into meaningful service at local, national, and international levels.

Select academic and professional service affiliations...

American Psychological Association (APA) (FULL MEMBER)

- Committee on Division/APA Relations (CODAPAR)
  - *Co-chair,* CODAPAR (2009)
  - *Member,* CODAPAR (2005 - 2006, 2007 - 2009)

- Society for General Psychology (Division 1)
  - *Member,* Citizen Psychologist Award Committee (2021)
  - *Chair,* Fellows Committee (2012 – 2018)
  - *Member,* Program Review Committee (2010 – 2011)
  - *Member,* Fellows Committee (2009 – 2015)
  - *Fellow* (2005 – Present)
  - *Chair,* Fellows Committee (2005 – 2007)
  - *Chair, Technology Committee* (2006 – 2009)

- Society for the Teaching of Psychology (Division 2)
  - *Chair,* International Teaching of Psychology Task Force (2006 – 2009)
  - *Fellow* (2005 – Present)

- Educational Psychology (Division 15)

- Lesbian, Gay, Bisexual, & Transgender Issues (2013 – 2017)

- Ethnic Minority Issues (2013 – 2017)

- Media Psychology (Division 46)
  - *Fellow* (2006 – Present)

- International Psychology (Division 52)
  - *Member-at-Large* (2013 – 2015)
  - *Member,* Bylaws Committee (2012 - 2017)
  - *Co-Editor,* Handbook Committee (2010 – 2017)
  - *Member,* Membership Committee (2010 – 2012)
  - *Member-at-Large* (2007 – 2009; 2013 – 2015)
  - *Member,* Mentoring Committee (2007 – 2016)
  - *Member,* Nominations and Elections Committee (2006, 2007)
  - *Member,* Awards Committee(2005 – 2008)
  - *Member,* Ursula Gielen International Psychology Book Award Committee (2007 – 2010)
  - *Co-chair,* Curriculum and Training Committee (2006 – 2017)
  - *Member,* Ageing Committee (2006 – 2013)
  - *Member,* Long Range Planning Committee(2006 – 2015)
  - *Associate Editor,* International Psychology Reporter (2005 – 2015)
  - *Chair,* Website Technology Task Force (2005 – 2012)
  - *Webmaster* (2005 – 2012)
  - *Member,* Communications Committee (2005 – 2015)
  - *Member,* Fellows Committee (2005 – 2010)
  - *Newsletter Editor,* International Psychology Reporter *(Interim)* (2005)
  - *Chair,* Nominations Committee (2005)
  - *Member,* Nominations Committee (2006)
  - *Past President* (2005)
  - *Listserv Editor and Manager* (2004 – 2012)
  - *Fellow* (2004 – present)
  - *President* (2004); *President-elect* (2003)
  - *Chair,* Membership Committee (2001-2002)
  - *Co-Chair,* Membership Committee (2000 – 2001)
  - *Chair, Program Committee* (1999 – 2000)
  - *Co-chair,* Program Committee (1998 – 1999)

- **Eastern Psychological Association (EPA)**
  - EPA Liaison to Pace University Psychology Department (New York City) (2009 – 2017)

- **International Council of Psychologists (ICP), Full Member**
  - *Member/Reviewer, Fukuhara Award for Advanced International Psychology Research and Service* (2019)
  - *Director-at-Large* (2011 – 2013, 2014 - 2017)
  - *Member,* Long Range Planning Committee (2010 – 2011)
  - *Co-chair,* Technology Interest Group (with Albert Dietrich) (2010 – 2011)
  - *Member,* Publicity Committee (2011 – 2012)
  - *Member,* Membership Committee (2011 – 2012)
  - *Chair,* Communications Committee (2006 – 2009)
  - *Member,* Continuing Education Committee (2008 – 2009)
  - *Non-Governmental Representative*(NGO) to the United Nations (UN)
    - a. *ECOSOC Representative of ICP to the United Nations* (2012 – 2017)
    - b. *DPI Representative of ICP to the United Nations* (2007 – 2011)
    - c. *Chair,* Publicity and Registration Subcommittee and Planning Committee Member, Psychology Day at the United Nations (2007 – 2017)
    - ii. *Co-chair,* Publicity and Registration Subcommittee and Planning Committee Member, Psychology Day at the United Nations (2018)
    - e. *Member,* Committee on Ageing (2003 – 2013)
      1. *Member,* Planning Committee of the International Day of Older Persons (2005 – 2013)
      2. *Treasurer* (2009 – 2013)
      3. *Member,* Social Media and Website Subcommittee (2010 – 2011)
      4. Member-at-Large (2008 - 2009)
      5. *Chair,* International Day of Older Persons (2006)
      6. *Program Publisher,* International Day of Older Persons (2006 – 2013)
      7. *Planning Committee Member, International Day of Older Persons* (2005 – 2013)
    - f. *Newsletter Producer and Editor, Committee on Human Settlements* (2005 – 2009)
    - g. *Member,* NGO/DPI Website Committee (2005)
  - *Representative/Liaison,* Division of International Psychology, American Psychological Association (2007 – 2015)
  - *Editor,* ICP Informational Brochure (2005)

- **National Institute on the Teaching of Psychology (NITOP)**
  - *Member,* External Advisory Committee (2011 – 2017)

- **New York Academy of Sciences (NYAS) - Psychology Section**
  - *Chair,* Psychology Section (2006 – 2008)
  - *Vice-Chair,* Psychology Section (2004 – 2006)
  - *Chair,* James McKeen Cattell Award, Thirty-Fourth Dissertation Competition (2004 – 2006)
  - *Advisory Board Member,* Executive Board (2003 – 2017)
  - *Full Member* (1995 – 2017)

- **New York State Psychological Association (NYSPA)**
  - *Founding Fellow,* Fellows Committee (2019 – 2017)
  - *Member,* Nominations and Elections Committee (2009)
  - *Co-chair,* Awards Committee of the Academic Division (2009)
  - *President,* Academic Division (2008)
  - *Chair,* Herb Robbins Scholarship Award, Independent Practice Division (2007 – 2008)
  - *Member,* Division of Culture, Race, and Ethnicity (2005 – 2007)
  - *President,* Academic Division (2000 – 2001)
  - *Member,* Division of Social Issues (2000 – 2007)
  - *Member,* NYSPA Membership Committee and Liaison to Academic Division (2001 – 2010)
  - *Acting Treasurer,* Academic Division (1999 – 2000)
  - *Member,* Ethics Committee (1999 – 2001, 2003 – 2006)

- **PSI CHI, The International Honors Society in Psychology**
  - *Chair,* Travel Grants Review Committee for the Eastern Regional EPA Convention Psi Chi Research Award (2010 – 2014)
  - *Member,* Eastern Regional PSI CHI Steering Committee (2009 – 2014)
  - *Member,* International Task Force/Committee (2008 – 2010)

- **Psychology Coalition of NGOs at the United Nations (PCUN)**
  - *Member* (2011 – 2017)

- **Psychology Day at the United Nations Planning Group**
  - *Chair,* Publicity, Public Relations, and Communications Committee (2011 – 2017)
  - *Co-chair,* Publicity and Registration Committee (2018)
  - *Member,* Planning Committee (2007 – 2018)
  - *Produces,* U.N. Psychology Day Program (2007 – 2018)

- **United Nations Non-Government Organization**
  - *Member,* Economic and Social Council (ECOSOC) (2010 – 2018) – A U.N. organ facilitating international cooperation on standards-making and problem-solving in economic and social issues
  - *Member,* Department of Public Information (DPI) (2005 – 2009) – A U.N. organ facilitating effective information programmes in place and the ability and means to disseminate information about the work of the United Nations.

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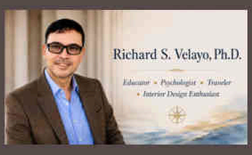

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TOPIC: What is International Psychology?

1. What is International Psychology?
2. Video on ***"International Psychology: What's Students Want to Know?"***
3. How can this course be beneficial to your psychology education?

Professor's Brief Self-Introduction: https://www.dropbox.com/scl/fi/6ebibtyb1qynuubw5mean/RV-603self-intro.mp4?rlkey=52bw07kpbpudajxhr1yg1rt9&st=o6nnpon6&dl=0

Assigned Reading/s: Syllabus

Supplementary Materials:

ARTICLE: Internationalizing Your Psychology Course
Velayo, R. (2011). Internationalizing Your Psychology Course. Essays from *E-xcellence in Teaching, 10,* 25-31.
To download full-text, go to the link below and see pp 25-
31 https://www.researchgate.net/publication/324113288_Internationalizing_Your_Psychology_Course

AUDIO: International Psychology Career Options *(Oct 2014, 27 min 34 sec)*
https://www.youtube.com/watch?v=bnm2aJMnKGU

VIDEO: International Psychology: What Students Need to Know *(May 2016, 35 min 57 sec)*
https://www.youtube.com/watch?v=oENWIDiFIic&t=20s

VIDEO: Maryam N. Tafreshi, Ph.D.: What is international psychology?
https://www.youtube.com/watch?v=LuOhSS3OnWA
Dr. Tafreshi was born in Iran before emigrating to the United States. Although she grew up during the Iran and Iraq war, she experienced a closeness with her family in Iran. In addition to Iran and the U.S., she has lived in Chile, Brazil, Singapore, China, and Dubai. This experience has contributed to her completing her Ph.D. in International Psychology from The Chicago School as well as her work as a faculty member in mind-body medicine at Saybrook. Dr. Tafreshi discusses multicultural understanding, development of initiatives related to improved health and wellbeing to those around the globe.

WEBSITE: International Psychology (Wikipedia)
https://en.wikipedia.org/wiki/International_psychology

* * * * *

Annual Psychology Day at the United Nations

Psychology Day at the United Nations is a celebration of psychology in the context of the UN. It provides an opportunity for psychology to share with U.N. Permanent Missions, U.N. Agencies, NGOs and the private sector the activities of psychologists at the U.N. and the role of psychology in addressing concerns of global importance.

19th Annual Psychology Day at the U.N. (April 23, 2026)
Theme: *Psychological Contributions to Fostering Collective Action in Uncertain Times*
Webcast Link: https://youtu.be/MTo4Rps_GdM?si=jtuNBHS1Rd2D1Z

18th Annual Psychology Day at the U.N. (April 24, 2025)
Theme: *From Crisis to Growth: Psychological Contributions to Building Global Resilience*
Webcast Link: https://youtu.be/mXgtoG9fRoY?si=vJdXBnxtH7rQ1Ws

17th Annual Psychology Day at the U.N. (April 25, 2024)
Theme: *Reducing Global Inequalities Through Education: Psychological Contributions*
Website Link: https://psychologycoalitionun.org/psychology-day-un/

16th Annual Psychology Day at the U.N. (April 27, 2023)
Theme: *Psychological Contributions to Global Peace, Conflict Resolution and Equity*
Webcast Link: https://youtu.be/A4mA9nYNa5U

15th Annual Psychology Day at the U.N. (April 21, 2022)
Theme: *Building Hope: Contributions to a Roadmap for Climate Change*
Webcast Link: https://www.youtube.com/watch?v=NQwXPQ8rnz4U

14th Annual Psychology Day at the U.N. (April 15, 2021)
Theme: *Psychological Contributions to Building Back Better In A Post-Pandemic World*
Webcast Link: https://youtu.be/s9xR-99IyEa

13th Annual Psychology Day at the U.N. (May 27, 2020)
Theme: *UN75: The Multilateralism We Want: Psychological Contributions to Building Bridges Among and Within Nations*
Webcast Link: https://register.gotowebinar.com/recording/viewRecording/8161065434192897099/5678870212515006466/takoosh@aol.com?registrantKey=3357184339558304524&type=ATTENDEEEMAILRECORDINGLINK

12th Annual Psychology Day at the U.N. (April 25, 2019)
Theme: *The Time is Now: Psychological Contributions to Global Gender Equality*
Webcast Link: https://media.un.org/en/asset/k1m/k1mc9j0a6

11th Annual Psychology Day at the U.N. (April 12, 2018)
Theme: *Climate Change: Psychological Interventions, Promoting Mitigation and Adaptation*
Webcast Link: https://media.un.org/en/asset/k1a/k1a67mfo3o

2007-2025 EVENT PROGRAMS (Psychology Day at the U.N.)
- 2007 UN Psychology Day Program.pdf
- 2008 UN Psychology Day Program.pdf
- 2009-2010 UN Psychology Day Program.pdf
- 2011 UN Psychology Day Program.pdf
- 2012 UN Psychology Day Program.pdf
- 2013 UN Psychology Day Program.pdf
- 2014 UN Psychology Day Program.pdf
- 2015 UN Psychology Day Program.pdf
- 2016 UN Psychology Day Program.pdf
- 2017 UN Psychology Day Program.pdf
- 2018 UN Psychology Day Program.pdf
- 2019 UN Psychology Day Program.pdf
- 2020 UN Psychology Day Program.pdf
- 2021 UN Psychology Day Program.pdf
- 2022 UN Psychology Day Brochure.pdf
- 2023 UN Psychology Day Program (website link)
- 2024 UN Psychology Day Program.pdf
- 2025 UN Psychology Day Program.pdf
- 2026 UN Psychology Day Program.pdf

Suggested Discussion Questions:

1. Watch the video - "What is International Psychology" and How Can Students Get Involved".
Link to video - https://www.youtube.com/watch?v=oENWIDiFIic
What did you find most interesting in this video? Explain why.

2. In what way do you think this course may be valuable to you given your educational and professional goals?

3. Do you think that the courses you have taken in psychology have sufficient "international" content (e.g., cross-cultural comparisons between cultures/countries, non-Western psychology, psychologists abroad)? Briefly explain.

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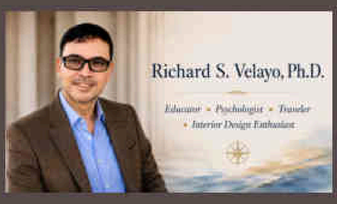

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TOPIC: INTRODUCTION to Global Psychology: Why Psychologists Should Meet a World of Need

Professor's Brief Introductory Video: https://www.dropbox.com/scl/fi/zka0bxgvsp19d36zrl34a/GG-IntroductorySection-720p.mp4?rlkey=anzlt1mzz6lq6b1gb8a1iy666&st=165llext&dl=0

Assigned Reading/s: TEXTBOOK, pp. 3 - 13 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: Why a Unified Theory of Psychology Is Impossible
https://www.psychologytoday.com/blog/theory-knowledge/201202/why-unified-theory-psychology-is-impossible
by Gregg Henriques, PhD (2012)

ARTICLE: Marsella (2015)
https://openjournals.bsu.edu/isacp/article/view/359
Trends, Changes, Challenges in North American (Eurocentric) Psychology: Rethinking Assumptions, Practices, and Organization in Socio-Political Contexts

Other Articles of Interest

Arnett, J. J. (2008). The neglected 95%: Why American psychology needs to become less American. *American Psychologist, 63*, 602-614.

Gergen, K. J. (2001). Psychological science in a postmodern context. *American Psychologist, 56*, 803-813.

GEOGRAPHY QUIZ: Countries of the World
https://izardpoint.com/geography/world-countries-magnifier-quiz.php?qid=1806

VIDEO: The need for an international psychology model | Dr. Paul T. P. Wong
https://www.youtube.com/watch?v=3K0oyWQGRnM
Dr. Paul T. P. Wong Ph.D., C. Psych talks about the important topic of indigenous psychology and international or universal psychology.

VIDEO: The Handbook of International Psychology
https://www.youtube.com/watch?v=mePoysMcGU
Edited By Merry Bullock, Michael Stevens, Danny Wedding, Amanda Clinton This second edition of The Handbook of International Psychology chronicles the discipline of psychology as it evolves in different regions, from the perspective of those living and working in the countries they write about. This comprehensive handbook is essential for students and teachers of psychology, as well as professionals wanting to develop their understanding of psychology around the world. "This is a substantially updated, expanded, and enhanced edition of the dated Handbook of International Psychology. It now reflects the global spectrum of modern psychology. The four distinguished editors have direct deep knowledge of the substantial variations in how psychology developed, is conceived, situated, and practiced around the world and have structured the contributions of international authors to capture these features as well as their commonalities. Readers will benefit from learning how varied are the organizations and practices of psychology. This important seminal work belongs on every psychologist's desk."

Suggested Discussion Questions:

1. The textbook editors wrote the introductory section of the textbook (pp. 3 – 13). Which of the following parts of this section (pick only 1) did find most interesting or intriguing? Explain why. [NOTE: Indicate which one (a), (b), or (c) you picked to respond to.]
(a) Going Global in the Past, Present, and Future
(b) Going Global as Psychology and Psychologists: Realizing Our Promise and Potential
(c) Concluding by Beginning: How Will you Meet a World of Need?

2. Test your knowledge of where countries are located on a world map.
Link - https://izardpoint.com/geography/world-countries-magnifier-quiz.php?qid=1806
There are three modes in which you may take this test – *practice, test, and strict test*. It's up to you which mode to take. After you take this test, assess your performance. How well did you do? Do you think others in class may have done better (or worse) than you? Mention some of the interesting things you learned after having done this activity.

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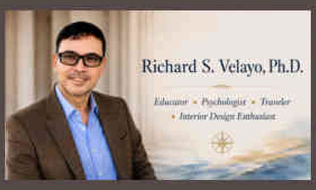

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TOPIC: ADVOCACY: Global Opportunities and Responsibilities for Psychologists

Professor's Brief Video Introduction: https://www.mypbox.com/vsd/fi/e1dsxc09fjwrfvpyy0bfv/GGCCh1-Advocacy-720p.mp4?rlkey=i82ohsi92jhzteon221o15mve&st=ek4wcvsb&dl=0

Assigned Reading/s: CHAPTER 1, pp. 15 - 36 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: Eye of Psi Chi: International Social Justice: How Do I Make a Difference in My Country?
https://www.psichi.org/page/24EyeSummer20Parajkar

DOCUMENT: ICP Position on Responding to World Events (PDF)
https://icpweb.org/wp-content/uploads/2024/03/ICP-position-on-statements-2024-final.pdf
The ICP board has been approached to make statements about current world events. Many of our members, in reading about world events, want to take action as a measure of their concern and care about dignity, justice, and human rights the world around. In response to these requests, ICP formed a task group to consider the ICP mission, vision and values as expressed in the ICP bylaws, and to make recommendations for ICP actions going forward.

WEBPAGE: International Council of Psychologists (ICP) and Advocacy
https://icpweb.org/advocacy/
In 2024 ICP reviewed its role in promoting human rights, dignity and justice, and developed a statement of how it would address current world events.

WEBSITE: APA Office of International Affairs
https://www.apa.org/international
APA strives to be a global partner and leader in the promotion of psychological practice, science and education to address personal, societal and global challenges. The mission of the Office of International Affairs (OIA) is to advance psychology globally through international engagement, association efforts, meaningful collaborations and enhance APA's role as a partner and leader in global health.

WEBSITE: International Association of Applied Psychology (IAAP)
https://iaapsy.org/iaap-and-the-united-nations/reports-meetings-events/mental-health-well-being-advocacy-and-programs-implementing-the-global-agenda/
Mental Health & Well-Being Advocacy and Programs Implementing the Global Agenda, and A Spotlight on Mental Illness and Minority Identities

WEBSITE: Global Network of Psychologists for Human Rights
https://humanrightspsychology.org/home/about/
The Network of Psychologists For Human Rights is open to all psychologists around the world who are interested in Human Rights. This includes the application of psychological science to human rights issues; human rights abuses; advocacy for respect for human rights; and human rights of psychologists.

WEBSITE: Psychology Coalition of NGOs at the United Nations Having Consultative Status with ECOSOC
https://psychologycoalitionun.org/
Psychology Day at the United Nations is a celebration of psychology in the context of the UN. It provides an opportunity for psychology to share with U.N. Permanent Missions, U.N. Agencies, NGOs and the private sector the activities of psychologists at the U.N. and the role of psychology in addressing concerns of global importance.

VIDEO: Psychology's contribution to global human rights: A focus on social inequity." What aspect of this video did you find interesting or intriguing?
Link to video *(Runtime: 8 min, 20 sec)* - https://www.youtube.com/watch?v=DJ4eenHrwJ&t=98s
[Presenter: Darren Bernal, PhD, from the American Psychological Association, explains how psychology can address poverty and socioeconomic inequity. June 24, 2021, APA]

Suggested Discussion Questions:

1. In the chapter's section on "Become Cognizant of Your Own Interests (pages 24-25), the authors list eight (8) broad categories of issues that psychologists can advocate for. These are: (1) Human rights, (2) Criminal justice, (3) Health and well-being, (4) Education, (5) Sustainability, (6) Conflict resolution, (7) Economic Justice, and (8) Religious and cultural understanding.

Pick only one (1) of these issues. Provide a SPECIFIC example of how you may advocate for that issue. Explain your answer.

2. Watch this brief video titled "Psychology's contribution to global human rights: A focus on social inequity." What aspect of this video did you find interesting or intriguing?
Link to video *(Runtime: 8 min, 20 sec)* - https://www.youtube.com/watch?v=DJ4eenHrwJ&t=98s
[Presenter: Darren Bernal, PhD, from the American Psychological Association, explains how psychology can address poverty and socioeconomic inequity. June 24, 2021, APA]

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TOPIC: ASSESSMENT: The Power and Potential of Psychological Testing, Educational Measurement, and Program Evaluation Around the World

Professor's Brief Video Introduction: https://www.dropbox.com/scl/fi/u2r7fcy2uptc9144a5t79/GG-Ch2-Assessment-720p.mp4?rlkey=19ot84ng80valvsxqtlhg8grn&st=hjnis31l&dl=0

Assigned Reading/s: CHAPTER 2, pp. 37 - 58 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: Global and regional perspectives on testing children: An Empirical Study
https://onlinelibrary.wiley.com/doi/10.1080/09207519908246857
The results of an international survey of test use in 44 countries are reported. Data are presented and discussed for six groupings: highly industrialised, less industrialised Western, developing Third World, socialist, Middle East, and least developed nations. A total of 740 tests were identified. A number of similarities exist among the six groupings in their test use. Intelligence tests are most commonly used followed by personality and achievement tests. Important differences also exist. For example, the developing Third World and Middle East nations use more group than individually administered tests and fewer achievement tests. Many tests lack reliability and validity studies and norms. Additional tests are needed to assess achievement, intelligence, social development, personality, and vocational interests and aptitudes. Tests are especially needed for children and youth who are learning disabled, mentally retarded, and slow learners. Problems created by these conditions and implications of the frequent use of foreign developed tests are discussed.

ARTICLE: Beyond Western, Educated, Industrial, Rich, and Democratic (WEIRD) Psychology: Measuring and Mapping Scales of Cultural and Psychological Distance
https://journals.sagepub.com/doi/full/10.1177/0956797620916782
In this article, we present a tool and a method for measuring the psychological and cultural distance between societies and creating a distance scale with any population as the point of comparison. Because psychological data are dominated by samples drawn from Western, educated, industrialized, rich, and democratic (WEIRD) nations, and overwhelmingly, the United States, we focused on distance from the United States. We also present distance from China, the country with the largest population and second largest economy, which is a common cultural comparison. We applied the fixation index (F_{ST}), a meaningful statistic in evolutionary theory, to the World Values Survey of cultural beliefs and behaviors. As the extreme WEIRDness of the literature begins to dissolve, our tool will become more useful for designing, planning, and justifying a wide range of comparative psychological projects. Our code and accompanying online application allow for comparisons between any two countries. Analyses of regional diversity reveal the relative homogeneity of the United States. Cultural distance predicts various psychological outcomes.

ARTICLE: Top ten standardized tests used internationally with children and youth by school psychologists in 64 countries: A 24-year follow-up study
https://journals.sagepub.com/doi/10.1177/0734282915595303
This article provides a 24-year update on the 10 standardized tests used most frequently with children and youth by school psychologists. Data were acquired from 64 countries through an international survey, with one respondent from each country. The informants were solicited due to their expertise in the area of assessment. The data from the current 2013 survey are described and discussed as well as contrasted with the 1989 survey data. The 2013 survey data led to the following rank order of tests based on data from the 64 countries: the Wechsler Intelligence Scales for Children, Ravens Progressive Matrices, Wechsler Preschool and Primary Scales of Intelligence, Child Behavior Checklist, Bender–Gestalt Test, Child and Adult Apperception Tests, Kaufman Assessment Battery for Children, Draw-a-Person Test, Stanford–Binet Intelligence Scales, and the Wechsler Adult Intelligence Scales. Survey data from advanced, developing, and emerging countries also are compared and discussed. Results are discussed in the broader context of international test development and use.

BOOK: The ITC International Handbook of testing and assessment
https://academic.oup.com/book/1027
Embedded within the globalization movement, the internationalization of testing and assessment has encouraged scholars, professionals, and practitioners to work together to enhance our research and practice in the cross-cultural context. The International Test Commission (ITC) was formed to serve this need. The ITC seeks to facilitate the exchange of information among members and stimulate cooperation on problems related to the construction, distribution, and use of psychological tests and other psycho-diagnostic tools. The ITC has also sought to advance knowledge and best practices related to international testing by the publication of guidelines and of a journal, the *International Journal of Testing*. Consistent with these aims, the executive council of the ITC decided to launch a Handbook to present a state-of-the-art review on international testing. *The ITC International Handbook of Testing and Assessment* has been published to address the many challenges facing the cross-cultural applications of psychological and educational testing in this era of globalization. It also represents and showcases the concerted efforts of the ITC in tackling the wide range of problems and complexities in international psychological testing. Finally, the *Handbook* has been designed to provide information and resources to help guide professionals and graduate students regarding testing and assessment from an international and global perspective.

BOOK: Clinical Assessment in International Settings
https://academic.oup.com/book/1027/chapter-abstract/137929813?redirectedFrom=fulltext
The adaptation of psychological tests that were developed in one language and country into a different language and culture is expanding in contemporary international psychological assessment. This chapter addresses the need for psychological tests to be carefully developed in order to be effectively employed in cultures and languages different from their country of origin. Before a psychological test, based upon item content from the initial culture, can be adapted in other cultures, it is important to assure that linguistic equivalence has been attained through effective translation and adaptation procedures. Several psychometric procedures that are crucial to developing effective test adaptation are provided in this chapter, such as the strategy of using multiple translations to ensure general accuracy, doing a careful back-translation study, conducting a bilingual test-retest evaluation of translated items and scales to further ensure translation accuracy, developing appropriate in-country norms, and conducting external validation of tests.

BOOK: Assessment: The power and potential of psychological testing, educational measurement, and program evaluation around the world.
https://psycnet.apa.org/record/2023-04288-003
Assessment is a broad, globally relevant, and much-needed area of inquiry and practice—with tremendous power and potential. Psychologists are leaders and experts in assessment, with specialized knowledge in research design; statistics; and, of course, psychological testing, measurement, and evaluation. This chapter discusses assessment broadly, focusing on its centrality to psychology and research. It also discusses contemporary national assessment practices considering the "big four" specialties: clinical, counseling, school, and industrial/organizational psychology. The chapter presents basic competencies, including what applied psychologists do in the United States. It discusses three important international assessment topics: psychological testing, educational measurement, and program evaluation. The chapter explains cross-cultural issues in assessment, including test translation and adaptation. It highlights challenges, opportunities, and cutting-edge exemplars, including therapeutic assessment, formative educational testing and item development, and transformative program evaluation. The chapter offers practical suggestions for developing global assessment competencies and participating in the international assessment community. (PsycInfo Database Record (c) 2024 APA, all rights reserved)

BOOK CHAPTER: Positive Psychological Assessment in an Increasingly Diverse World.
https://psycnet.apa.org/record/2003-02181-003
The purpose of this chapter is to discuss our capacity to assess positive characteristics of individuals from all populations and to examine the interpretation and generalizability of these findings from one culture to another. Specifically, we will review the history of cross-cultural psychological assessment, issues related to cross-cultural measurement, and the applications of positive psychological constructs across cultures. Finally, we will describe a model for positive psychological assessment with cross-cultural populations and provide recommendations for future developments in the assessment of positive psychological constructs. (PsycInfo Database Record (c) 2024 APA, all rights reserved)

DOCUMENT: Going International: A Practical Guide for Psychologists Book 2: Engaging in International Collaborative Research
https://www.apa.org/international/resources/publications/research.pdf
The goal of this booklet is to provide an introductory guide for U.S. based psychologists, graduate students and early career psychologists interested in pursuing international research opportunities. It is written to help span the gap between knowledge of sound research practices, knowledge of local ethical and regulatory processes, and the application of that knowledge in international collaborative research.

WEBPAGE: The Standards for Educational and Psychological Testing
https://www.testingstandards.net/open-access-files.html

The Testing Standards is a joint product of the American Educational Research Association (*AERA*), the American Psychological Association (*APA*) and the National Council on Measurement in Education (*NCME*). Published collaboratively by the three organizations since 1966, it represents the gold standard in guidance on testing in the United States and many other parts of the world.

Suggested Discussion Questions:

1. Pages 50 – 54 is about "Developing Global Assessment Competencies". The authors pointed out nine (9) of the most important skills in developing such competencies (See Exhibit 2.1 on page 51). Which one (1) do you find most interesting or relevant? Explain why AND give your own unique example (hypothetical or not).

2. Watch this brief video titled "The Myth of Culture Fair Tests". What do you find interesting or intriguing in relation to the use of standardized psychological testing/assessments? Explain why.
Link to video (Runtime: 7 min, 11 sec): https://www.youtube.com/watch?v=RbxJhY3JTZg

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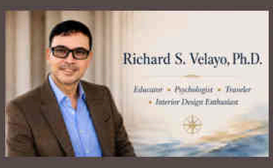

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TOPIC: CONSULTATION: Who Needs Psychological Expertise Around the World and Why?

Professor's Brief Video Introduction: https://www.dropbox.com/scl/fi/ssbnvvfbqtubc7kuxg9u7/GG-Ch3-Consultation-720p.mp4?rlkey=ya5ubnoc5ouf20ybz7hcz1tvk&st=qc9ufkxd&dl=0

Assigned Reading/s: CHAPTER 3, pp. 59 - 74 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: Introduction to the Special Issue on International Organizational Consulting: Consulting Psychology Goes Global
https://www.apa.org/pubs/journals/features/cpb-a0031584.pdf
This Special Issue of the Consulting Psychology Journal: Practice and Research on "International Organizational Consulting: Consulting Psychology Goes Global" provides highlights of experienced practitioner consulting psychologists' work in a variety of multinational contexts. A brief description of the context for the Special Issue is provided, followed by an outline of the articles the special issue contains. Questions addressed by the articles include the following: how do the assumptions of organizational consulting psychology as taught and practiced in the United States need to be changed when applied to individual, group, and organizational consultation in other countries? Are there issues specific to international organizational consulting psychology different from those addressed by existing cross-cultural psychology findings? How do practicing consulting psychologists learn how to negotiate international consulting projects from start to finish? What kind of overarching templates are useful when entering a new country of international practice?

ARTICLE: Frontier No More: International Consulting Skills as Necessary Minimal Competencies for Consulting Psychologists
https://www.researchgate.net/publication/263937931_Frontier_no_more_international_consulting_skills_as_necessary_minimal_competencies_for_consulting_psychologists
This article identifies and comments on several themes that derive from the Special Issue on International Organizational Consulting: Consulting Psychology Goes Global. Six issues are identified that are intended to help integrate the Special Issue articles and to extend the four factors each article addressed: (1) how can we generalize from cases to actionable propositions?; (2) does corporate culture trump national culture?; (3) is country an individual difference variable?; (4) are there international metacompetencies that consulting psychologists must know?; (5) who or what is the ethical arbiter in international contexts?; and (6) how can international organizational consulting psychology skills become routinized?

WEBSITE: Society of Consulting Psychology (APA Division 13)
https://www.societyofconsultingpsychology.org/

ARTICLE: Global Consulting in a Culturally Diverse World: Ethical and Legal Implications
https://psycnet.apa.org/doiLanding?doi=10.1037%2Fa0031675
This article presents an overview of the ethical and ethically related legal dilemmas faced by organizational consultants in global environments. It describes the critical factors that make the practice of global consulting complex, ambiguous, and challenging. It offers recommendations as to organizational strategies, guiding principles, and competencies that can help global consultants better navigate the ethical maze their clients face, or that they themselves face as they work with diverse cultures and organizations. We analyze the root cause of failures by global organizational management consultants and consider the difficulty of determining the right approach for all stakeholders within the broader global system.

BOOK CHAPTER: Consulting Psychology in the Business World
https://academic.oup.com/book/1321/chapter-abstract/140303209?redirectedFrom=fulltext
Consulting psychologists working in the private sector of the business world have many roles. This chapter discusses several types of business consulting engagements. The differences between psychotherapy practice and business consulting are explained. Case illustrations are supplied based on the authors' more than 30 years of experience. Information is given about the type of additional training required to become a consultant. Topics covered are executive coaching, leadership development, family business consulting, executive selection, team building, leadership succession, organizational analysis and design, mergers and acquisitions, and strategic planning.

BOOK: Internationalizing the Curriculum in Organizational Psychology

https://www.researchgate.net/publication/296341960_Internationalizing_the_Curriculum_in_Organizational_Psychology
Since the days of silk roads and spice routes, international commerce has been essential to business. Today, from air travel to the Internet, advances in technology have served to make the business world smaller. Yet, despite the real world's march towards globalization, organizational psychology as an academic discipline has yet to incorporate these developments into its degree programs. Internationalizing the Curriculum in Organizational Psychology counters this resistance with a flexible floor plan to bring practical cross-cultural content into education and training. An expert international panel offers guidance on key aspects of curriculum design, including subject matter, learning objectives, competencies, and experiential learning, with here-and-now global insights and business as well as pedagogical savvy. The approach is far from monolithic, as these diverse contributors challenge readers to embrace complexity, surprise, and the inevitable humorous moments that come with cultural exchanges. Among the areas featured: Meaningfully applying cultural knowledge. The dominance of Western perspectives and assumptions. Core competencies for the cross-cultural curriculum. Tools for implementing internationalism in course content. Educational models from abroad. Internationalizing faculty development. For faculty and administrators in industrial/organizational psychology, organizational behavior, work psychology, and applied psychology programs who wish to incorporate an international component to their curriculum or courses, Internationalizing the Curriculum in Organizational Psychology occupies the ground floor of the next major paradigm shift.

DOCUMENT: Guidelines for Education and Training at the Doctoral Level in Consulting Psychology (CP)/Organizational Consulting Psychology (OCP)
https://www.apa.org/about/policy/education-training.pdf

VIDEO: Industrial/Organizational Psychology and Globalization
https://study.com/academy/lesson/video/industrial-organizational-psychology-globalization.html
Globalization is an increasingly important concept to businesses today. In order to compete, a business must consider its world-wide markets and be aware of cultural differences. Inclusiveness in the workplace helps a business reach beyond its borders and become more successful. Businesses with international presences often use virtual teams who may rarely meet in person but work together using modern technology. Industrial/organizational psychologists (I/OPs) are vital players on this global field.

Suggested Discussion Questions:

Read the section on "Competencies of International Consulting (pp. 60 – 65) which describes four (4) core competencies that are integral to effective consulting. These are (i) Awareness of Self, Others, and the Larger World, (ii) Cultural Agility, (iii), Affective Capacity, and (iv) Personality Variables. Then, on pages 65 – 68, you will see case studies that illustrate how these competencies were demonstrated. Choose only one (1) of the case studies that you find interesting. Which of the core competencies do you think was demonstrated by the consultant? Explain your answer.
(IMPORTANT: DO NOT choose Case Study 1. Your instructor will be the only one to provide a response to this case.)
Case Study 2: *Learning by Teaching*
Case Study 3: *Bridging Boundaries*
Case Study 4: *Handling Trauma*
Case Study 5: *"Well, That Didn't Work"*

2. Watch this video podcast titled "Practicing Consulting Psychology Internationally" in which Dr. I-Ching Grace Hung shares with Dr. Len Wysock about her experience as a consulting psychologist practicing internationally. What aspect/s of the video do you find interesting? Explain why.
[Link to video *(Runtime: 17 min, 7 sec)*: https://www.youtube.com/watch?v=_xUdU-I9_Ck1]

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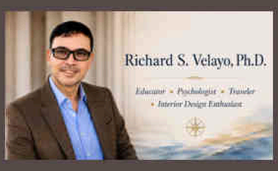

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TOPIC: INTERVENTION: Enhancing Mental Health and Well-Being Around the World

Professor's Brief Video Introduction: https://www.dropbox.com/scl/fi/fke1zvbl6wfrdzmc21d7n/GGc-Ch4-Intervention-720p.mp4?rlkey=3rtnvjd03dc387w7xuqj26we0c&st=s0vjqok9&dl=0

Assigned Reading/s: CHAPTER 4, pp. 75 - 97 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: Ethical Principles of Psychologists and Code of Conduct
http://www.apa.org/ethics/code/index.aspx
The American Psychological Association's Ethical Principles of Psychologists and Code of Conduct provides guidance for psychologists in professional, scientific and educational roles. The Ethics Code also outlines standards of professional conduct for APA members and student affiliates.

ARTICLE: International practitioners
http://www.apa.org/gradpsych/2009/03/cover-abroad.aspx
What does it take to practice psychology abroad? Cultural competence is always in demand; educational requirements vary widely.

ARTICLE: Employing Psychotherapy Across Cultures and Contexts
https://pmc.ncbi.nlm.nih.gov/articles/PMC3668079/
Psychotherapy and psychological interventions are practiced across diverse cultural and health settings, for a variety of emotional distress and among very heterogeneous groups of people. Different schools of psychotherapy exist and are employed across regions, contexts, and cultures. However, they have been criticized for the failure to appreciate the ethnocentricity of their approaches.[1] The apparent contradictions between the theory and methods of individual schools of psychotherapy and their use in diverse social and ethnic environments are often emphasized. Nevertheless, a diligent examination of the issues suggests that many so-called "unresolvable" tensions between the standard psychotherapies and their use in diverse contexts are explained by the form-content dichotomy related to psychological therapy.[2] This editorial highlights some issues related to the use of psychotherapy across cultures.

ARTICLE: International Themes in Psychotherapy Integration
https://psycnet.apa.org/record/2019-28355-021
Integrative psychotherapies have grown significantly worldwide since the 1980s and currently hold a central place on most continents. This chapter presents a landscape of practice, training, and research in psychotherapy integration in select countries in Asia, Latin America, and Europe. Psychotherapy is defined by common features throughout the world and, at the same time, is practiced differently according to geographical regions and cultural contexts. The chapter provides brief descriptions of integrative psychotherapy movements and contributions in different world regions in order to furnish a view of integration at an international level. It provides overviews of integration in their respective countries in terms of specific models, training programs, and research programs, concluding with the current state of psychotherapy integration. Following summaries of integration in Asia-Pacific, Latin America, and Europe and select countries therein, the chapter highlights recurrent themes across countries. The landscape includes considerations about incentives and challenges to the growth of psychotherapy integration in every region as well as obstacles to address. In the future, psychotherapy around the world will undoubtedly become more fully integrative, not only in terms of blending theoretical perspectives, but also in mutually beneficial collaborative efforts between practitioners and researchers.

WEBPAGE: World Health Organization: Department of Mental Health, Brain Health and Substance Abuse
https://www.who.int/teams/mental-health-and-substance-use/treatment-care/innovations-in-psychological-interventions
This page provides a link to key WHO resources related to the delivery of psychological interventions.

WEBPAGE: IUPsyS - Universal Declaration of Ethical Principles for Psychologists
http://www.iupsys.net/about/governance/universal-declaration-of-ethical-principles-for-psychologists.html

WEBSITE: EAP: Situation of Psychotherapy in various countries on Quality Standards
https://www.europsyche.org/situation-of-psychotherapy-in-various-countries/
https://www.europsyche.org/quality-standards/eap-standards/

VIDEO: Dr. Janel Gauthier on the "Universal Declaration of Ethical Principles for Psychologists"
https://youtu.be/LoBO9piMvaM
Published on Mar 31, 2012
Dr. Gauthier about the Universal Declaration of Ethical Principles for Psychologists
Critical Thinking Question: *What are your thoughts about "Individual Human Rights" vs. "Cultural Rights" between Nations?*

VIDEO: Multicultural Competence in Counseling and Psychotherapy
https://www.youtube.com/watch?v=4aCvBlb6JP0
Published on Apr 11, 2014
In this provocative interview with multicultural expert Derald Wing Sue, learn about the history of multicultural counseling, the unmet needs of diverse clients, and ways to counter the culture-bound values that may be impacting your work. This video may also be viewed at: http://www.psychotherapy.net/video/multicultural-competence-psychotherapy-sue

Suggested Discussion Questions:

1. This chapter covers several areas in which psychological interventions can help enhance mental health and well-being around the world. In the Applications section (pp. 84 – 93), there are eight (8) examples/exhibits of intervention settings that present opportunities for psychologists to intervene. Choose only one (1) example/exhibit from the list below (except Exhibit 4.1). In your own words, briefly summarize the problem situation AND the intervention used. What other interventions would you suggest?

EXHIBIT 4.2: Benefiting families in Mexico City: Adaptation of a Parenting Intervention in School Setting
EXHIBIT 4.3: Empowerment in the Aftermath of an Earthquake: A Lay-Led Psychosocial Initiative in Haiti
EXHIBIT 4.4: Collaborative Healing in Post-conflict Angola
EXHIBIT 4.5: Addressing the Global Crisis of Depression: Interpersonal Therapy
EXHIBIT 4.6: ACT for All: A Conceptual Approach to Acceptance and Commitment Therapy
EXHIBIT 4.7: Investment in Early Child Development
EXHIBIT 4.8: Dealing with Disasters: International Interventions and Development of the Disaster Mental Health Institute

2. Watch this brief 2012 video which featured Dr. Janel Gauthier (Canada) who spearheaded this effort for the Universal Declaration of Ethical Principles for Psychologists.
Link to video (Runtime: 8 min. 25 sec): https://youtu.be/LoBO9piMvaM
Professional psychology (particularly in the areas of clinical, counseling, school, and perhaps industrial/organizational psychology) is growing rapidly, though unevenly, in various regions of the world. As a result, one of the major concerns of various international psychology organizations is the development of ethical guidelines across nations. The International Union of Psychological Sciences (IUPsyS) in 1976, urged its member nations to develop codes of ethics that prohibited psychologists from abusing human rights. In 2008, it was completed and adopted.
Link to document: https://www.iupsys.net/about/declarations/universal-declaration-of-ethical-principles-for-psychologists/

Do you think this document sufficiently addresses the issue of a shared ethics and moral values across cultures/nations? Explain your answer.

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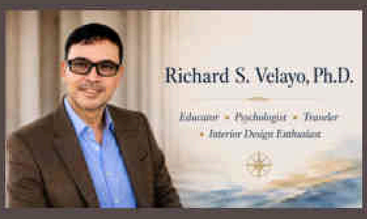

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TOPIC: LEADERSHIP: How Psychology and Psychologists Develop Global Leaders and Leadership

Professor's Brief Video Introduction: https://www.dropbox.com/scl/fi/f0gc7x6jqjyhfwq3ik/GG-Ch5-Leadership_720p.mp4?rlkey=hkdc8psthumpolgymkd7sf6f7&st=kw5d2ens&dl=0

Assigned Reading/s: CHAPTER 5, pp. 99 - 120 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: Steering Global Leadership
https://www.apa.org/monitor/2024/07/international-leadership-psychologists
Expertise in human behavior and well-being shapes governance and policy-making on a global scale

WEBPAGE: Global Psychology Alliance
https://www.apa.org/international/networks/global-psychology-alliance
The Global Psychology Alliance actively addresses global issues using psychological science to elevate the field and enhance human well-being around the world.

WEBPAGE: Psychology Societies Outside the U.S.
https://www.socialpsychology.org/inter.htm
This page contains an international listing of general psychology societies that have web sites. For information on other organizations

WEBPAGE: Global Psychology Learning Leadership Institute
https://www.apa.org/international/networks/global-psychology-alliance/learning-leadership-institute#:~:text=The%20Global%20Psychology%20Learning%20Leadership,established%20leaders%20in%20the%20field.
The Global Psychology Learning Leadership Institute (LLI) began in 2021 as a Presidential Initiative of APA 2020 President, Sandra Shullman, PhD, with the support of the Global Psychology Alliance (GPA). The LLI brings together established and emerging leaders in the field from across the world with the aim of creating a leadership pipeline and ensuring the voices of future leaders of psychology are represented in global efforts. Through cross-cultural mentorship, engagement with expert speakers and invited guests, the development of leadership projects, and contributions to the 2022 International Summit on Psychology and Global Health: Leadership for Emerging Challenges, young leaders from GPA associations continue to impact their countries, expand the global psychology community, and shape the direction of our science and profession alongside established leaders in the field.

WEBSITE: International Union of Psychological Science (IUPsyS)
https://www.iupsys.net/
The International Union of Psychological Science (IUPsyS) was established in 1889 during the First International Congress of Psychology in Paris. With 82 country members and 20 affiliated organizations the IUPsyS represents over a million psychologists worldwide. As such it acts for psychology in its full breadth as a science and as a profession.

Suggested Discussion Questions:

1. The section on "Global Leadership Development" (pp. 110 – 114) describes three applications/practices that exemplify global leadership. These are:

Practice 1: Attend to Values and Ethics
Practice 2: Clarify Processes and Goals
Practice 3: Learn to Navigate Paradoxes

Which of these interested you the most? Pick only one (1). Briefly explain why AND provide your own example (hypothetical or not).

2. "Featured International Psychologist" PROJECT

(a) Indicate the NAME and COUNTRY of your "Featured International Psychologist" and provide a brief paragraph (100 - 150 words) on the biographical information about this person.

(b) Mention one (1) noteworthy accomplishment (e.g., an award, a scholarly publication) related to international psychology. Why did you choose this particular accomplishment?

IMPORTANT: Include the link/source where you found this information.]

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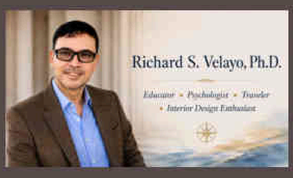

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TOPIC: POLICY: Why and How to Become Engaged as an International Policy Psychologist

Professor's Brief Video Introduction: https://www.dropbox.com/scl/fi/dwp65u8n7pjk7jnlunfrl/GG-Ch6-Policy-720p.mp4?rlkey=1gfhkk2lrfs87nimj5u5qvyl1&st=tw808t89&dl=0

Assigned Reading/s: CHAPTER 6, pp. 121 - 142 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: Steering global leadership
https://www.apa.org/monitor/2024/07/international-leadership-psychologists#:~:text=They%20are%20also%20consulting%20on,global%20lens%2C%E2%80%9D%20she%20said.
Expertise in human behavior and well-being shapes governance and policy-making on a global scale

ARTICLE: International psychological research that matters for policy and practice
https://psycnet.apa.org/doiLanding?doi=10.1037%2F0003-066X.64.8.825
After a brief history of the Committee on International Relations of the American Psychological Association, 3 points are made about international psychological research that matters. First, it matters when the definition of the research problem area and the findings can potentially be reflected in policy change, in the practice of educators or psychologists, or in the mindsets of a new generation of researchers. Person-centered analysis of adolescents' social and political attitudes has this potential and can complement variable-centered analysis. A cluster analysis of the IEA Civic Education Study's data in 5 Western European and 5 Eastern European countries illustrates this. The following 5 clusters of adolescents were identified: those supportive of social justice but not participative, those active in conventional politics and the community, those indifferent, those disaffected, and a problematic cluster of alienated adolescents. Second, research that matters is situated in a cultural context. It is proposed that publications using data from any single country be required to include information about the cultural context in which the research was conducted. Finally, it matters that attention be given to the dynamics of the collaborative international research process, not only to research results.

BLOG: The Role of Political Psychology in Diplomacy
https://online.maryville.edu/blog/the-role-of-political-psychology-in-diplomacy/
Fundamentally, psychology is focused on better understanding the human mind and human behavior. Political psychology seeks to apply the same principle to the world of politics, examining the interplay between how people think, feel, and act — and the impact that has on how they approach political considerations. Through political psychology, individuals can gain deeper insight into different political ideologies, personalities, and policies — both for the public and political figures.

BOOK: Psychology and Foreign Policy
https://www.oxfordbibliographies.com/display/document/obo-9780199743292/obo-9780199743292-0262.xml
The use of psychological concepts to explain the behavior of individuals and groups that shape foreign policy is centuries old. Thucydides in his great *History of the Peloponnesian War* explored the impact of the fear of decline on leaders' decisions to go to war. Barbara Tuchman in *The Guns of August* demonstrated how misperception and miscalculation by leaders in the summer of 1914 led to an accidental war that no leader wanted or expected. During and after World War II, political scientists began to draw systematically on psychological concepts to explain foreign policy behavior. Scholarship advanced when the International Society of Political Psychology was founded in 1978 along with a specialized journal, *Political Psychology*. Early scholarship focused on leaders' personalities and their impact on the foreign policy choices they made, with special attention devoted to decisions to go to war or make peace. A second wave of scholarship drew on the work of cognitive psychologists who had identified heuristics and biases to explore the impact of the way leaders thought on the foreign policy decisions that they made and examined pairs of interacting leaders to explain spirals of escalation. Scholars mined cognitive psychology to explore decisions to cooperate or compete, the success and failure of deterrence and compellence, and bargaining and signaling behavior by leaders. A third wave of scholarship drew on psychological research on emotion and examined how the emotional states of leaders influenced foreign policy choices. Scholars moved beyond leaders to study elite and group attributes to explain foreign policy behavior. In doing so, they confronted the central problem of aggregation; cognition and emotion are embedded in the individual. When they move to explain group behavior, scholars deepened psychological concepts by adding a broader social dimension to the analysis. Research in the last decade situates feeling and thinking in a larger social and cultural context in a more contextualized explanation of foreign policy behavior. Research is increasingly multidisciplinary, drawing on neuroscience, evolutionary biology, evolutionary psychology, and behavioral economics to explain foreign policy behavior.

BOOK: The Psychology of Foreign Policy
https://link.springer.com/book/10.1007/978-3-030-79867-1
This book focuses on foreign policy decision-making from the viewpoint of psychology. Psychology is always present in human decision-making, constituted by its structural determinants but also playing its own agency-level constitutive and causal roles, and therefore it should be taken into account in any analysis of foreign policy decisions. The book analyses a wide variety of prominent psychological approaches, such as bounded rationality, prospect theory, belief systems, cognitive biases, emotions, personality theories and trust to the study of foreign policy, identifying their achievements and added value as well as their limitations from a comparative perspective. Understanding how leaders in world politics act requires us to consider recent advances in neuroscience, psychology and behavioral economics. As a whole, the book aims at better integrating various psychological theories into the study of international relations and foreign policy analysis, as partial explanations themselves but also as facets of more comprehensive theories. It also discusses practical lessons that the psychological approaches offer since ignoring psychology can be costly: decision-makers need to be able reflect on their own decision-making process as well as the perspectives of the others. Paying attention to the psychological factors in international relations is necessary for better understanding the microfoundations upon which such agency is based.

WEBPAGE: International Society of Political Psychology
https://ispp.org/

Suggested Discussion Questions:

1. The section on "How to Get Started" (pp. 134- 136) provides nine (9) suggestions/opportunities for psychologists to become more engaged in international policy through their education and training. Which of these interest you the most? Pick only one (1). Briefly explain why AND provide your own example (hypothetical or not).

2. As you may know, the final paper for this course involves writing a critique of a particular national/regional psychology organization that is part of the Global Psychology Alliance (GPA). This alliance is a global psychology leadership team formed to take action in addressing global issues as described in the video titled "*Global Psychology Coming Together*". What aspects of the video AND/OR the GPA website did you find most interesting? Explain why.
Link to Video (Runtime: 3 min, 11 sec): https://youtu.be/0abJDaV1t3o?si=5ebcdbem9bkTJFI3
Link to Website: https://www.apa.org/pi/international/networks/global-psychology-alliance

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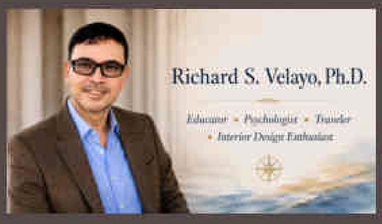

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TOPIC: RESEARCH: International Possibilities and Partnerships for Psychologists

Professor's Brief Video Introduction: https://www.dropbox.com/scl/fi/khqheg1khmyve0nqddmqy/GG-Ch7-Research-720p.mp4?rlkey=sqstzwb1vpiv6t3ybecl9f4qf&st=kh81xxjp&dl=0

Assigned Reading/s: CHAPTER 7, pp. 143 - 165 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: Psychology Takes a Global View
https://www.apa.org/monitor/2025/01/trends-global-view
Global research collaborations are seeking larger, more representative samples in investigating shared urgent challenges

ARTICLE: Guidelines to Improve Internationalization in the Psychological Sciences
https://compass.onlinelibrary.wiley.com/doi/10.1111/spc3.12847
This commentary is based on the hackathon titled "Guidelines on Including Non-WEIRD Populations in Psychological Science" presented at the 2021 meeting of the Society for the Improvement of Psychological Science. This was also presented as a paper at the 60th Annual Conference of the Taiwan Psychological Association in October 2021.

JOURNAL: International Perspectives in Psychology: Research, Practice, Consultation
https://www.hogrefe.com/us/journal/international-perspectives-in-psychology-research-practice-consultation
Official Journal of Division 52 (Society for Global Psychology) of the American Psychological Association

WEBSITE: Going International: A Practical Guide for Psychologists
https://www.apa.org/international/resources/info/academics-abroad
The goal of this guide is to provide an introductory guide for U.S. academics going outside the country for research and scholarship. It is written to fill the gap between general, country-level information typical of travel books or country websites, and specific details of the universities, cities or programs with which you may become involved.

WEBSITE: Challenges and Opportunities for Psychological Research in the Majority World
https://online.ucpress.edu/collabra/article/10/1/123703/203452/Challenges-and-Opportunities-for-Psychological
How can psychology transform itself into an inclusive science that engages with the rich cultural diversity of humanity? How can we strive towards a broader and deeper understanding of human behavior that is both generalizable across populations and attentive to its diversity? To address these major questions of our field, relying on scholars from different world regions, we outline first the opportunities associated with conducting psychological research in these and other majority world regions, highlighting international collaborations.

Suggested Discussion Questions:

Presume that you are the principal investigator/research in charge of conducting a cross-national psychology research project (e.g., *college students' perceptions about school-related stress*).

1. Pick two (2) countries to study/compare for this research project. Explain why you picked these countries.

2. Pages 155 – 160 presents several questions and offer suggestions to help initiate your research project. Pick only one (1) of these questions that you think is most interesting or important given your research project. Briefly explain your answer.

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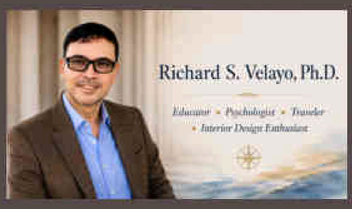

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TOPIC: SERVICE: Toward a Global Psychology of Collaboration, Counterflow, and Capacity Building

Professor's Brief Video Introduction: https://www.dropbox.com/scl/fi/y5dwt16mk1ljbcirtgmju/GG-Ch8-Service-720p.mp4?rlkey=9ca1r7qaus7bsrw5rnnqy7dc&st=1ygwaovu&dl=0

Assigned Reading/s: CHAPTER 8, pp. 167 - 182 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: International humanitarian careers
https://www.apa.org/monitor/2024/09/international-humanitarian-careers
Blending Western psychology with local knowledge, mental health professionals are driving positive change around the world.

ARTICLE: Humanitarian activities of psychologists are a vital step for the globalization of psychology
https://www.apa.org/international/global-insights/humanitarian-activities-psychologists
How engaging in humanitarian activities can promote acceptance, empathy, and a global psychology.

ARTICLE: Volunteer Abroad in Mental Health, Psychology and Special Needs
https://www.volunteerforever.com/article_post/volunteer-abroad-in-mental-health-psychology-and-special-needs/
Mental health and special needs are important issues everywhere, and in many countries around the globe, there is still much work to be done to combat pervasive social stigma, discrimination and low quality of life.

ARTICLE: Serving Abroad
https://www.apa.org/gradpsych/2014/04/serving-abroad
International assignments offer career opportunities and cultural insights

ARTICLE: Humanitarian Work Psychology
https://www.apa.org/monitor/2016/04/humanitarian
This new psychology field focuses on underserved populations.

VIDEO: SIOP UN Committee: Applying Humanitarian Work Psychology for the Eradication of Poverty
https://youtu.be/IekE8NuYPuQ?si=9an5TK5W9UBTpLX

VIDEO: Global Organization for Humanitarian Work Psychology
https://www.youtube.com/watch?v=IKB8oomxYp4

WEBSITE: Psychology and Mental Health Volunteer Programmes
https://vocationalimpact.org/psychology-mental-health-programmes/
Kickstart your career in psychology and mental health while making a lasting difference. Contribute to meaningful projects in Ghana, India, and South Africa aligned with your studies and career goals.

Suggested Discussion Questions:

1. It is important to reflect on whether undertaking humanitarian service in global psychology is for you. One can expect to encounter challenges and meet essential requirements to prepare for such venture. Pages 174 – 177 provide five (5) advice for psychologists who want to work in global humanitarian service. Choose only one (1) of these and give your OWN example. Briefly explain why.

2. The Society for Industrial and Organization Psychology (SIOP) is an international psychology organization that has consistently been doing humanitarian service around the world. The link below is a video of one other their projects. What did you find most interesting? Briefly explain why.

Link to Video - https://youtu.be/IekE8NuYPuQ?si=m9ph5TK5W9UBTpLX (Runtime: 3 min. 31 sec.)

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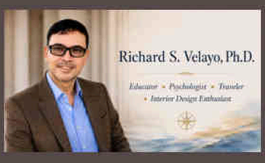

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TOPIC: TEACHING: Opportunities and Recommendations for Internationalizing Psychology Education

Professor's Brief Video Introduction: https://www.dropbox.com/s/cvlfi0e7w1bf6cy/g00hd1bBuGG-Ch9-Teaching-720p.mp4?dl=0

Assigned Reading/s: CHAPTER 9, pp. 183 - 206 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: Internationalizing Undergraduate Psychology Education: Trends, Techniques, and Technologies
https://psycnet.apa.org/record/2016-06476-005
Takooshian, H., Gielen, U. P., Plous, S., Rich, G. J., & Velayo, R. S. (2016). Internationalizing undergraduate psychology education: Trends, techniques, and technologies. *American Psychologist, 71*(2), 136-147.

ARTICLE: How Do We Create Transformative Global Citizens (Bosio, 2018)
https://www.academia.edu/35340771/How_do_we_create_transformative_global_citizens_Bosio_2018_?email_work_card=view-paper
Why are we in teaching and learning if not to be able to help enrich the lives of our students? This article builds on a 'transformative value-creating' dimension of global citizenship education. The word transformative refers to a clear focus on self-reflection and awareness, while the words value-creating denote taking actions in order to create value in society. Findings suggest there are three emerging interconnected dimensions of implementing the notion of global citizenship into universities' curricula, namely: social contribution, civic commitment, and global disposition. These dimensions can be summarized in the following equation: Social contribution + civic commitment + global disposition (the development of knowledge, skills and values) = students' 'personal transformation' and evolution towards value-creation within society.

ARTICLE: American Psychological Association Working Group on Internationalizing the Undergraduate Psychology Curriculum: Report and Recommended Learning Outcomes for Internationalizing the Undergraduate Curriculum (Nov. 2005)
https://www.researchgate.net/publication/324112757_American_Psychological_Association_Working_Group_on_Internationalizing_the_Undergraduate_Psychology_Curriculum_Report_and_Recommended_Learning_Outcomes_for_Internationalizing_the_Undergraduate_Curricu
This document represents the work of the APA Working Group on Internationalizing the Undergraduate Psychology Curriculum. The document does not represent policy of the American Psychological Association

Neil Lutsky, Carleton College
Judith Tomey-Purta, University of Maryland College Park
Richard Velayo, Pace University
Val Whittlesey, Kennesaw State University
Linda Woolf, Webster University
Maureen McCarthy, American Psychological Association

ARTICLE: Internationalizing Your Psychology Course
https://www.researchgate.net/publication/324113288_Internationalizing_Your_Psychology_Course
Velayo, R. (2011). Internationalizing Your Psychology Course. Essays from *E-xcellence in Teaching, 10*, 25-31.
To download full-text, go to the link below and see pp 25-31

ARTICLE: APAGS article on "Students from Abroad"
http://www.apa.org/gradpsych/2015/09/international-students.aspx

VIDEO: How to International Your Teaching and Learning in Psychology
https://youtu.be/LNI0tfsCSrs?si=Y5724_x5nPKdyjC3
Susan Nolan talks about the field of international psychology and how it is relevant to a number of courses across the psychology curriculum. She discusses ways in which psychology learning and teaching can be enhanced by consideration of current global events, international research and researchers, and applications of psychology to social change.

VIDEO: DePaul University – Internationalization
https://www.youtube.com/watch?v=gXDqwM4w4tY
This video explores the education of students for an increasingly globalized world, focusing specifically on international initiatives and how they impact the student experience.

WEBPAGE: Resources for Teachers of Psychology
https://teachpsych.org/page-1603066#international
The Society for the Teaching of Psychology (STP) curates and distributes teaching and advising materials to all teachers of psychology (e.g., 4-year instructors, 2-year instructors, and high-school teachers). The resources available below are documents that can pertain to any aspect of teaching. (NOTE: Syllabi have their own listings under Project Syllabus.)
Instructors have generously shared classroom activities, annotated bibliographies, film guides, lab manuals, advising aids, textbook compendiums, and much more. Notations indicate those that developed from Instructional Resource Awards.

WEBPAGE: Resources to Help Internationalize Psychology Courses/Curricula
https://teachpsych.org/page-1588335
This resource includes books, chapters, articles, and other materials related to the internationalization of the psychology curriculum. The resource is organized topically as follows: Cognitive, Developmental, General Cross-Cultural, General International, Global Issues, Health, History, Industrial/Organizational, Intergroup Relations, Introductory, Mental Health and Clinical, Psychology and Law, School, Social, Teaching, Women, and additional resources:

WEBPAGE: International psychology. Oxford Bibliographies.
https://www.oxfordbibliographies.com/view/document/obo-9780199828340/obo-9780199828340-0184.xml

WEPBAGE: Internationalizing our psychology courses: Resources for faculty
http://www.apa.org/education/undergrad/internationalize.aspx
Velayo, R. S. (2016). *Internationalizing our psychology courses: Resources for faculty*.

WEBPAGE: InterTOP (International Teaching of Psychology Network)
Main Page for InterTOP
Link to webpage: http://interteachpsy.org
Resource page of InterTOP
Link to webpage: http://interteachpsy.org/Main/ Resources

WEBPAGE: Wikipedia entry on "International Psychology"
Link to webpage: https://en.wikipedia.org/wiki/International_psychology

Suggested Discussion Questions:

1. Pages 191 - 196 of the chapter presents four (4) best practices and specific activities for the classroom that help infuse an international perspective in the psychology classroom. Pick one (1) that you think would be most beneficial to you as a graduate (or undergraduate) student. Briefly explain why.

2. Here is an article published in APA's flagship journal – The American Psychologist.
Takooshian, H., Gielen, U. P., Plous, S., Rich, G. J., & Velayo, R. S. (2016). Internationalizing undergraduate psychology education: Trends, techniques, and technologies. *American Psychologist, 71*(2), 136-147.
Click this to download article in PDF - /content/sites/pace/2056/57/PSY-003-21909.20210324/Takooshian_Gielen_Plous_Rich_&_Velayo_2016).pdf

On pages 143 - 148 of this article, fourteen (14) recommendations are presented that help support the internationalization of undergraduate psychology in the U.S. Pick one (1) recommendations that you think may be most beneficial for "undergraduate" students at Pace. Briefly explain why.

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TOPIC: CONCLUDING THOUGHTS: on Going Global: How Psychologists Should Meet a World of Need

Professor's Brief Video Introduction: https://www.dropbox.com/scl/fi/mmfrtyloor0zn6d5cy22/GG-Ch10-Conclusion-720p.mp4?rlkey=dz7d1k2w9lx0420l7x6el3nbk7&st=0pkgdad9&dl=0

Assigned Reading/s: CHAPTER 10, pp. 207 - 227 [Shealy, Bullock, & Kapadia (Eds.) (2023)]

Supplementary Materials:

ARTICLE: A Global Perspective
https://www.apa.org/gradpsych/2006/01/perspective
Experts and students offer tips on adding an international focus to your psychology work.

VIDEO: Global Psychology Coming Together
https://www.youtube.com/watch?v=GlobJDlxV10
APA is committed to working with our global partners to promote the use of psychological science to improve lives worldwide.

WEBPAGE: Society for Global Psychology (APA Division 52_
https://div52.net/
Division 52: The Society for Global Psychology seeks to develop a psychological science and practice that is contextually informed, culturally inclusive, serves the public interest and promotes global perspectives within and outside of APA. The Division of International Psychology represents the interest of all psychologists who foster international connections among psychologists, engage in multicultural research or practice, apply psychological principles to the development of public policy or are otherwise concerned with individual and group consequences of global events.

EPILOGUE: A Final Note about "International Psychology" - WHAT's NEXT?...
"The answers and other developments in theory, research, intervention, and pedagogy, will certainly advance the field of global psychology greatly over the next few years. While it is an exciting period for psychologists and psychology students who are interested in global psychology, it is also a challenging one. There are myriad forces and events that could influence the direction of the specialty; some of which can be dimly envisaged (e.g., the expected course of globalization) and others which cannot be anticipated. The future course of global psychology also rests on the awareness and commitment of psychologists to communicate and collaborate in a horizontal and multidisciplinary fashion on various levels in an effort to understand and address the shared concerns and issues that face humankind. Perhaps, the most telling question that remains to be answered concerns the foundation and identity of the discipline of psychology as we know it. As the process of globalizing psychology ensues, how will its science and practice be transformed from the form in which it is currently constituted? Psychology will continue to evolve as it has in the past. Although this inevitable evolution can be forecast with limited accuracy, it would seem that the beliefs and customs of other cultures will be incorporated more extensively into the fabric of scientific and professional psychology in the future. Conversely, as psychology becomes more globally integrated, the history of psychology will be reconceptualized as transnational and multilingual, rather than as Western and English-dominated. New books that deconstruct the history of psychology (e.g., Brock, in press) will play a significant role in how psychologists and psychology students construe the discipline of psychology and their own identity within it." (Stevens & Gielen, 2007, pp. 397-399)

• • • • •

Annual Psychology Day at the United Nations

Psychology Day at the United Nations is a celebration of psychology in the context of the UN. It provides an opportunity for psychology to share with U.N. Permanent Missions, U.N. Agencies, NGOs and the private sector the activities of psychologists at the U.N. and the role of psychology in addressing concerns of global importance.

19th Annual Psychology Day at the U.N. (April 23, 2026)
Theme: *Psychological Contributions to Fostering Collective Action in Uncertain Times*
Webcast Link: https://youtu.be/MTd4Rps_GdM?si=JjlIuNBHS1Rd201Z

18th Annual Psychology Day at the U.N. (April 24, 2025)
Theme: *From Crisis to Growth: Psychological Contributions to Building Global Resilience*
Webcast Link: https://youtu.be/mXotpG9fRoY?si=vJdlXBnotHTrO1Ws

17th Annual Psychology Day at the U.N. (April 25, 2024)
Theme: *Reducing Global Inequalities Through Education: Psychological Contributions*
Website Link: https://psychologycoalitionun.org/psychology-day-un/

16th Annual Psychology Day at the U.N. (April 27, 2023)
Theme: *Psychological Contributions to Global Peace, Conflict Resolution and Equity*
Webcast Link: https://youtu.be/AAmA9nYNa5U

15th Annual Psychology Day at the U.N. (April 21, 2022)
Theme: *Building Hope: Contributions to a Roadmap for Climate Change*
Webcast Link: https://www.youtube.com/watch?v=NQwXPQ6mz4U

14th Annual Psychology Day at the U.N. (April 15, 2021)
Theme: *Psychological Contributions to Building Back Better In A Post-Pandemic World*
Webcast Link: https://youtu.be/zlXdR-99VEs

13th Annual Psychology Day at the U.N. (May 27, 2020)
Theme: *UN75: The Multilateralism We Want: Psychological Contributions to Building Bridges Among and Within Nations*
Webcast Link: https://register.gotowebinar.com/recording/view/Recording/6161082434192697099/5678870221251500646/takoopsh@aol.com?registrantKey=3357184339568304524&key=ATTENDEEMAILRECORDINGLINK

12th Annual Psychology Day at the U.N. (April 25, 2019)
Theme: *The Time is Now: Psychological Contributions to Global Gender Equality*
Webcast Link: https://media.un.org/en/asset/k1m/k1mc8d50a0

11th Annual Psychology Day at the U.N. (April 12, 2018)
Theme: *Climate Change: Psychological Interventions, Promoting Mitigation and Adaptation*
Webcast Link: https://media.un.org/en/asset/k1g/k1g67mfo3o

2007-2025 EVENT PROGRAMS (Psychology Day at the U.N.)
- 2007 UN Psychology Day Program.pdf
- 2008 UN Psychology Day Program.pdf
- 2009-2010 UN Psychology Day Program.pdf
- 2011 UN Psychology Day Program.pdf
- 2012 UN Psychology Day Program.pdf
- 2013 UN Psychology Day Program.pdf
- 2014 UN Psychology Day Program.pdf
- 2015 UN Psychology Day Program.pdf
- 2016 UN Psychology Day Program.pdf
- 2017 UN Psychology Day Program.pdf
- 2018 UN Psychology Day Program.pdf
- 2019 UN Psychology Day Program.pdf
- 2020 UN Psychology Day Program.pdf
- 2021 UN Psychology Day Program.pdf
- 2022 UN Psychology Day Brochure.pdf
- 2023 UN Psychology Day Program (website link)
- 2024 UN Psychology Day Program.pdf
- 2025 UN Psychology Day Program.pdf
+2020 UN Psychology Day Program.pdf

Suggested Discussion Questions:

1. This final chapter provides a fitting summation and conclusion for our textbook. On pages 209 – 214, the book's editors presented four (4) fundamental questions to consider if we (as proponents of internationalizing psychology) want to "go global" and "meet a world of need".
Question 1: Can We Believe in Something Bigger Than Ourselves?
Question 2: What is our Capacity for Complexity?
Question 3: Can We Cultivate Mind and Heart?
Question 4: What Will We Do With Our Lives?
Choose only one (1) that you find interesting? Briefly explain why you chose it.

2. Do you remember the video you watched from our WEEK 1 discussion forum? - ***"How Can Students Get Involved in International Psychology?"*** **(https://www.youtube.com/watch?v=sEWKbPFtuS. With the exception of taking this course, specify ONE (1) other relevant way that you can do (or wish you can) to obtain a more international perspective about psychology as it relates to YOUR career/professional objective? Explain why.**
(NOTE: Please specify your career/professional objective. If you are unsure of what this may be, base your explanation on how it may benefit your personal life.)

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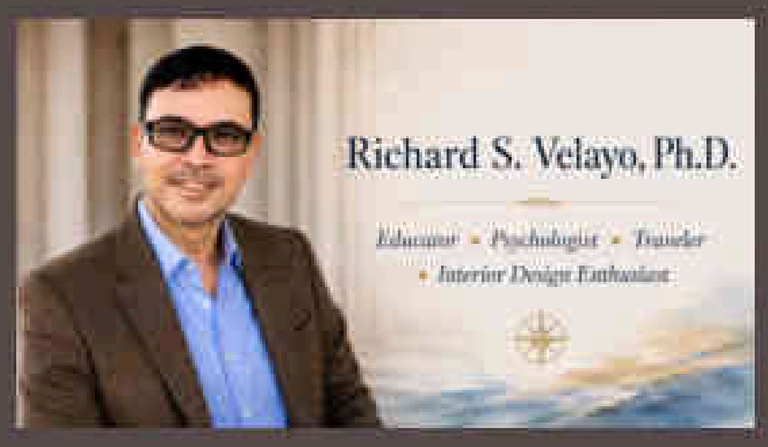

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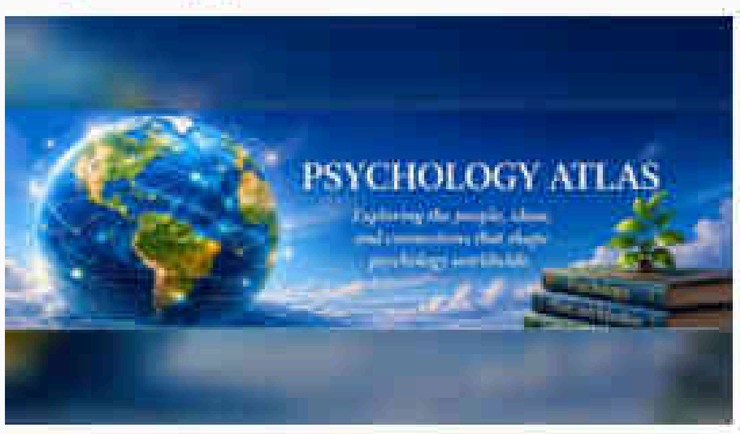
Psychology Atlas



Psychology has been my lifelong profession and one of my greatest passions. These maps highlight the people, organizations, universities, and international collaborations that have contributed to the growth of psychology around the world. Together they illustrate how ideas cross borders and how the science of behavior truly belongs to a global community.

MAP 1 - Foundations of Psychology

Contents (9 layers):

1. World History of Psychology
2. Great Psychologists
3. Psychology Heritage Sites
4. Psychology Museums
5. Nobel Laureates & Psychology
6. Positive Psychology
7. Psychology & the United Nations
8. Psychology & Climate Change
9. Cross-Cultural Psychology

MAP 2 - International Psychology and the World

Contents (7 layers):

10. Indigenous Psychology
11. Psychology Around the World
12. Psychology Organizations
13. Psychology Conferences
14. Psychological Tests Around the World
15. Psychology and Human Rights
16. Psychology in Literature and Film

MAP 3 - Global Psychology Alliance

Explore the organizations and partnerships that unite psychologists in advancing the science and practice of psychology worldwide.

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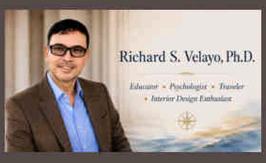

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Florida Homes

My Florida homes reflect the peaceful lifestyle I enjoy in retirement. From lakeside living to Gulf-front sunsets, these places have become my personal retreats for relaxation, reflection, and everyday happiness.

My Zen Island Beach Havens

Florida has become an important part of my life's journey, offering two places that each provide their own sense of peace, relaxation, and inspiration. I fondly refer to my homes as my **Zen Island Beach Havens**—or simply my **Zenis**. My Florida homes reflect the life I enjoy in retirement—peaceful, sunlit places where I can appreciate the beauty of coastal living in the Sunshine state.

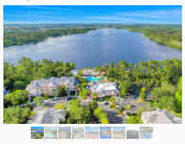
MAP - Florida Homes

Zeni 1, located in the Metro Orlando area, serves as a comfortable home base for everyday living, family gatherings, and easy access to Central Florida's many attractions.

Zeni 1 Photos

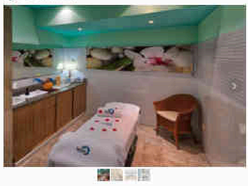
Clubhouse and Main Pool

Lake Davenport & Private Pier

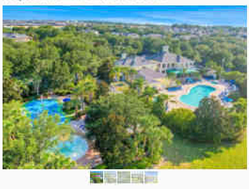


Recreation

Spa & Wellness



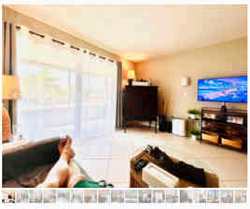
Tropical Grounds & Nature Trail



Zeni 2, located in beautiful St. Petersburg, offers a coastal retreat to enjoy beaches, breathtaking sunsets, waterfront parks, and the relaxed lifestyle of Florida's Gulf Coast.

Zeni 2 Photos

Condo Interior



Condo Complex

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Florida Favorites

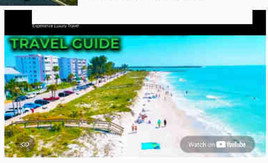
These are some of my favorite places in Florida—destinations that I enjoy returning to for their beauty, history, culture, and the simple pleasures they bring to everyday life.

MAP - Florida Favorites

CITY

St. Petersburg

Situated on Florida's radiant Gulf Coast, St. Petersburg caters to both beach lovers and culture vultures. With its seaside vibes and lively arts scene, the area has long been a draw for a weekend getaway, or a sunny vacation week or two. A fun mix of hip, urban and retro, old Florida neighborhoods and attractions, visitors are never lost for fun things to do in this town. Additionally, the greater St. Petersburg area enjoys an average of 361 days of sunshine per year—Sunshine City, indeed.



TOWN

Celebration

Originally founded by The Walt Disney Company in the mid-'90s, the master-planned community called Celebration was fashioned after historical American small towns; with civic buildings designed by world-famous architects like Robert A.M. Stern.

Today, Celebration is a charming small town with tree-lined streets, captivating architecture and a welcoming mix of shops and restaurants. In fact, Celebration was named one of America's 10 prettiest towns. The picturesque downtown is compact and walkable. The community features a diverse and interesting mix of housing, from grand estate-style homes to condos, all of which are situated on pedestrian-friendly streets.

Visitors can learn a lot about Celebration by taking the self-guided walking tour, a horse-drawn carriage ride, a Segway tour or by renting bikes to ride through the scenic trails.

Celebration is also home to many annual events such as Nova Snowing during the holidays and Oktoberfest, which celebrates the beginning of fall. Be sure to check out the weekly farmers market every Sunday and the monthly art and wine strolls.

BEACH

Clearwater Beach

Clearwater Beach dazzles with impeccable beaches and inviting waters. Trip Advisor named it the nation's #1 beach in 2018. Caladesi Island, off the north end of the beach, was recognized as the nation's best by Dr. Beach in 2008.

Besides the beaches, there is Clearwater Beach's inviting, small-town atmosphere. At Clearwater Marine Aquarium, you will find Winter the Dolphin, star of the "Dolphin Tale" movies. Winter swims with a prosthetic tail and the movies about her triumphs have struck a chord with adults and children who identify with the dolphin's struggles.

With Clearwater Beach attractions such as these, fine restaurants and family-friendly lodgings, as well as exciting beach activities, Clearwater Beach's many options will have the whole crew smiling.

TEMPLE

Wat Florida Dhammaram

Peaceful places abound in Florida but there are some temples offering a different type of meditation and inspiration. Wat Florida Dhammaram is a sanctuary and monastery where daily chanting and meditation practice welcomes the public.

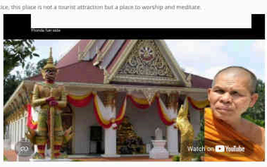
The hidden temple is a Theravada Buddhist monastery of the Dhammayut-Nikaya sect of Thailand. The main temple, called The Uposoth, is 3,680 square feet, featuring an impressive entrance with small temples inside with different Buddha statues of varying sizes.

As you enter the venue you will notice sacred pilgrimage sites with constructed replicas of sites found in India in honor of Lord Buddha. The shrines are located in a park surrounded by live oak trees and a walkway to stroll peacefully.

You can find a Buddhalila (walking Buddha), Mahabodhi Temple of Bodhgaya India and other replicas.

According to a Trip Advisor user, "Wat Florida Dhammaram is a very beautiful and peaceful location. You can go into the Thai Temples and see the magnificent decorations and Buddhas. The Monks are very friendly and willing to explain their religion to you and explain the items. It is well worth the time to see it. In October, they have a special food festival which is wonderful."

It is important to notice, this place is not a tourist attraction but a place to worship and meditate.



Filipino Restaurant

Nipa Hut

The native house (NIPA HUT) has traditionally been constructed with bamboo tied together and covered with a thatched roof using nipa or anahaw leaves. A cool breeze comes freely, fresh, and very inviting. As has been said, "You haven't tasted the real authentic native cooking if you haven't eaten inside the NIPAHUT".

Family-oriented dining place, also a multi-use facility for parties: Anniversaries, Baby Shower, Birthdays, Bridal Showers, Business Meetings, Christmas & New Year Eve Parties, Family/Class Reunions, Graduations, Job Promotions, Wedding Receptions, etc. We have a dance floor area, Karaoke for the music lover, and a schedule Live Band. We serve Beer (domestic, imported, and Philippine) and Wine.

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Cruising has taken me to remarkable destinations and created some of my most memorable travel experiences. Each voyage has offered new adventures and opportunities to discover the world from a different perspective.

MAP - Placed Visited | MAP - Future Trips

Navigator of the Seas
(Royal Caribbean Cruise Line)
March 9 - 13, 2027

Ports of Call: Singapore, Singapore | Penang, Malaysia | Phuket, Thailand | Singapore, Singapore

Valiant Lady
(Virgin Voyages Cruise Line)
December 12 - 19, 2026

Ports of Call: San Juan, Puerto Rico | Philipsburg, St. Maarten | Bridgetown, Barbados | Castries, St. Lucia | Fort-de-France, Martinique | Basseterre, St. Kitts and Nevis | San Juan, Puerto Rico

Valiant Lady
(Virgin Voyages Cruise Line)
August 20 - 27, 2026

Ports of Call: Portsmouth, UK | Zeebrugge (Bruges), Belgium | Amsterdam, Netherlands | Hamburg, Germany | Hamburg, Germany | Portsmouth, UK

Islander
(Margaritaville at Sea)
March 9 - 13, 2026

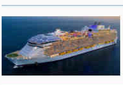
Ports of Call: Tampa, FL | Progreso/Merida, MX | Tampa, FL

Brilliant Lady
(Virgin Voyages)
December 7 - 18, 2025

Ports of Call: Miami, FL | Oranjestad, Aruba | Cartagena, Colombia | Ocho Rios, Jamaica | George Town, Grand Cayman Islands | Miami, FL

MSC Seashore
(MSC Cruise Line)
August 28 - 31, 2025

Ports of Call: Orlando (Port Canaveral), FL | Nassau, Bahamas | Ocean Cay MSC Marine Reserve (Bahamas) | Orlando (Port Canaveral), FL



Utopia of the Seas
(Royal Caribbean Cruise Line)
January 10 - 13, 2025

Ports of Call: Orlando (Port Canaveral), FL | Nassau, Bahamas | Perfect Day Coco Cay (Bahamas) | Orlando (Port Canaveral), FL

Resilient Lady
(Virgin Voyages Cruise Line)
May 4 - 11, 2025

Ports of Call: Athens (Piraeus), Greece | Split, Croatia | Dubrovnik, Croatia | Kotor, Montenegro | Mykonos, Greece | Athens (Piraeus), Greece

Valiant Lady
(Virgin Voyages Cruise Line)
December 15 - 20, 2024

Ports of Call: Miami, FL | Puerto Plata, Dominican Republic | Bimini, Bahamas | Miami, FL

Scarlet Lady
(Virgin Voyages Cruise Line)
May 19 - 26, 2024

Ports of Call: Barcelona, Spain | Toulon, France | Marina di Carrara, Italy | Civitavecchia (Rome), Italy | Ibiza, Spain | Barcelona, Spain

Norwegian Bliss
(Norwegian Cruise Line)
January 7-12, 2024

Ports of Call: Los Angeles, CA | Cabo San Lucas, Mexico | Los Angeles, CA

Scarlet Lady
(Virgin Voyages)
December 13 - 17, 2023

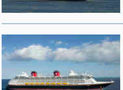
Ports of Call: Miami, FL | Key West, FL | Cozumel, Mexico | Miami, FL

Norwegian Escape
(Norwegian Cruise Line)
January 7 - 14, 2023

Ports of Call: Orlando (Port Canaveral), FL | St. Thomas, US Virgin Islands | Tortola, British Virgin Islands | Orlando (Port Canaveral), FL

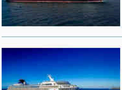
Brilliance of the Seas
(Royal Caribbean Cruise Line)
December 15 - 19, 2022

Ports of Call: Tampa, FL | Key West, FL | Nassau, Bahamas | Tampa, FL



Disney Dream
(Disney Cruise Line)
May 13 - 16, 2022

Ports of Call: Orlando (Port Canaveral), FL | Nassau, Bahamas | Castaway Cay, Bahamas | Orlando (Port Canaveral), FL



Norwegian Sun
(Norwegian Cruise Line)
January 3 - 8, 2020

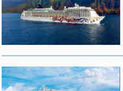
Ports of Call: Orlando (Port Canaveral), FL | Costa Maya, Mexico | Cozumel, Mexico | Orlando (Port Canaveral), FL

Mariner of the Seas
(Royal Caribbean Cruise Line)
November 15 - 18, 2019

Ports of Call: Orlando (Port Canaveral), FL | Nassau, Bahamas | Perfect Day Coco Cay, Bahamas | Orlando (Port Canaveral), FL

Pride of America
(Norwegian Cruise Line)
August 3 - 10, 2013

Ports of Call: Honolulu, Oahu | Kahului, Maui | Hilo, Hawaii | Kona, Hilowai | Nawiliwili, Kauai | Honolulu, Oahu



Pride of Aloha
(on Norwegian Sky)
(Norwegian Cruise Line)
July 31 - August 7, 2004

Ports of Call: Honolulu, Oahu | Nawiliwili, Kauai | Hilo, Hawaii | Kona, Hawaii | **Kahului, Maui** | Honolulu, Oahu

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Travel

Travel has enriched my life by introducing me to new places, cultures, and perspectives. Every journey has deepened my appreciation for the diversity, beauty, and shared humanity of our world.

Travel has been one of the greatest teachers in my life, offering countless opportunities to explore new places, experience diverse cultures, and appreciate the richness of our world. Use the links below to discover my interactive travel maps of Florida, the United States, and the world, and future travel plans.

Florida Travels: I lost count how many places I've been to!

Discover the Florida communities I've called home, my favorite destinations, and the many cities I've explored.

MAP - Florida Homes

MAP - Florida Favorites

MAP - Florida Cities Visited

U.S. Travels: 30

Follow my travels across the United States, including the states I've visited and the places I've lived.

MAP - States Visited

MAP - States Lived In

West (7)

- California
- Colorado
- Hawaii
- Montana
- Nevada
- Washington
- Wyoming

Southwest (2)

- Arizona
- Texas

Midwest (5)

- Illinois
- Michigan
- Missouri
- Ohio
- South Dakota

Southeast (7)

- **Florida (HOME)**
- Georgia
- Louisiana
- Mississippi
- North Carolina
- South Carolina
- Virginia

Northeast (9)

- Connecticut
- Delaware
- Maryland
- Massachusetts
- New Hampshire
- New Jersey
- New York
- Pennsylvania
- Rhode Island

World Travels: 31

Explore the countries I've visited around the world and the destinations I hope to discover in the future.

MAP - Places Visited

MAP - Future Trips

North America / Caribbean (15)

Bahamas (Bimini, Nassau)

Barbados (TBV) (Bridgetown)

British Virgin Islands (Tortola)

Canada (Toronto)

Cayman Islands (Georgetown, Seven)

Dominican Republic (Puerto Plata)

Jamaica (Ochos Rios)

Martinique (TBV) (Fort-de-France)

Mexico (Baja California Sur (Cabo San Lucas, San Jose del Cabo), Quintana Roo (Cancun, Costa Maya, Cozumel, Playa del Carmen, Tulum), Yucatan (Kaua, Merida, Progreso, Valladolid)

Puerto Rico (TBV) (San Juan)

St. Kitts & Nevis (TBV) (Basseterre)

St. Lucia (TBV) (Castries)

St. Maarteen (TBV) (Philipsburg)

United States (Home)

US Virgin Islands (St. Thomas)

Europe (10)

Belgium (TBV) (Zeebrugge)

Croatia (Split, Dubrovnik)

France (La Ciotaiet, Marseille, Toulon)

Germany (TBV) (Hamburg)

Greece (Athens, Piraeus, Mykonos)

Italy (Florence, Marina di Carrara, Pisa, Rome, Vatican City)

Montenegro (Kotor)

Netherlands (TBV) (Amsterdam)

United Kingdom (TBV) (London, Portsmouth, Westminster)

Spain (Barcelona, Ibiza, Sitges)

Asia (4)

China (Hong Kong, Macau)

Japan (Tokyo, Tsukuba)

Philippines (Metro Manila, Baguio, Pangasinan, Tagaytay)

Singapore (Central Area)

South America (2)

Aruba (Oranjestad)

Colombia (Cartagena)

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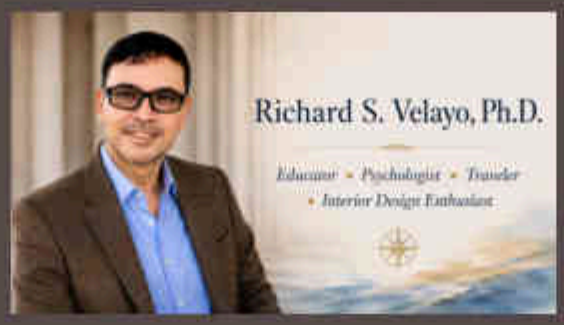

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Zen Living & Health

Living well is about finding balance, purpose, and peace in everyday life. This page shares the practices and ideas that help me nurture physical health, emotional well-being, and mindful living.

ZEN Music and Video

Take a breather with beautiful imagery from the four corners of the globe... beautiful, peaceful, stunning, soothing, nomadic.

Stingray Naturescape is an invitation to see the world in a whole new level of color, contrast, and brightness, all set to relaxing music and/or nature soundtracks.

RSS Feeds

PhilosophyEAST

S2 Ep7: Time is not Space | Emily Herring at PhilosophyEAST
(Tue, 29 Jul 2025)
Emily Herring in conversation with Maitreyabandhu about the remarkable life and work of the French philosopher Henri Bergson (1859 -1941). Emily discusses her new book, Herald of a Restless World: How Henri Bergson Brought Philosophy to the People, exploring Bergson's life and work.

>> Read More

S2 Ep6: Acting with the world, not on the world | Andrew Pickering at PhilosophyEAST
(Thu, 03 Jul 2025)
Andrew Pickering is an international leader in the field of science and technology studies. His book, The Cybernetic Brain: Sketches of Another Future (2010) analyses cybernetics as a distinctive form of life spanning brain science, psychiatry, robotics, the theory of complex systems, management, politics, the arts, education, and spirituality. He argues that cybernetics offers a promising alternative to currently hegemonic cultural formations. His latest book, Acting with the World: Agency in the Anthropocene (2025), extends the cybernetic analysis to our relations with nature and the environment. Here Professor Pickering discusses with Maitreyabandhu about what he calls 'the dance of agency', a new paradigm in which we learn to act with the world rather than on it. As he writes, 'The world can always surprise us. No one knows in advance how it will respond to our actions... Dances of agency take shape in real time.' Introducing PhilosophyEAST The exploration of 'views' (drishti in Sanskrit) has always been an essential part of the Buddhist tradition. PhilosophyEAST is a series of events exploring ideas and views that have a bearing on the dharma life. Whilst not all the views of our guests necessarily express Buddhist values, our intention is to explore where contemporary thought and ideas have some degree of coincidence with the Buddhist vision.

>> Read More

Elevate Your Life: The Spiritual Journey With Dino Viper

ELEVATE YOUR LIFE | Walking Hand-in-Hand: Spirituality and Mental Health
(Thu, 05 Oct 2023)
Journey through the harmonious dance of spirituality and psychology, where the soul's lighthouse guides us through the stormy waves of mental challenges. Dive deep into this radiant union, shining a light on holistic healing, and discover the golden path to comprehensive emotional well-being. Let the intertwined threads of our existence lead you towards a brighter horizon of mental health.

>> Read More

ELEVATE YOUR LIFE | Journey To Wholeness
(Wed, 04 Oct 2023)
Embark on a transformative journey where the tranquil depths of spirituality meet the undulating waves of psychology. Dive deep into an ocean of holistic healing, discovering how the serene realms beneath our emotional surface hold the key to true well-being.

>> Read More

Zenisland - The Lost Zen

Chapter 7 - Aerostar
(Thu, 24 Aug 2023)
I considered it a warning and my duty to graduate no matter what.

>> Read More

Chapter 6 - Lowrider
(Wed, 02 Aug 2023)
It was 3rd year. Koans and meanings, meanings behind the language. LDTR came out that year.

>> Read More

Suggested Readings

What Is Zen Buddhism and How Do You Practice It?
https://www.lionsroar.com/what-is-zen-buddhism-and-how-do-you-practice-it/

17 Zen Tips for Practicing Gratitude All Day Long
(Sifu Anthony Kovanaris)
https://flowingzen.com/18103/17-zen-tips-for-practicing-gratitude-all-day-long/

The Beginner's Guide to Zen Living: 10 Steps to Transforming Your Life with the Spirit of Zen
(Matt Valentine)
https://buddhainmind.com/blog/zen-living

What is Zen Buddhism and How to Practice It
(Gois Mastroioni)
https://www.gaiameditation.com/what-is-zen-buddhism/

What is Zen?
(Zenlightenment)
https://www.zenlightenment.net/

Manifest Your Own Meditation Retreat - Without Leaving Home
(MindBodyGreen)
https://allleafproductivity.com/free-template-at-home-meditation-retreat/

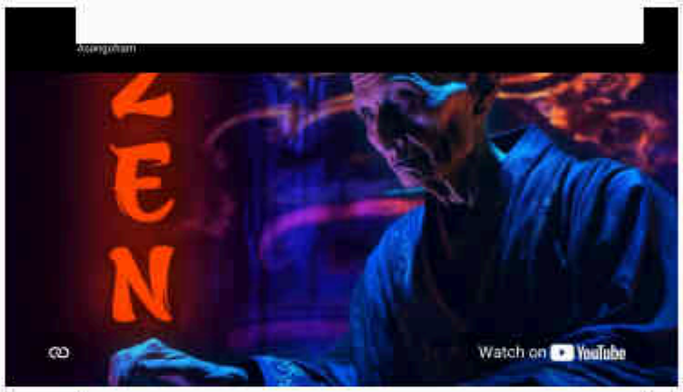
How to Create a Mini-Retreat at Home
(The Buddhist Review: Tricycle)
https://tricycle.org/trikendaily/home-meditation-retreat/

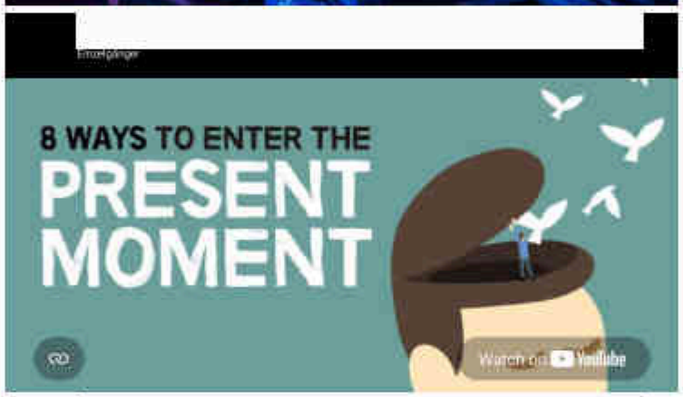
Free template: The half-day (and full-day) at-home meditation retreat
(A Life of Productivity)
https://allleafproductivity.com/free-template-at-home-meditation-retreat/

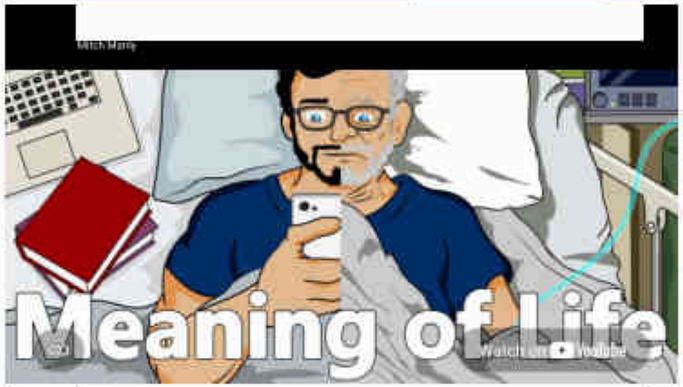
Zazen Posture
(Chapel Hill Zen Center; Author: Josho Pat Phelps)
http://www.chzc.org/pstmain.htm

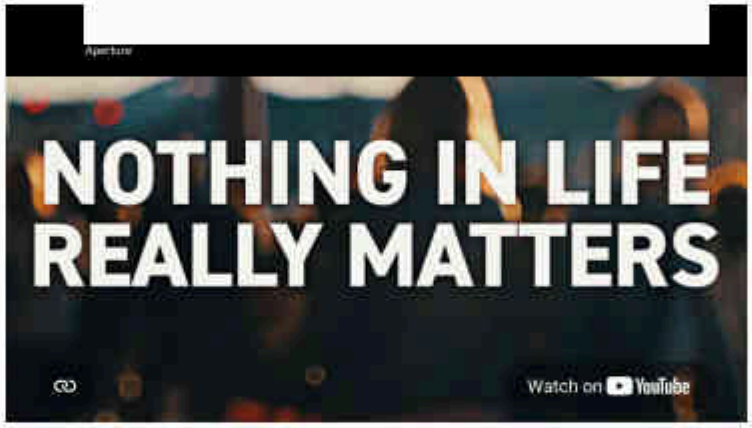
The Fear of Being Alone
(Leo Babauta)
https://zenhabits.net/joy-of-one/

Featured Videos









"What if our religion was each other? If our practice was our life? What if the temple was the Earth? If forests were our church? If holy water - the rivers, lakes, and oceans? What if meditation was our relationships? If the Teacher was life? If wisdom was knowledge? If love was the center of our being."
— Ganga White

YouTube Channels

Share Ideas
Share Ideas is a channel for stimulating, interesting and experimental short films that have meaning; be that spiritually, mentally or intellectually.

The School of Life
The School of Life is a global organisation dedicated to developing emotional intelligence. We apply psychology, philosophy, and culture to everyday life. You can find our classes, films, books, games, and much more online and in our branches around the world. Sign up to their newsletter for information about events, videos, articles and more: http://eepurl.com/c2VT-z

Philosophies for Life

Philosophies for Life is all about giving ancient wisdom for modern living. The videos are focus on giving out life-changing philosophical ideas that will help you improve all the aspects of your life - spirituality, finance, relationships, mental and emotional.

Plum Village

This is the official account for the Venerable Thich Nhat Hanh and our centers practicing in the Plum Village Tradition. Plum Village, in southwest France, is the first monastic community founded by Zen Master Thich Nhat Hanh (Thay) in the West. Plum Village is where Thay has realized his dream of building a Beloved Community: creating a healthy, nourishing environment where people can learn the art of living in harmony with one another and with the Earth.
Plum Village website: https://plumvillage.org

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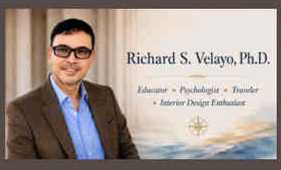

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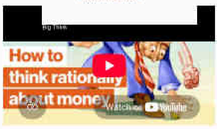
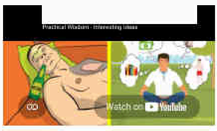
Finance

Financial well-being provides the freedom to pursue the experiences that matter most. Here I share practical ideas and resources that have helped me build a secure and fulfilling retirement.

FEATURED VIDEOS





FEATURED ARTICLE

The "Multiply by 25" and "4 Percent" Retirement Rules
https://www.thebalance.com/dont-confuse-these-two-retirement-rules-of-thumb-453920

RECOMMENDED EDUCATIONAL RESOURCES

TIAA

TIAA, which stands for Teachers Insurance and Annuity Association of America, is a financial services organization that specializes in retirement and investment services, particularly for those in the education, research, and healthcare fields.

Financial Samurai

Sam Dogen's blog was started after the 2008 financial crisis as a way for him to make sense of what was happening in the finance world. Since then, he's built it to be one of the fastest growing, and honest personal finance blogs on the internet. He gives you detailed reviews of financial products that will help you plan for retirement. Financial Samurai delves deeper into investing, real estate, retirement planning, career strategies, and more, so we can all achieve financial independence sooner, rather than later.

Boldin

Boldin is so much more than just a retirement calculator. It's a robust financial planning software. The quality of the financial plan it generated was actually far higher than I have seen come from many professional financial advisory firms. When combined with a financial literacy course, this could be a powerful tool for someone looking to bridge the gap between hardcore DIY financial planning and paying thousands to a financial advisor."

RECOMMENDED INVESTMENT PLATFORMS

Betterment

Betterment is a clear leader among robo-advisors. The company offers two service options: Betterment Digital, its legacy offering, has no account minimum and charges 0.25% of assets under management annually. Betterment Premium provides unlimited phone access to certified financial planners for a 0.40% fee and a $100,000 account minimum. Betterment's goal-oriented tools and helpful tax strategies should appeal to investors of all types. Access to human advisors is available with the Premium plan, or by purchasing a standalone advice package.

Empower

Empower Annuity Insurance Company of America is a retirement plan recordkeeping financial holding company based in Greenwood Village, Colorado, United States. It is the second-largest retirement plan provider in the United States.

Fundrise

Fundrise is the first investment platform to create a simple, low-cost way for anyone to access real estate's historically consistent, exceptional returns. You can invest in either professionally managed residential real estate called eFunds or a diversified portfolio of commercial real estate called eREITs. It combines state-of-the-art technology with in-house expertise to reduce fees and maximize your long-term return potential.

Discover Bank

Discover is best known for its rewards credit cards, but that's just a portion of its business. It's a full-service online bank, as well as a payment services company. Discover offers banking and retirement solutions for individuals. Discover is also a lender, with personal, student and home equity loans available. Because they are strictly an online bank, Discover doesn't have local branches that customers can visit in person for banking needs. That doesn't mean they aren't accessible, though. Discover is known for its superb customer service, which is available 24 hours a day.

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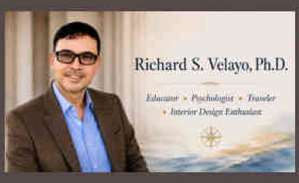

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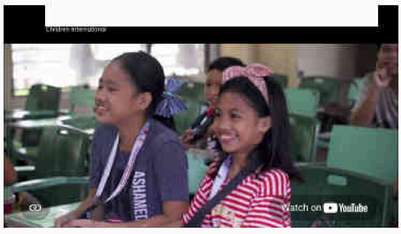
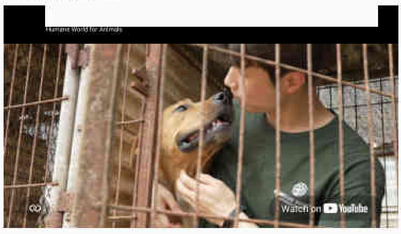
Giving (My Charities)

Giving back has always been one of life's most meaningful rewards. This page highlights the organizations and causes that reflect my values and my commitment to making a positive difference in the lives of others.

Children International (https://www.children.org/)
Growing up in poverty, kids face tough challenges - hunger and malnutrition, limited access to education and medical services, gang violence, social discrimination and isolation. But it doesn't have to be that way. Together, we can transform the lives of children in poverty. It starts right here, right now when you sponsor a child.



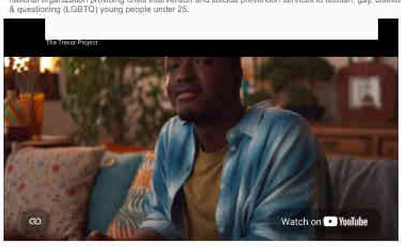
Humane World for Animals (formerly "Humane Society International") (https://www.humanesociety.org/en)
Humane World for Animals works around the globe to promote the human-animal bond, protect street animals, support farm animal welfare, stop wildlife abuse, eliminate painful animal testing, respond to natural disasters and confront cruelty to animals in all of its forms.



Nazareth House (Bahay Nazareth) is an ecumenical house of hospitality rooted in the spirit of the Catholic Worker Movement founded by Dorothy Day and Peter Maurin in 1933. We seek to embody the Gospel ideals of prayer, voluntary poverty and simplicity of life, and corporal and spiritual works of mercy, which include solidarity with the poor and the oppressed, non-violent peace and justice, radical hospitality, and life in community. Located in Manila, Philippines, our main apostolic ministry is to provide a home to persons living with HIV or AIDS who do not have adequate financial means for housing, and are unable to secure assistance from family or friends. We are LGBTQ friendly.

Mailing Address: 228 Calvario Meycauyan City Bulacan 3020 Philippines
Contact: Noel E. Bordador
Phone: +639222890406
Email: bahaynazareth@gmail.com
Nazareth House Facebook Page

The Trevor Project (https://www.thetrevorproject.org/)
Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.



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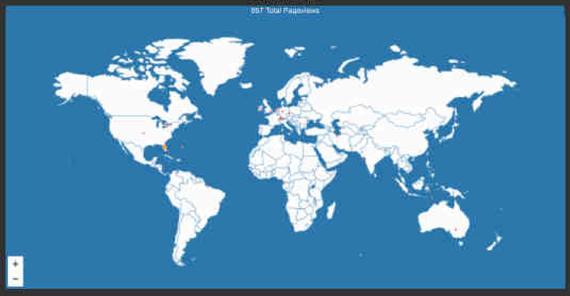

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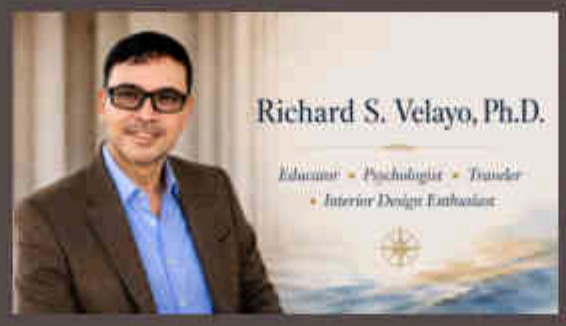

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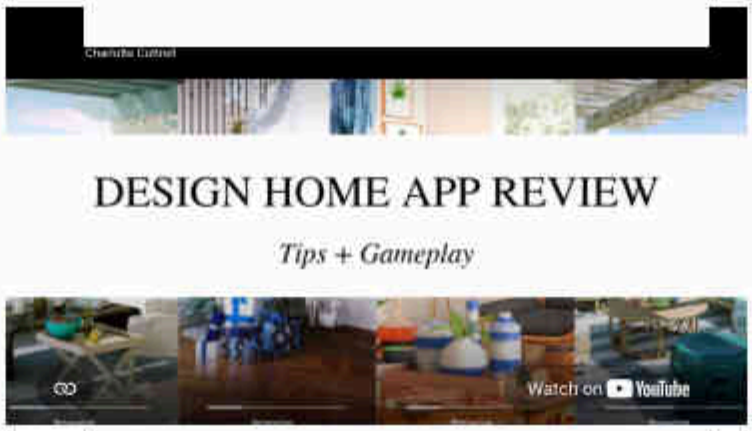
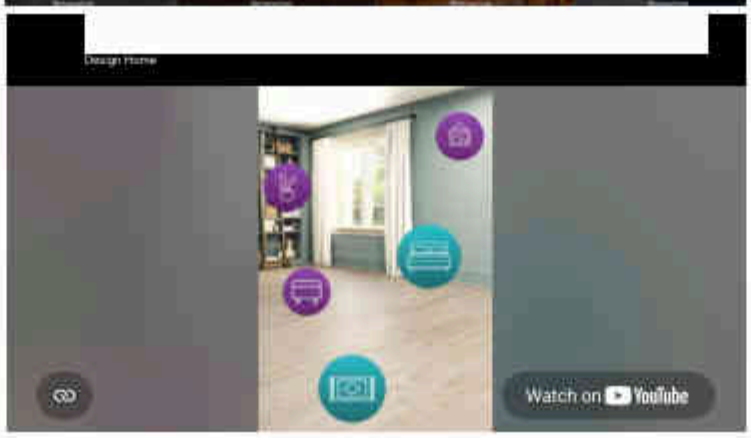
DESIGN HOME Gallery

Beautiful spaces have the power to inspire, comfort, and spark creativity.

Design Home is a popular mobile app for **virtual interior decorating**, created for people who enjoy experimenting with furniture, colors, and room layouts without needing a real house or budget.

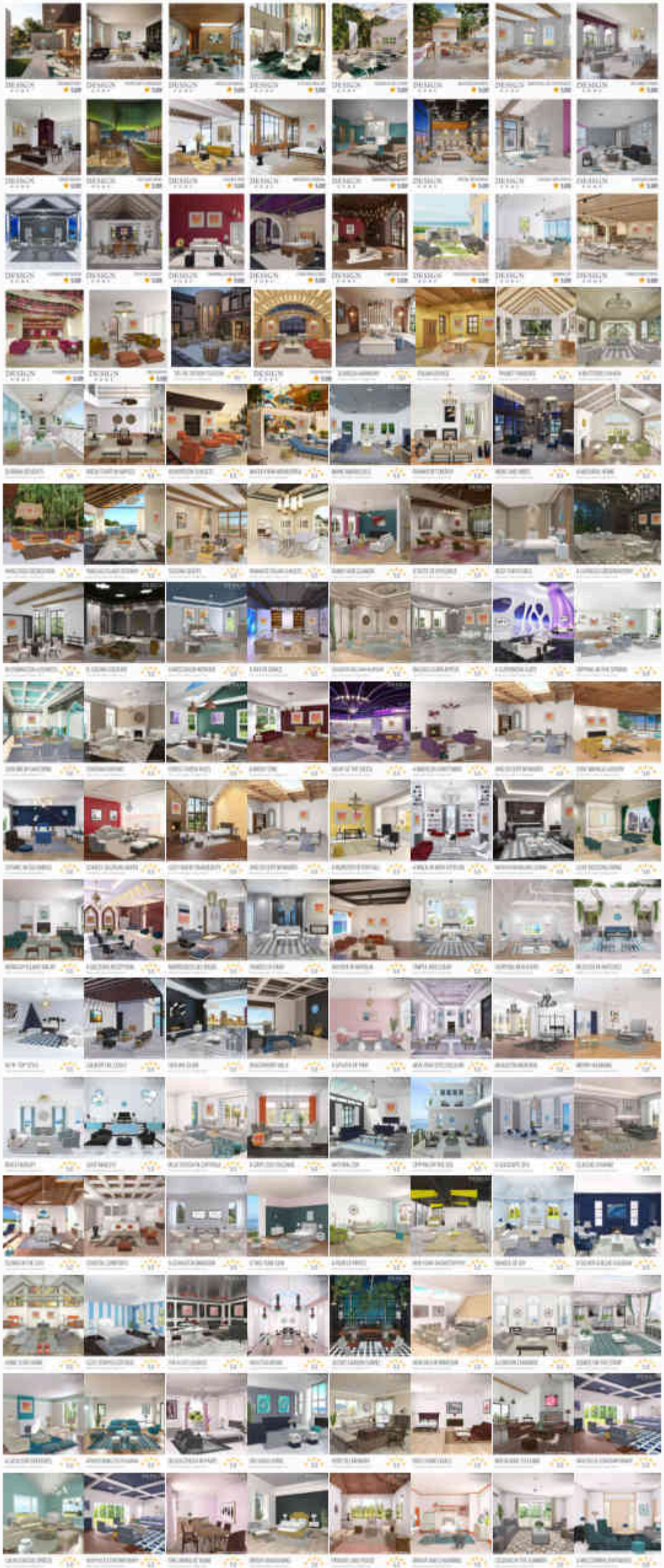
FEATURED VIDEOS

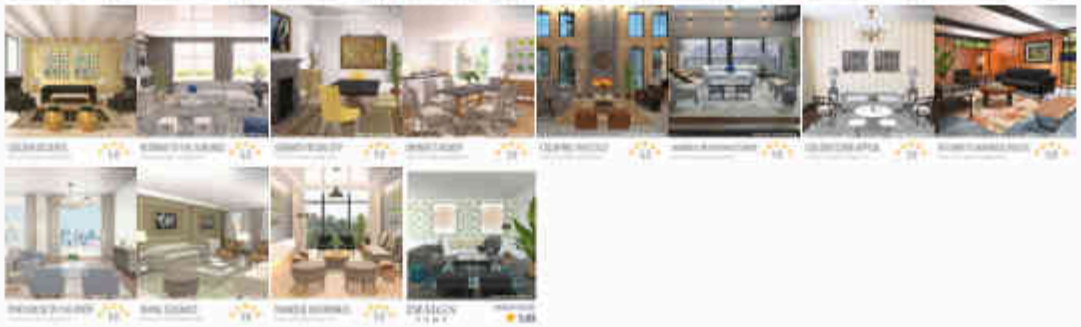




Displayed below are my home design spaces.
(1) My 5-Star Designs (Click each photo to enlarge.)
(2) My Featured Homes (Click each photo to view the slideshow of the home.)

My 5-Star Designs (n=156)





Featured Homes

Here are various types of virtual homes from different parts of the world that I have designed using the Design Home app. The rooms (interiors) for each home features my various design aesthetic.
Click the "Slideshow" button to view each area of the home.

Main Home (Vancouver, Canada)

Coastal House
(Montauk, New York)

Townhouse
(Norwalk, Connecticut)

Penthouse
(Miami, Florida)

Tropical Villa
(São Paulo, Brazil)

Mountain Lodge
(São Paulo, Brazil)

Mid-Century Style Home
(Palm Springs, California)

Chateau
(Loire Valley, France)

Industrial Loft
(Montreal, Canada)

Tree House
(Whistler, Canada)

Greek Villa
(Santorini, Greece)

Deluxe Townhome
(Santa Monica, California)

Dream Home
(Eagle, Idaho)

Main Home
(Vancouver, Canada)

Coastal House
(Montauk, New York)

Townhouse
(Norwalk, Connecticut)

Penthouse
(Miami, Florida)

Tropical Villa
(Key West, Florida)

Mountain Lodge
(São Paulo, Brazil)

Mid-Century Style Home
(Palm Springs, California)

Chateau
(Loire Valley, France)

Industrial Loft
(Montreal, Canada)

Tree House
(Whistler, Canada)

Greek Villa
(Santorini, Greece)

Townhouse 2
(Norwalk, Connecticut)

Deluxe Townhome
(Santa Monica, California)

Dream Home
(Eagle, Idaho)

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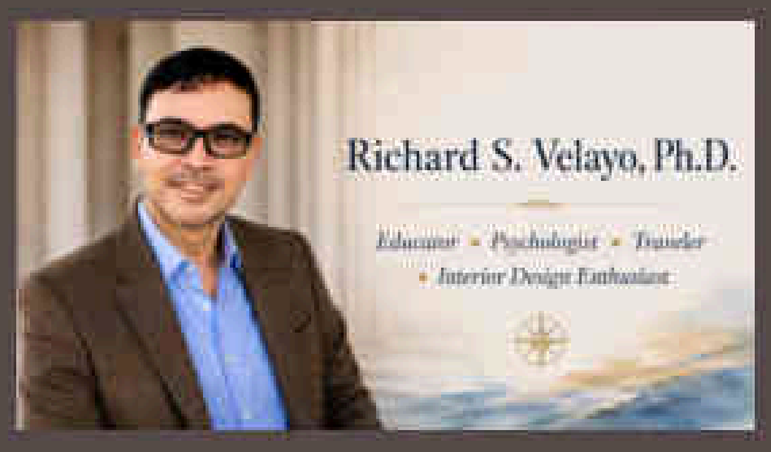

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Digital Artwork

Creativity continues to evolve, and technology has opened exciting new ways to imagine, create, and share ideas.

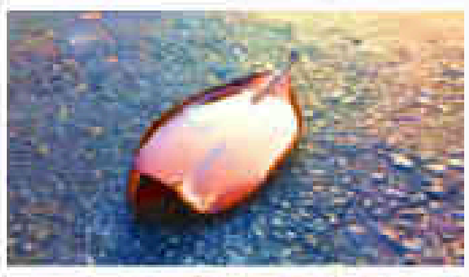
My artwork (called DIGITAL CANVAS PHOTOS) involves the digital conversion of photos, many of which are stylized into what looks like oil painting on canvas. Generally, the style tends to be colorful, bold, vibrant, with light wavy brush strokes. Each artwork has a dimension of 16:9 ratio (widescreen aspect) which is ideal for display on many computer monitors and televisions. My preferred art genres are **abstract**, **close ups**, **interiors**, **scapes**, **self-portraits**, and **still life**. There are also **others** that catch my eye which may not be easily fall into these categories.

FEATURED COLLECTIONS

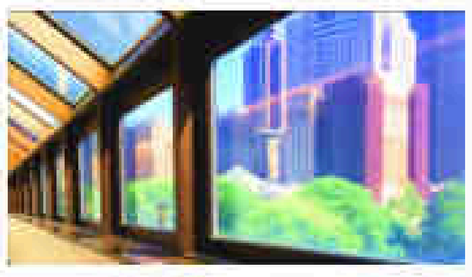
Sampler Artwork

Abstract

Close Ups



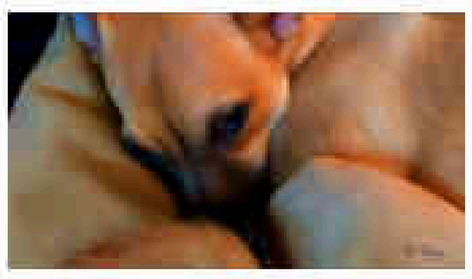
Interiors



Scapes

Still Life

Others



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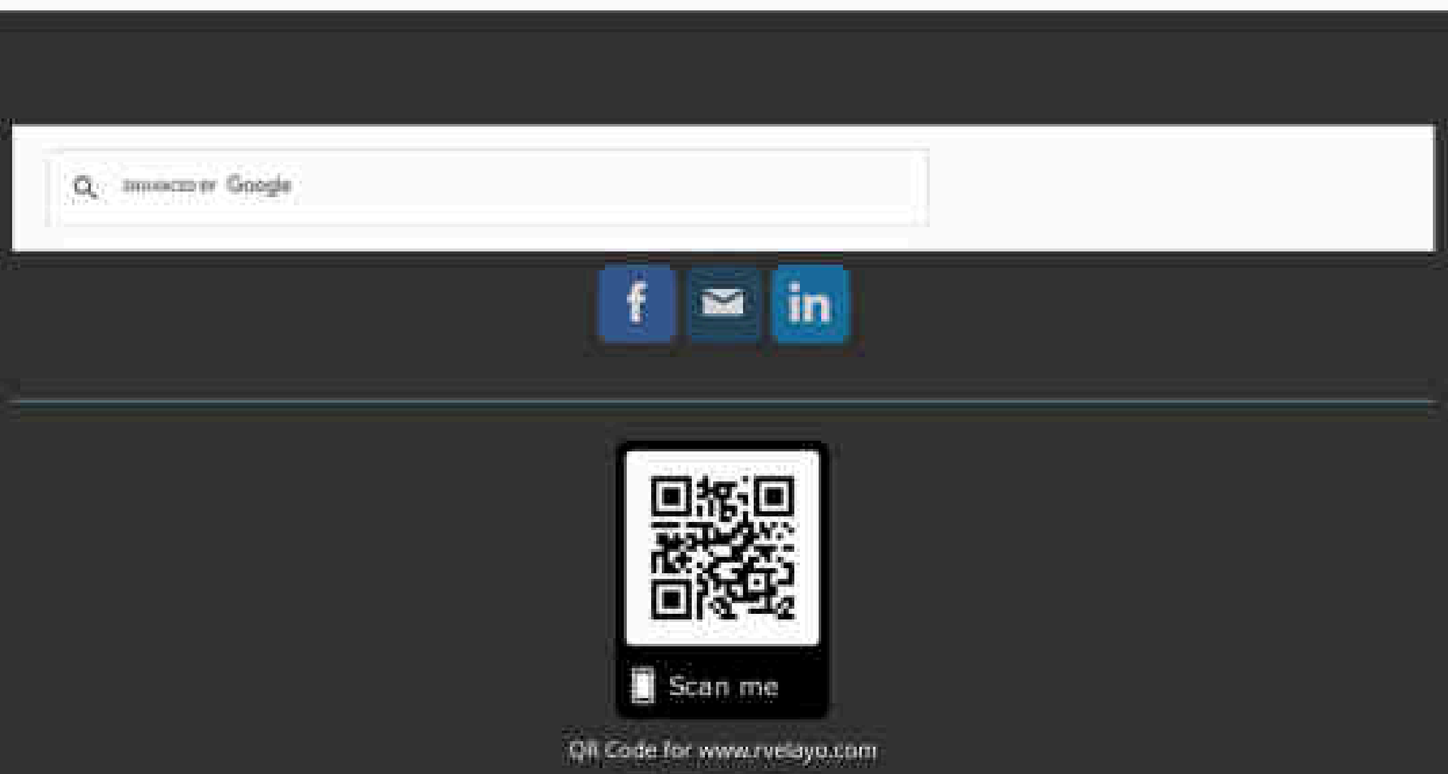

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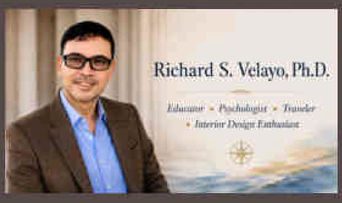

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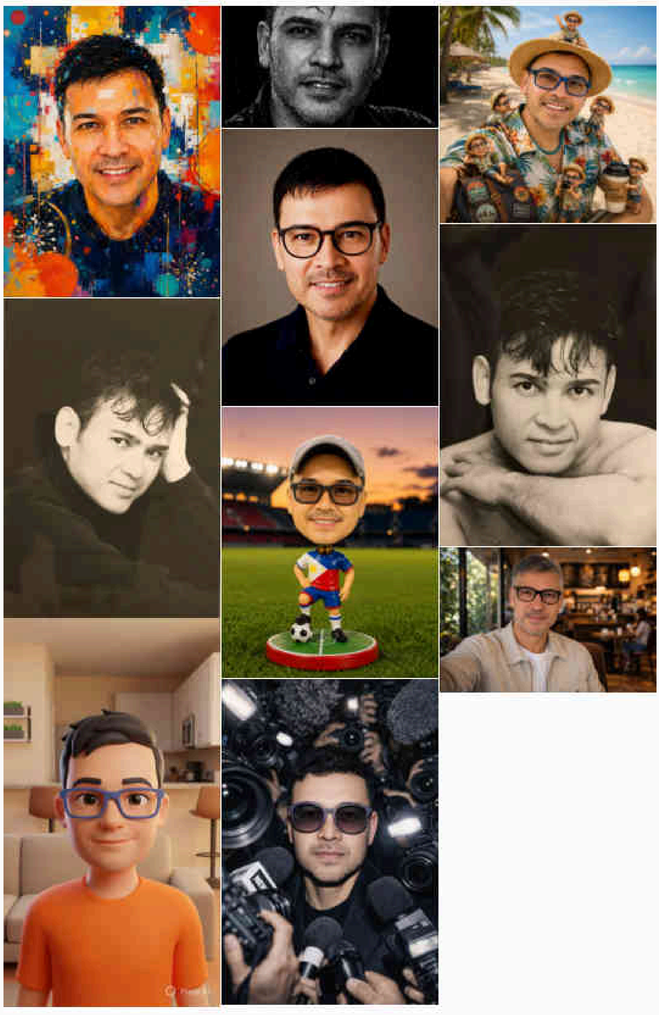
Self-Portraits



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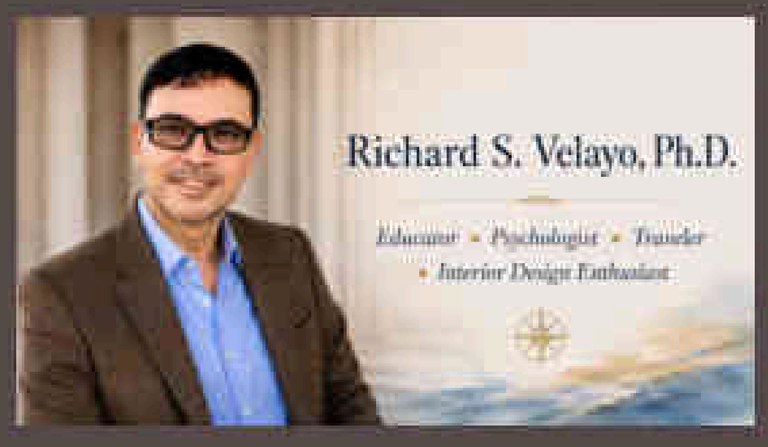

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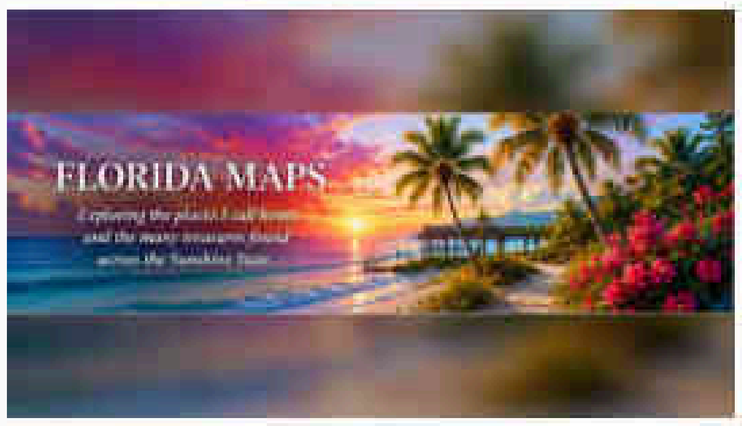
Florida Maps



Florida has been my home for many years, but it has also been a place of continual discovery. From favorite restaurants and hidden gems to communities I've visited and places I've lived, these maps reflect countless day trips, weekend adventures, and memorable experiences throughout the Sunshine State.

MAP - Florida Homes MAP - Florida Favorites MAP - Florida Cities Visited

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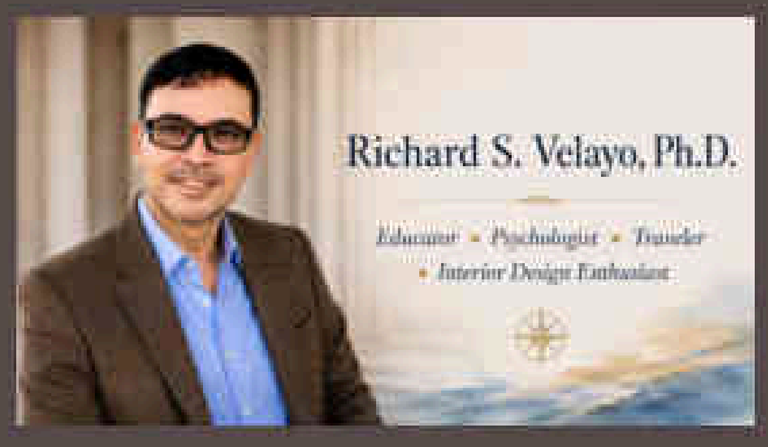

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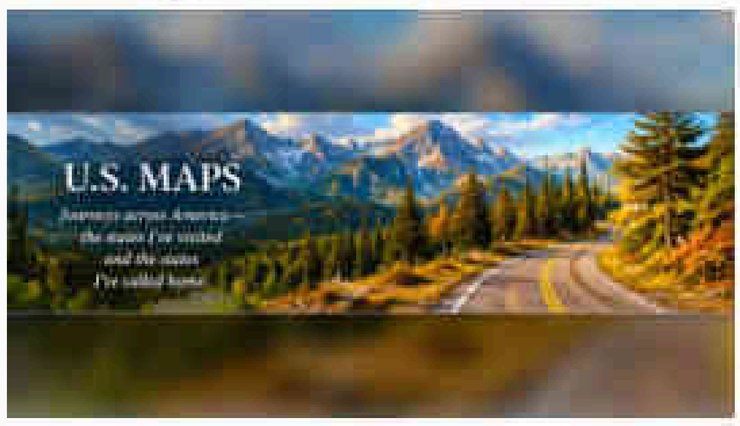
U.S. Maps



Although Florida is home, my travels throughout the United States have taken me to many remarkable places. These maps trace both the places I've visited and the states I've called home over the years.

MAP - States Visited

MAP - States Lived In

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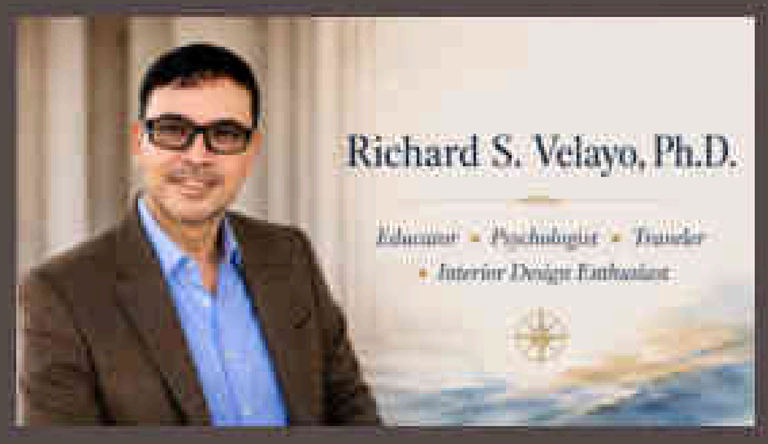

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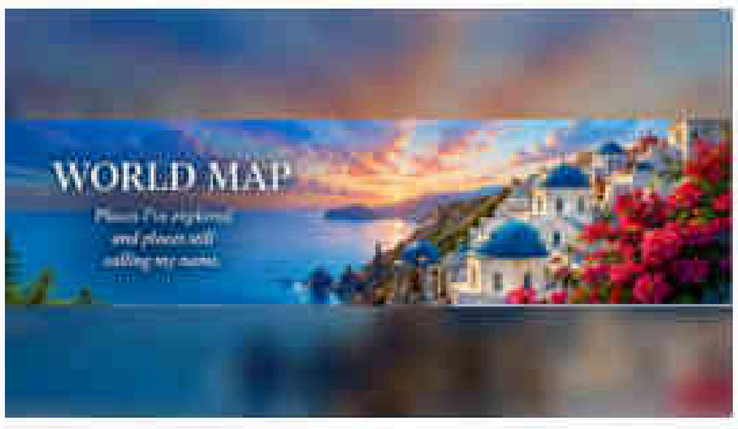
World Map



Traveling internationally has broadened my appreciation for history, culture, and the remarkable diversity of our world. This interactive map includes countries and cities I have visited, along with destinations that remain on my travel wish list. Every journey offers an opportunity to learn something new—not only about the places we visit, but also about ourselves.

MAP - Places visited MAP - Future Trips

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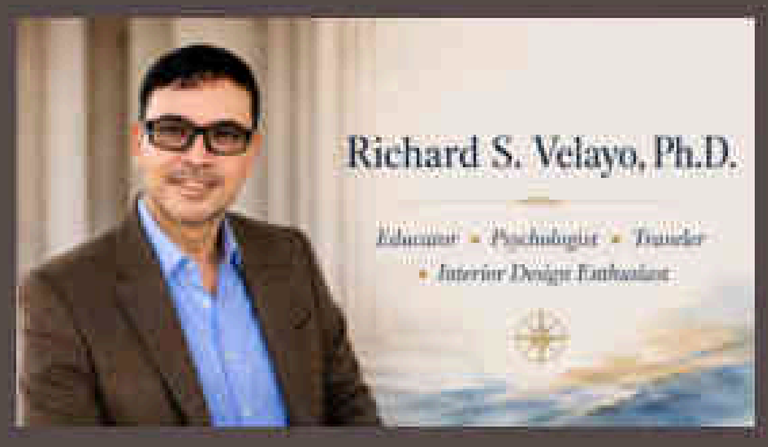

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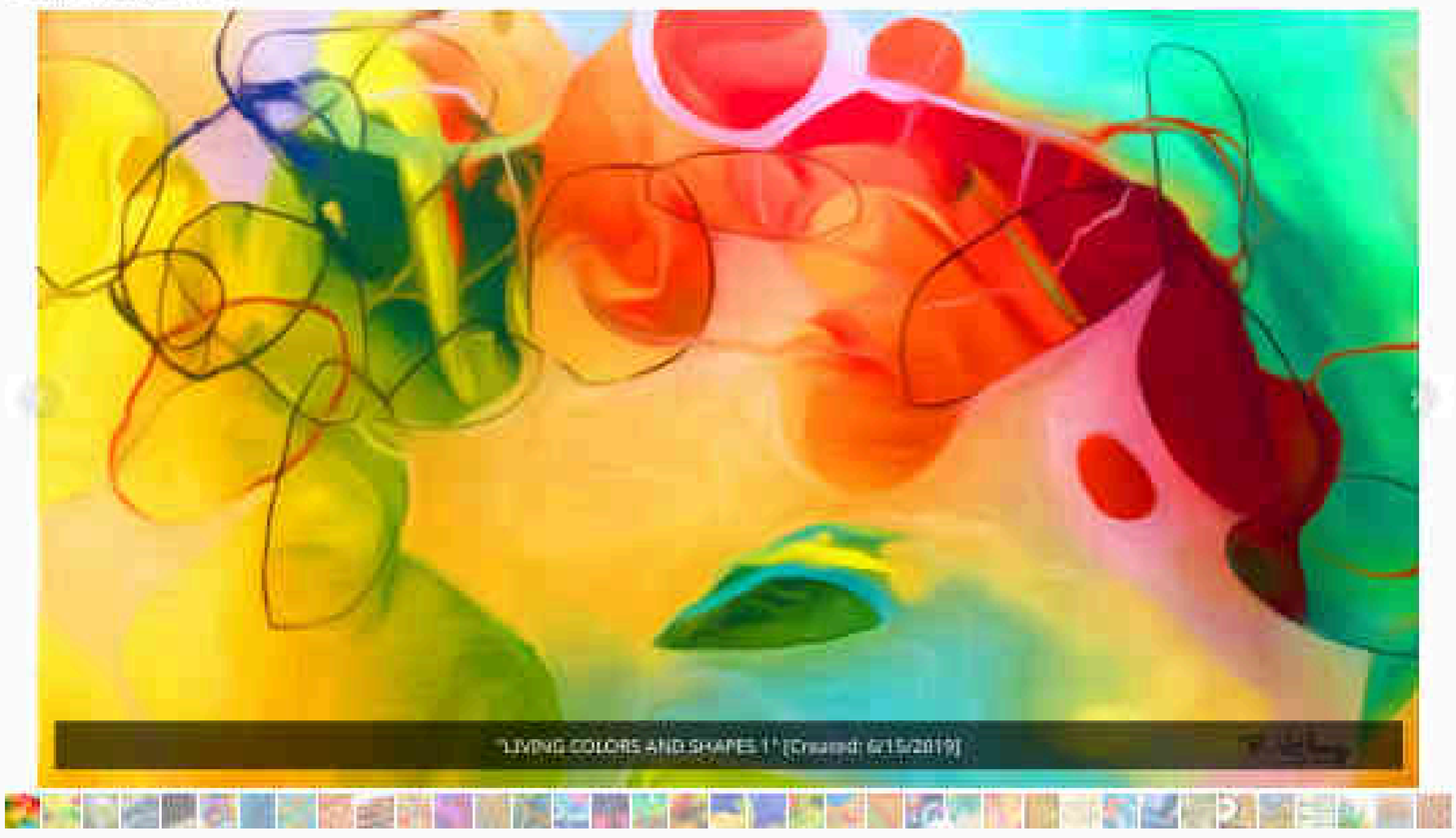
Abstract

Finding inspiration... In the flow, the texture, the subjective. Appreciate that we often experience reality from our own interpretation of the world. These are photos of objects taken using a digital microscope, then magnified to up to 1000x, then digitally manipulated with a burst of saturated colors and wavy textures.

Featured Abstract Art...



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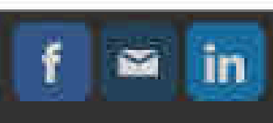

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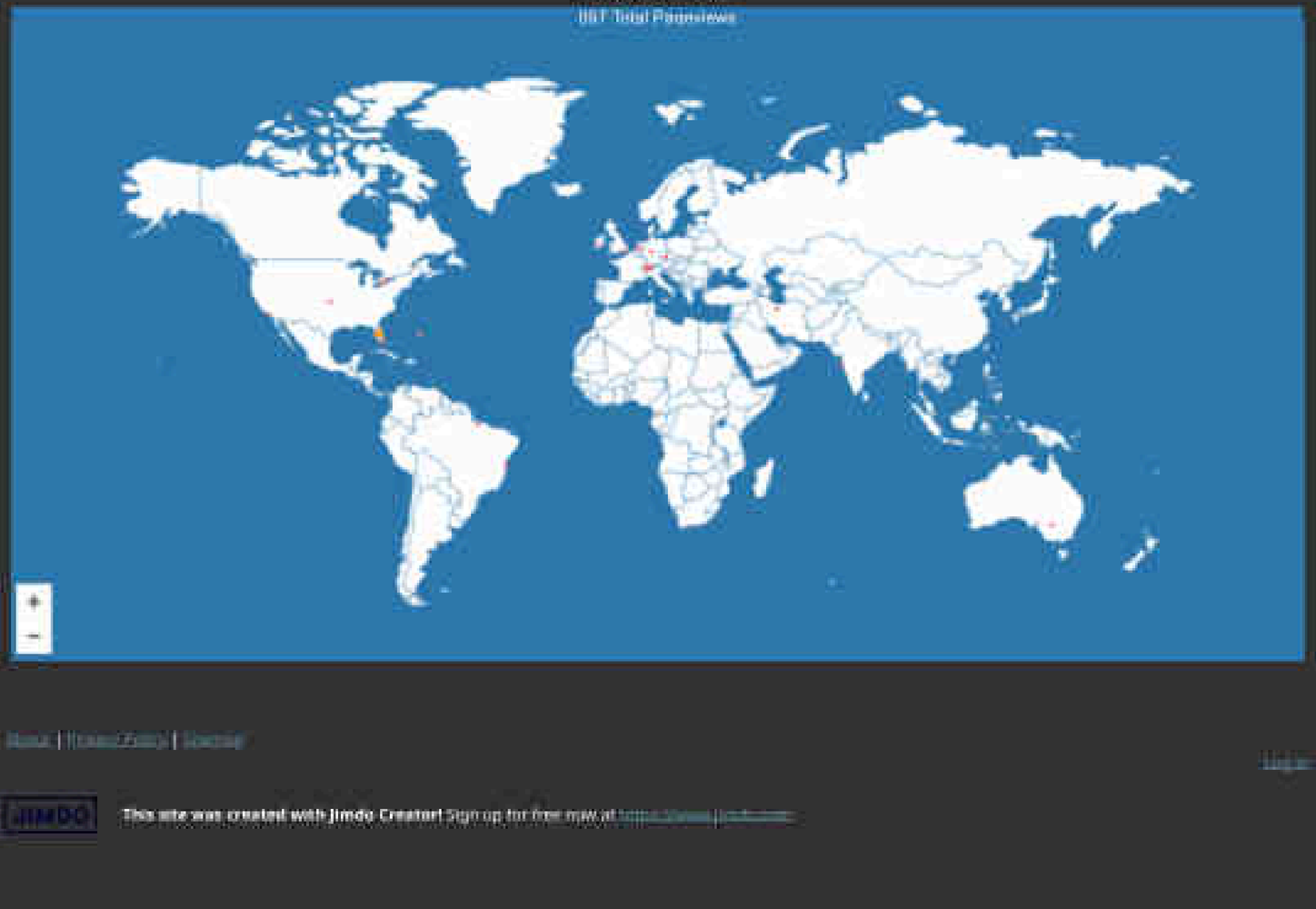

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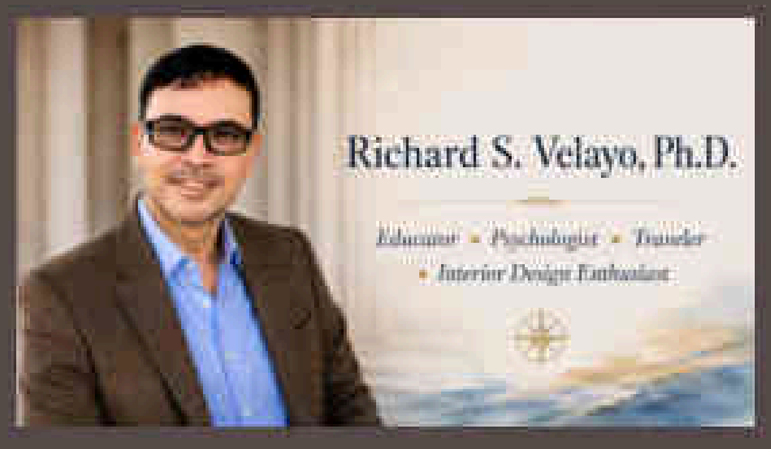

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Close Ups

Finding inspiration... in the minute, and the seemingly mundane and insignificant. Beauty and meaning can be found almost anywhere, even in the small things that we rarely notice around us. Look closer at the many beautiful little things around you. Experience the joy they bring to the moment.

Featured CLOSE UP Art...

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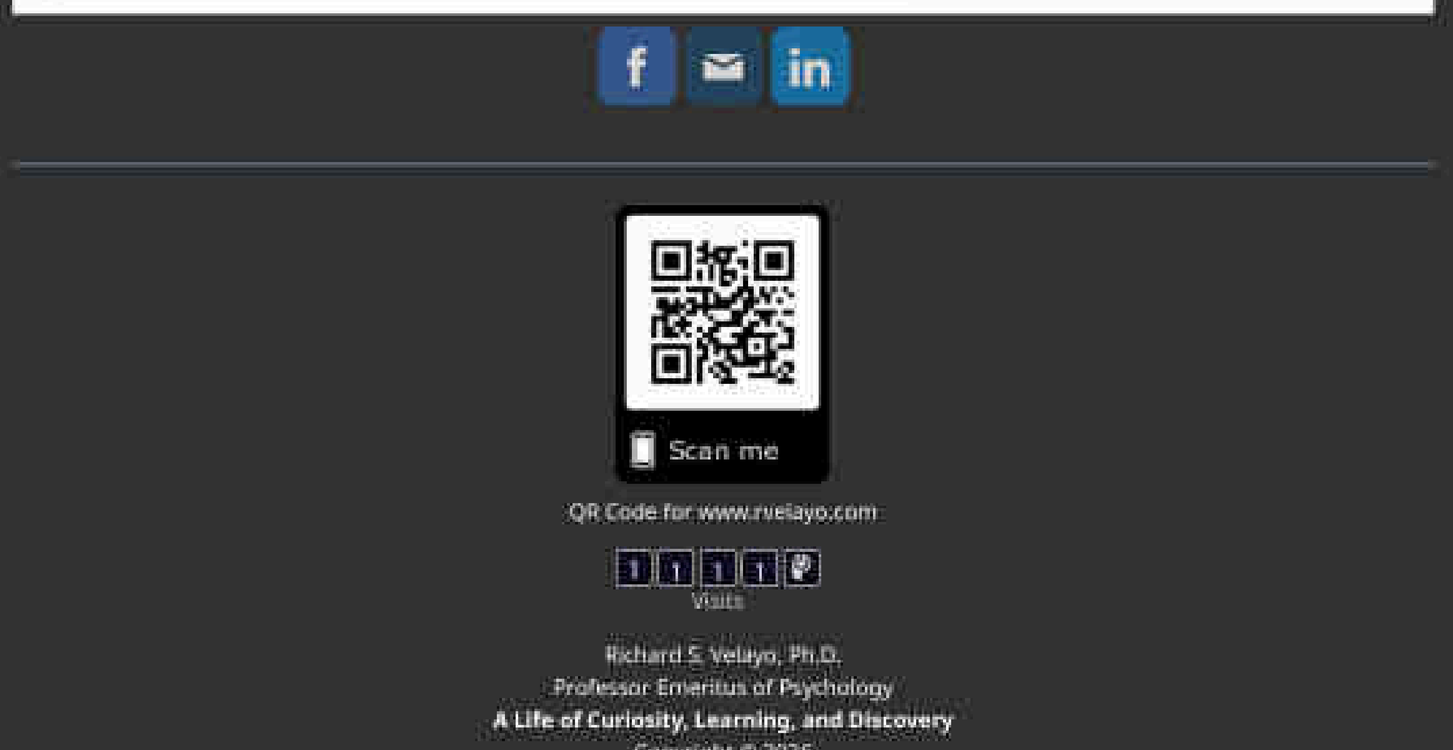

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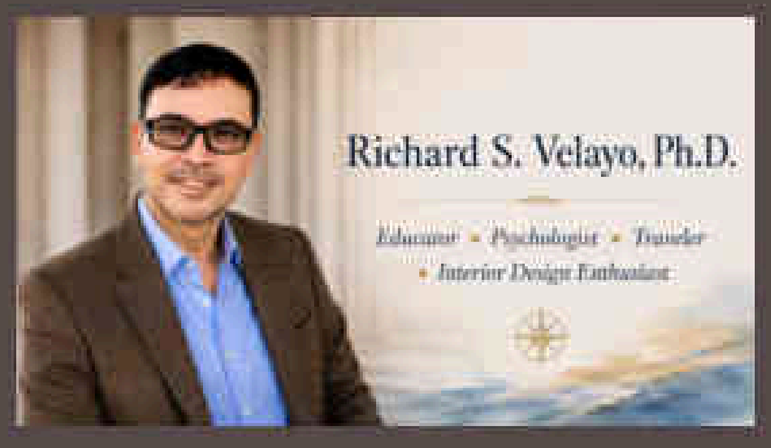

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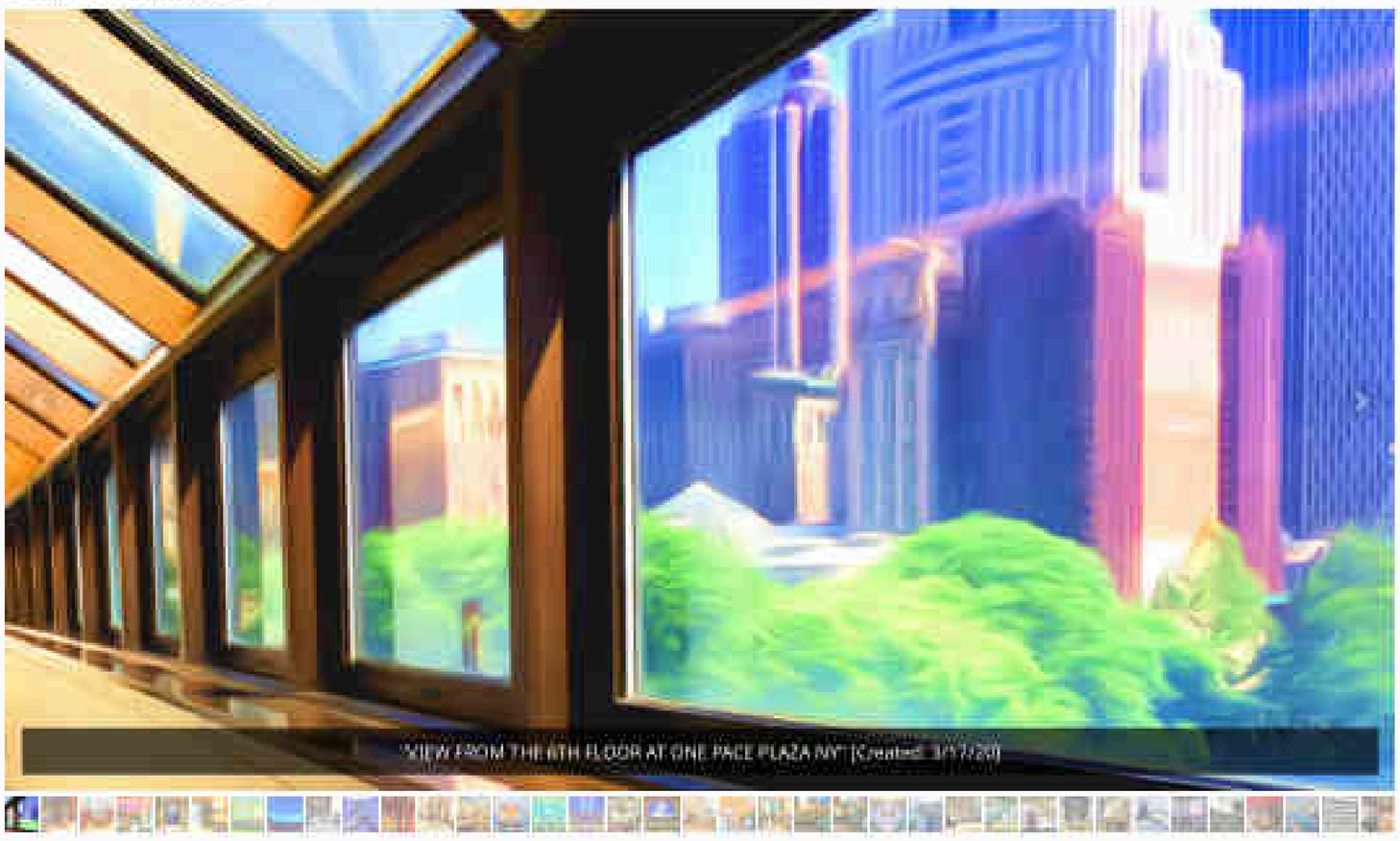
Interiors

Finding Inspiration... in awe-inspiring interior spaces. Notice the harmony in form and in function of objects in the space.. Laud the use of color, proportion, symmetry, contrast, and brightness of the space. Feel yourself immersed in these spaces.

Featured INTERIORS Art...



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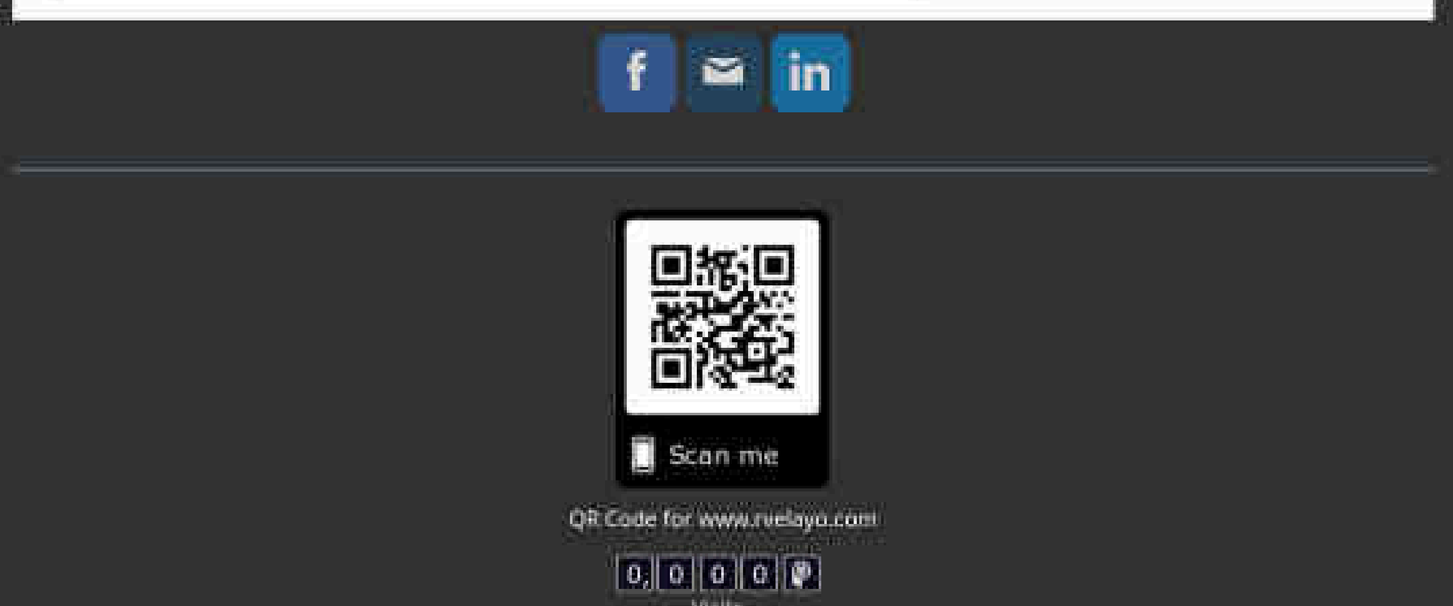

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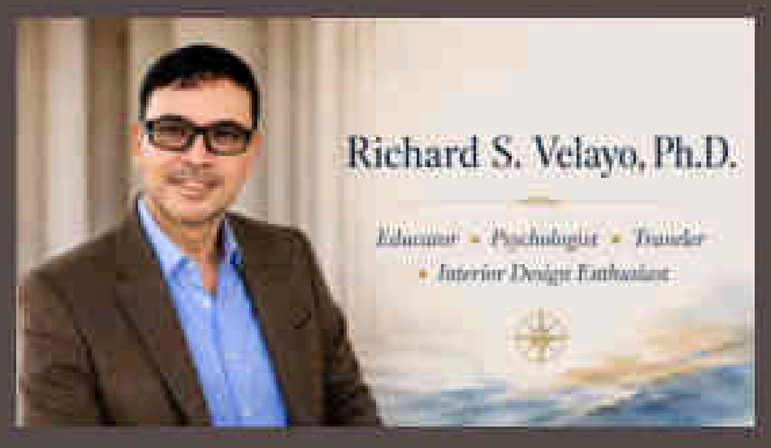

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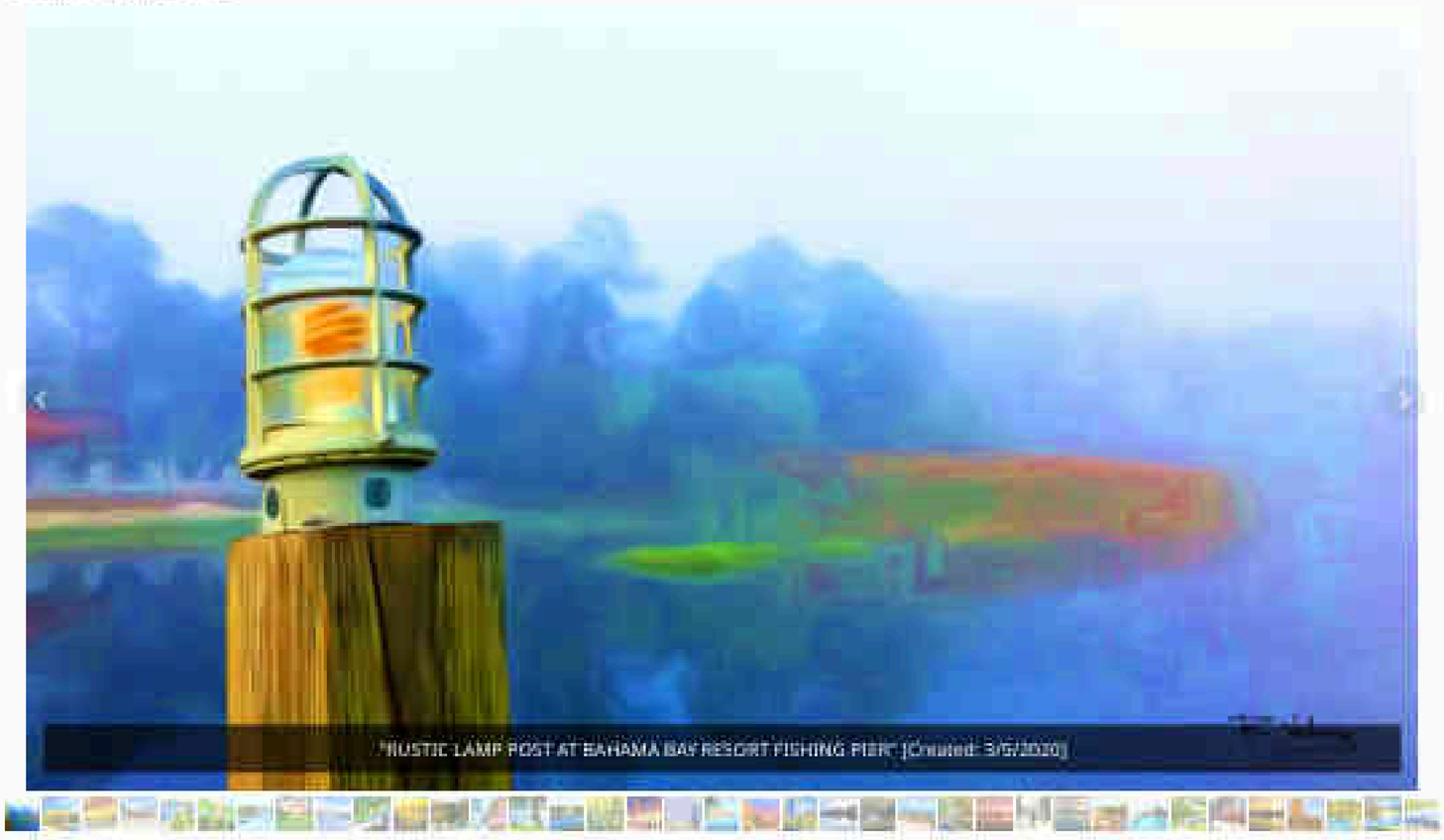
Scapes

Finding inspiration... in the outdoor views that surround us, whether they be formed by nature, by man, or some combination of both. Experience the vibrant colors of the elements you see. Stop for a moment and find serenity in the scene. Let it breathe life in you.

Featured SCAPES Art...



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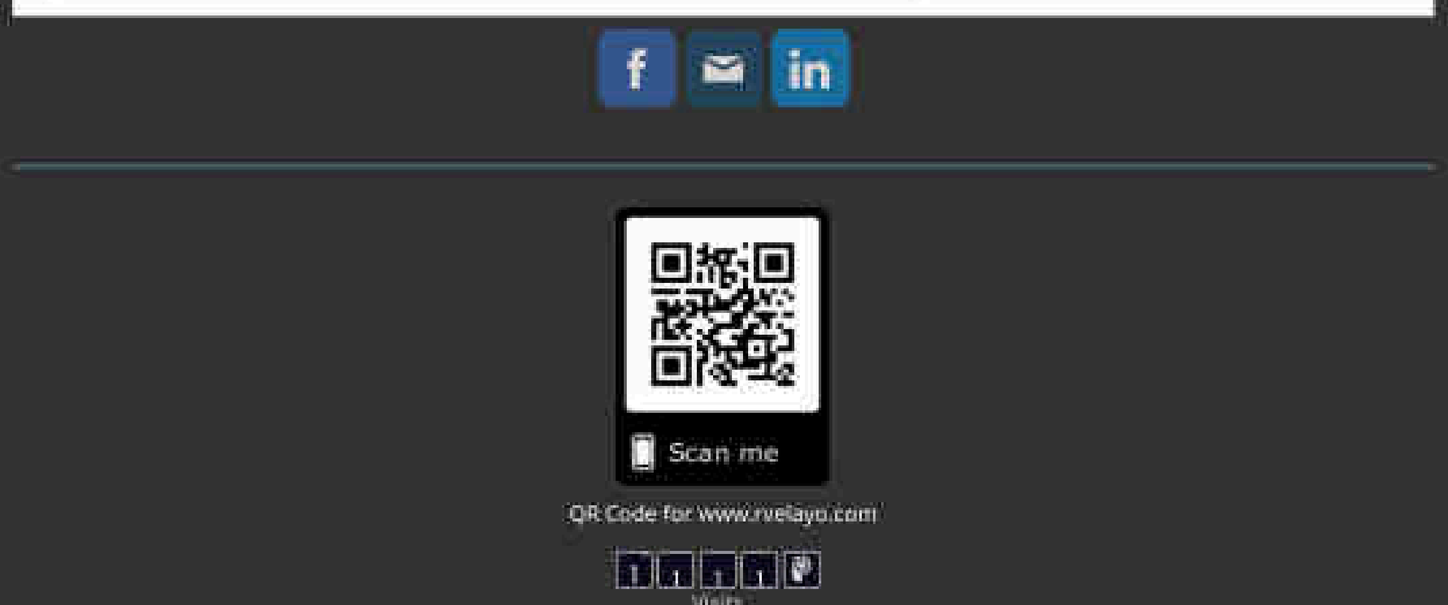

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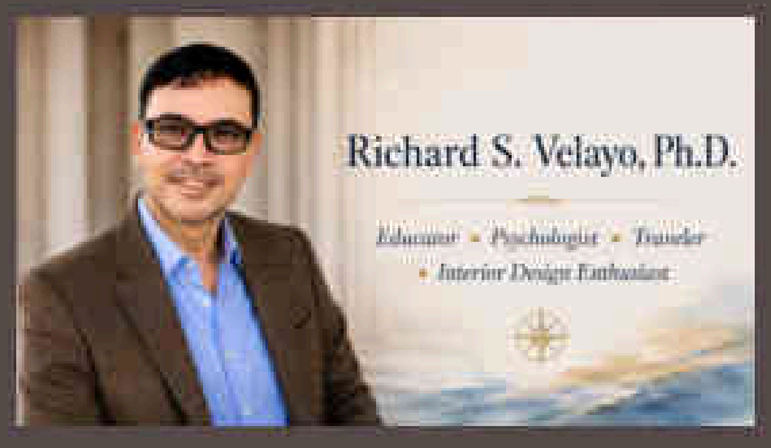

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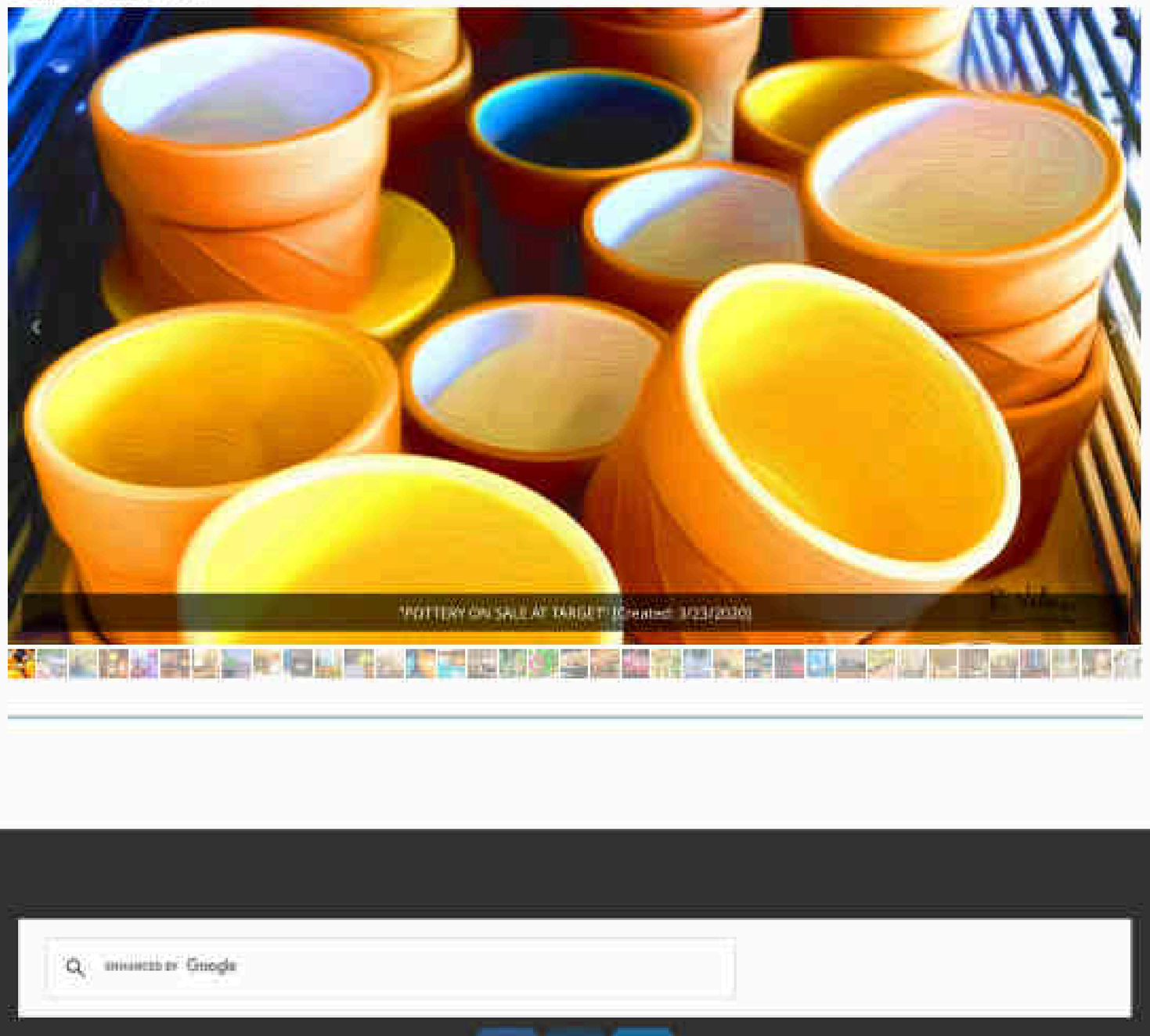
Still Life

Finding Inspiration... in the stillness and placement of objects within the confines of a limited space. Let yourself be fully aware of the present moment. Reflect on emotions these elicit in you.

Featured STILL LIFE Art...



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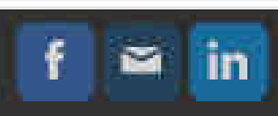

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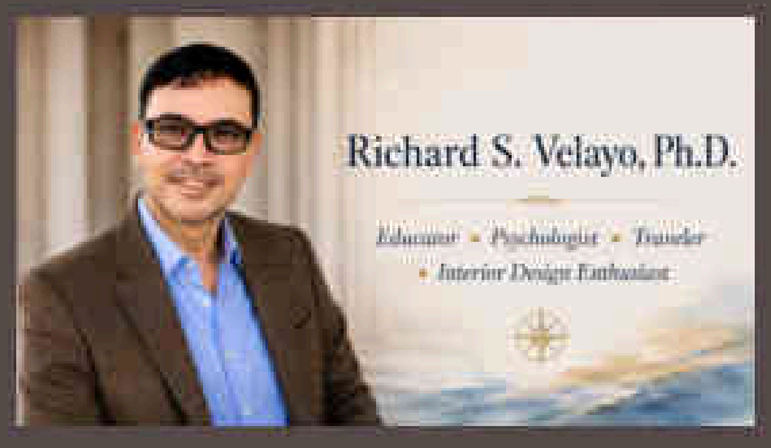

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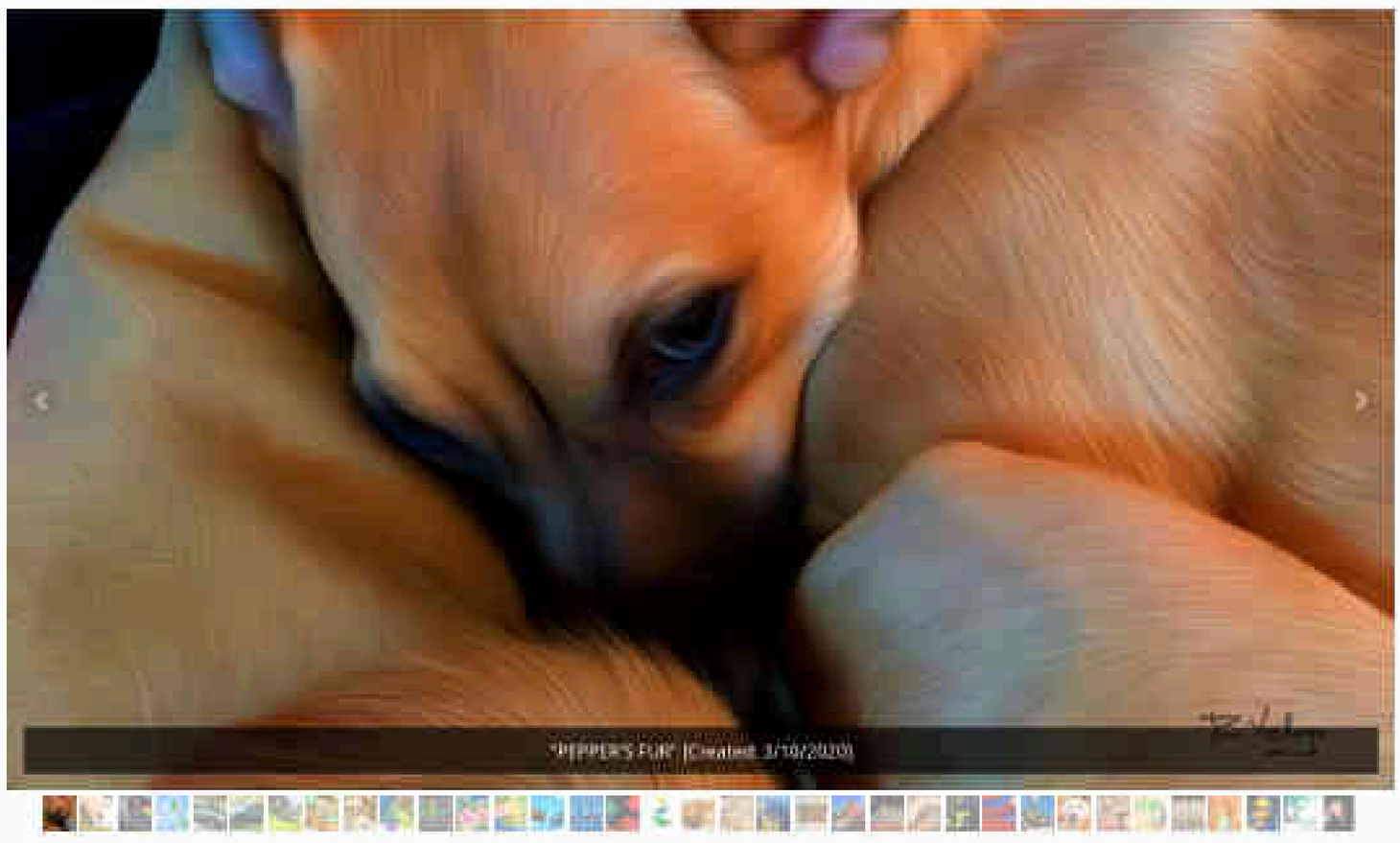
Others

Finding Inspiration... In the candid, the unusual, the organic, or whatever you find to be meaningful in your own life. These digital artwork were created from the less common subjects of my photography. The subject may be abstract, wildlife, pets, portraits, etc.

Featured OTHERS...



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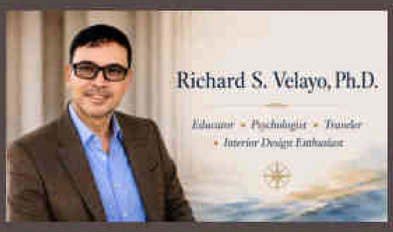

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MAP 1 - Foundations of Psychology

Every field has pioneers whose ideas continue to influence generations of scholars and practitioners. This map recognizes many of the individuals, institutions, and historic locations that helped establish psychology as a scientific discipline.

Explore This Map

This interactive map includes the following layers:

- World History of Psychology
- Great Psychologists
- Psychology Heritage Sites
- Psychology Museums
- Nobel Laureates & Psychology
- Positive Psychology
- Psychology & the United Nations
- Psychology & Climate Change
- Cross-Cultural Psychology

To view all layers, click the small rectangular "View larger map" icon in the upper-right corner of the embedded map. The map will open in Google My Maps, where you can use the checkboxes in the left-hand panel to show or hide individual layers.

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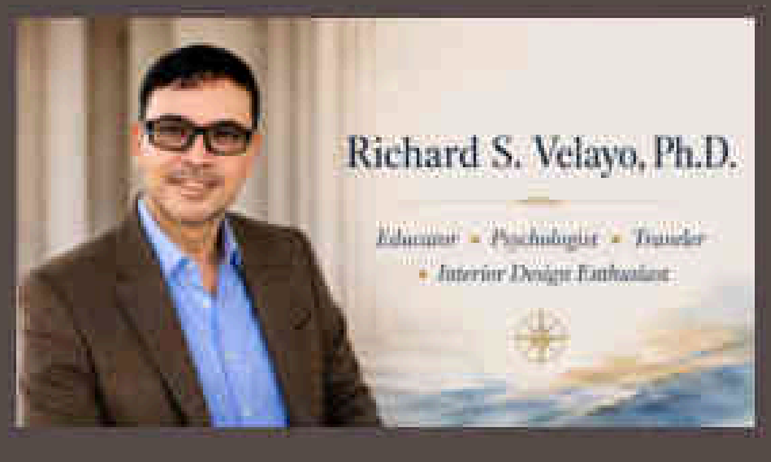

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MAP 2 - International Psychology

Psychology is practiced in virtually every country, yet each culture brings its own perspectives and traditions. This map celebrates the worldwide reach of psychology and the diversity that strengthens our understanding of human behavior.

Explore This Map

This interactive map includes the following layers:

- Indigenous Psychology
- Psychology Around the World
- Psychology Organizations
- Psychology Conferences
- Psychological Tests Around the World
- Psychology and Human Rights
- Psychology in Literature and Film

To view all layers, click the small rectangular "View larger map" icon in the upper-right corner of the embedded map. The map will open in Google My Maps, where you can use the checkboxes in the left-hand panel to show or hide individual layers.

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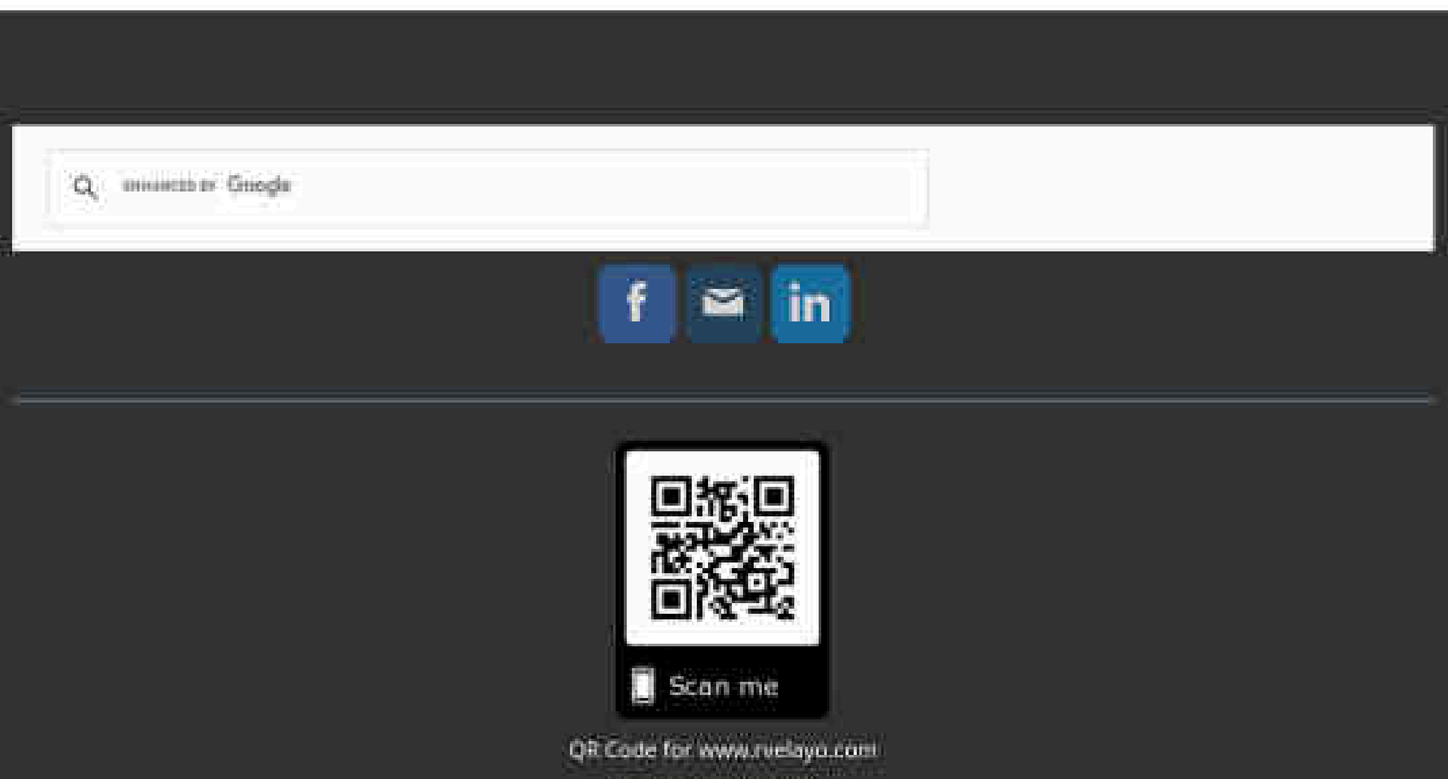

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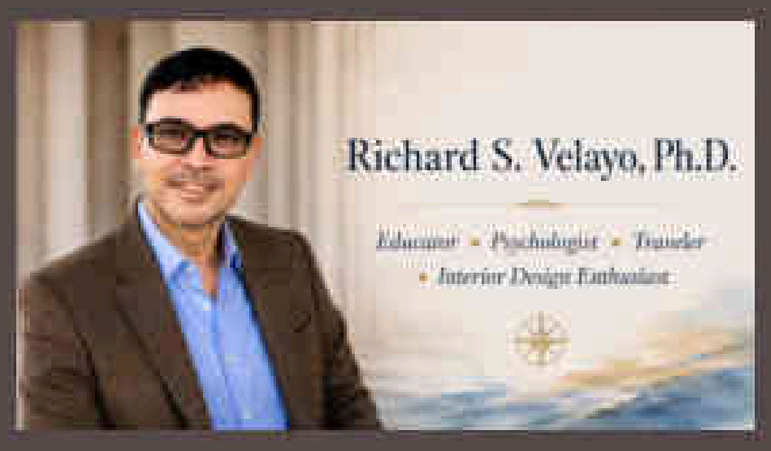

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MAP 3 - Global Psychology Alliance

Progress in psychology depends upon collaboration. This map highlights organizations and partnerships that bring psychologists together across national boundaries to address shared challenges and advance psychological science and practice.

Explore This Map

This map contains a single layer:

- Global Psychology Alliance

The **Global Psychology Alliance** highlights the worldwide network of psychological organizations working together to strengthen international collaboration, advance psychological science and practice, support human rights, and address shared global challenges.

To view the map in more detail, click the small rectangular "View larger map" icon in the upper-right corner of the embedded map. The map will open in Google My Maps, where you can explore the individual locations and organizations included in the alliance.

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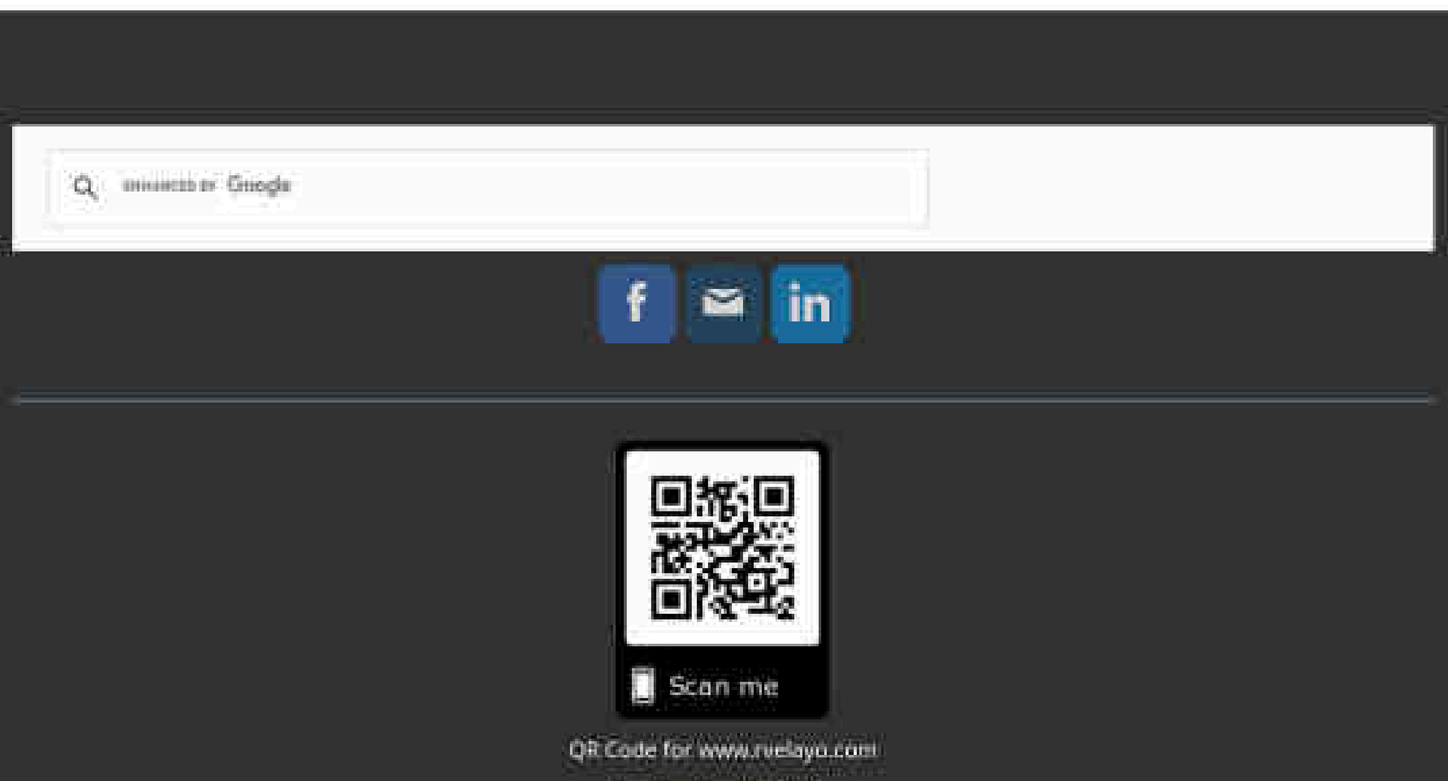

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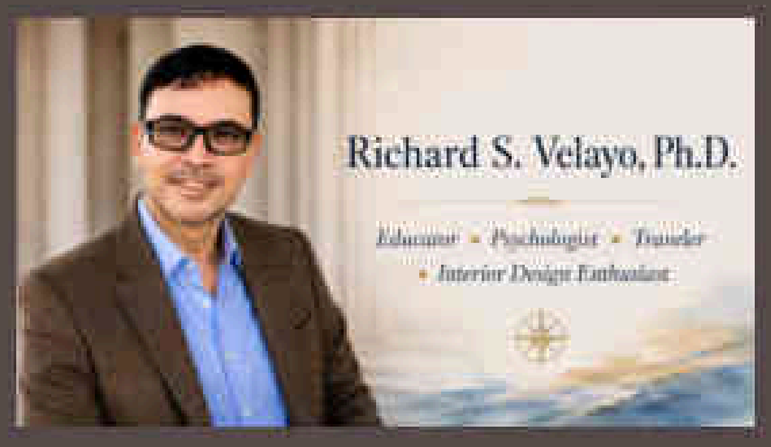

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MAP - Florida Homes

Home is more than an address. These locations represent different chapters of my life and the places where new memories, friendships, and adventures began.

Explore This Map

This interactive map highlights the Florida communities that I have called home throughout different stages of my life. Each location represents a chapter in my personal journey and reflects the experiences that have shaped my life in the Sunshine State.

To explore the map in greater detail, click the small rectangular "View larger map" icon in the upper-right corner of the embedded map. The map will open in Google My Maps, where you can click on individual markers to learn more about each location.

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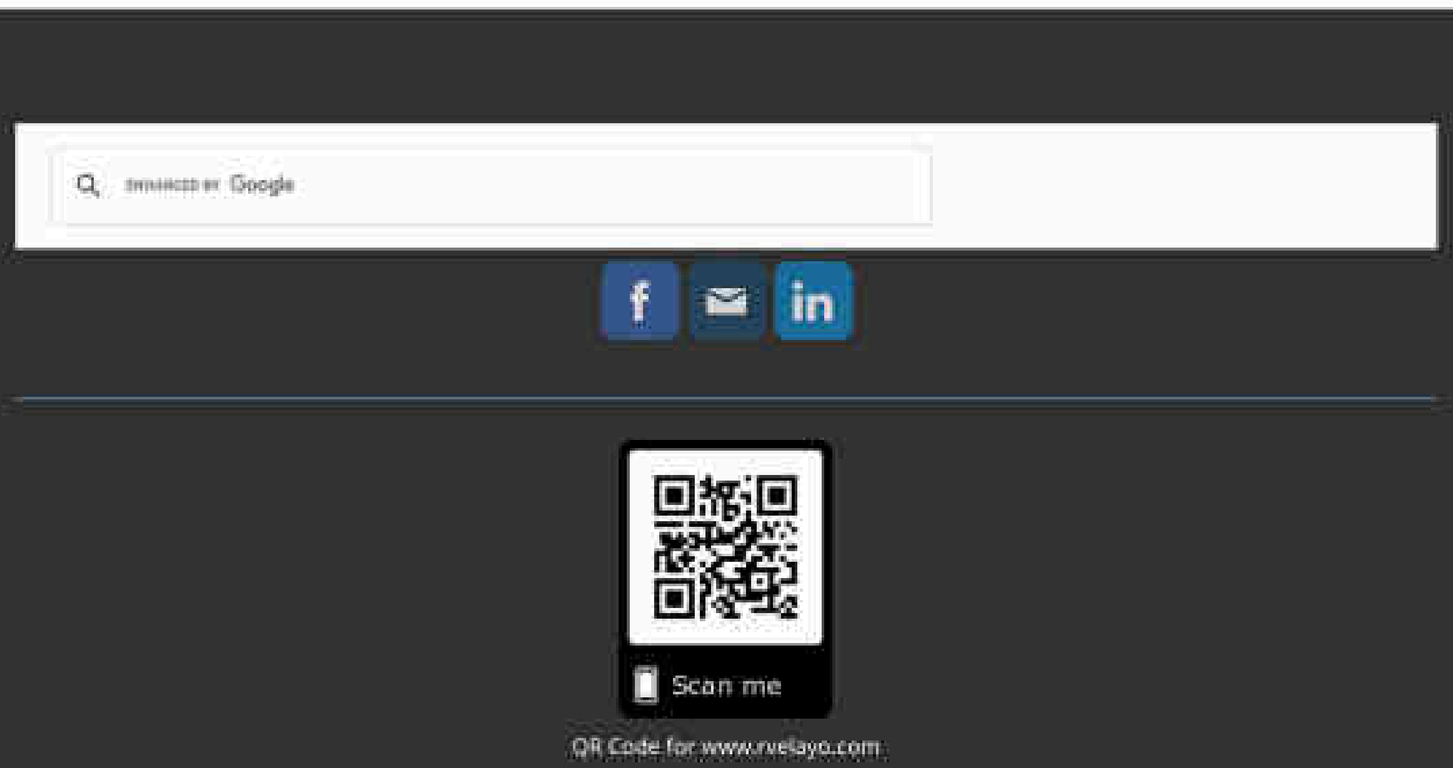

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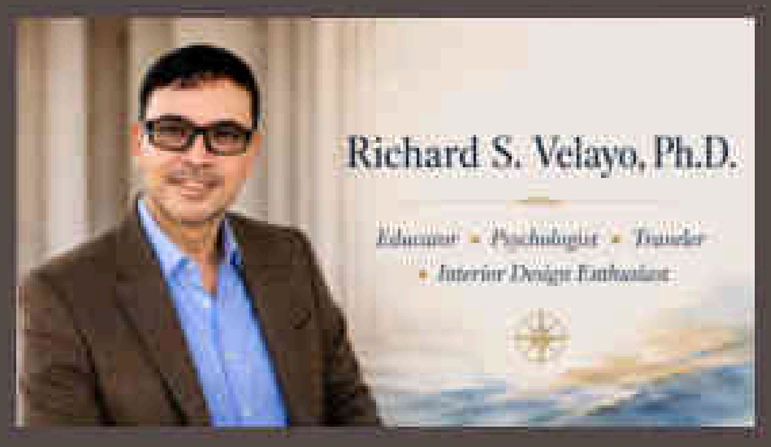

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MAP - Florida Favorites

Some places simply invite you back again and again. Whether for their scenery, history, food, or personal memories, these are among my favorite destinations throughout Florida.

Explore This Map

This interactive map features some of my favorite places throughout Florida, including communities, restaurants, attractions, cultural sites, parks, and other destinations that have provided memorable experiences and continue to inspire return visits.

To explore the map in greater detail, click the small rectangular "View larger map" icon in the upper-right corner of the embedded map. The map will open in Google My Maps, where you can click on individual markers to learn more about each location.

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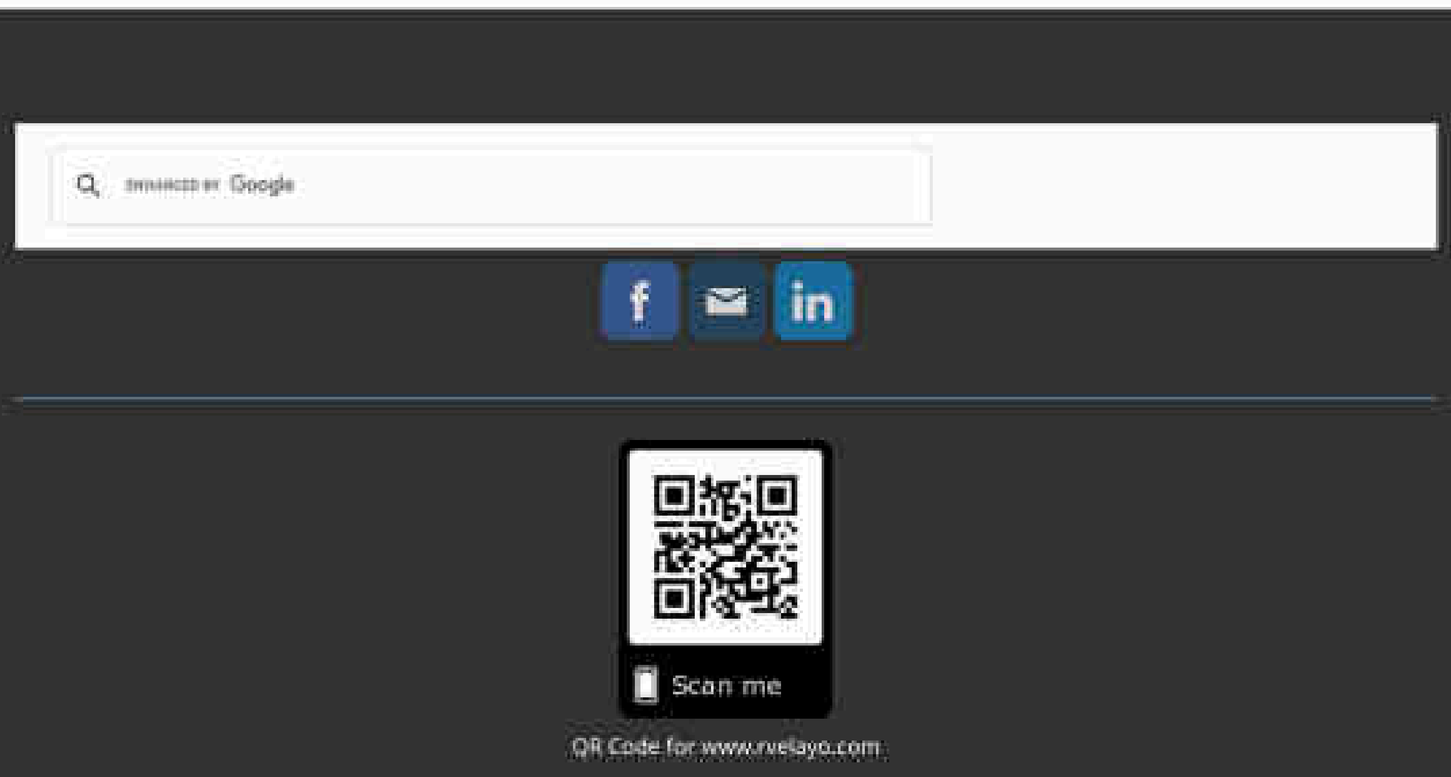

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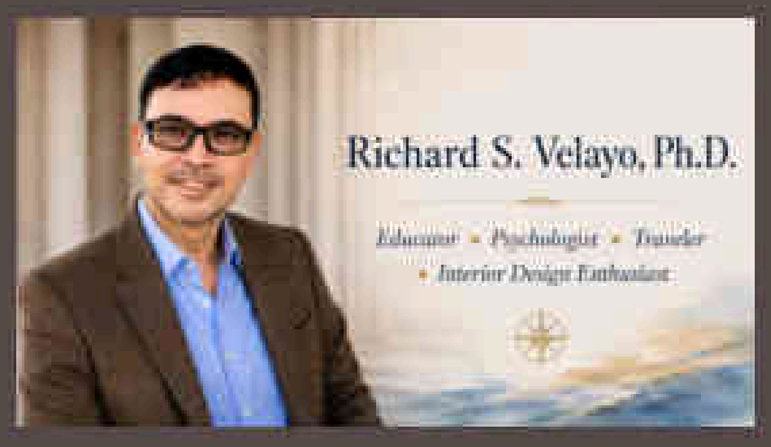

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MAP - Florida Cities Visited

Exploring Florida has been one of the great pleasures of retirement. This map continues to grow as I discover new communities, historic towns, parks, beaches, and hidden treasures across the state.

Explore This Map

This interactive map showcases the many Florida cities and communities I have visited over the years. From historic towns and vibrant cities to scenic coastal communities and hidden gems, each marker represents another step in my ongoing exploration of Florida.

To explore the map in greater detail, click the small rectangular "View larger map" icon in the upper-right corner of the embedded map. The map will open in Google My Maps, where you can click on individual markers to learn more about each location.

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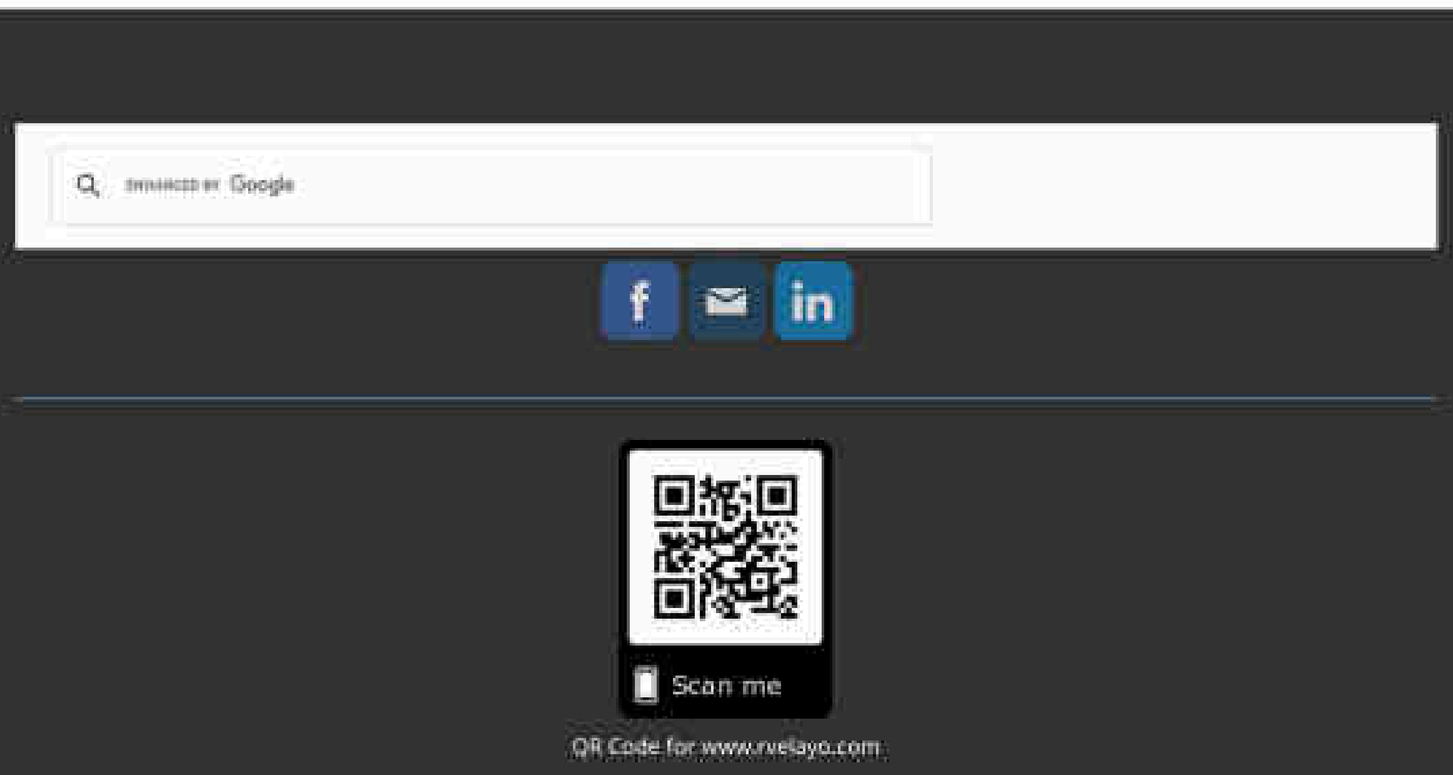

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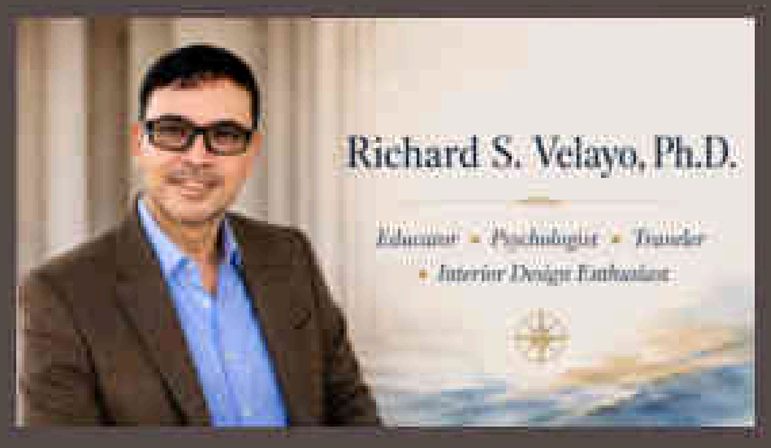

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MAP - States Visited

Every state has its own personality. This map represents the growing list of places I've explored across the United States, each adding another chapter to my journey.

Explore This Map

This interactive map highlights the U.S. states I have visited throughout my lifetime. Each state represents a unique travel experience and an opportunity to discover America's diverse landscapes, history, cultures, and communities. As I continue exploring the country, this map will continue to grow.

To explore the map in greater detail, click the small rectangular "View larger map" icon in the upper-right corner of the embedded map. The map will open in Google My Maps, where you can click on individual state markers to learn more about each location.

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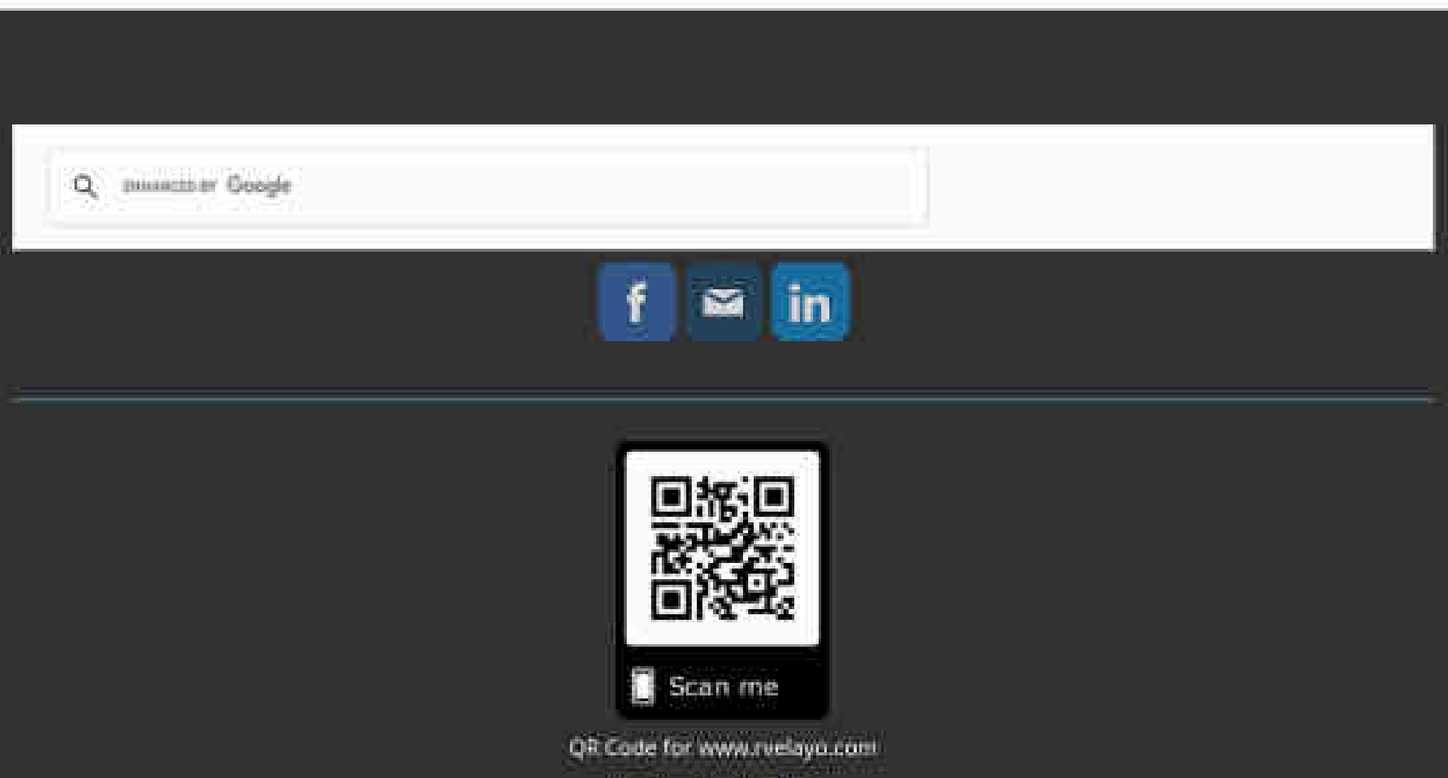

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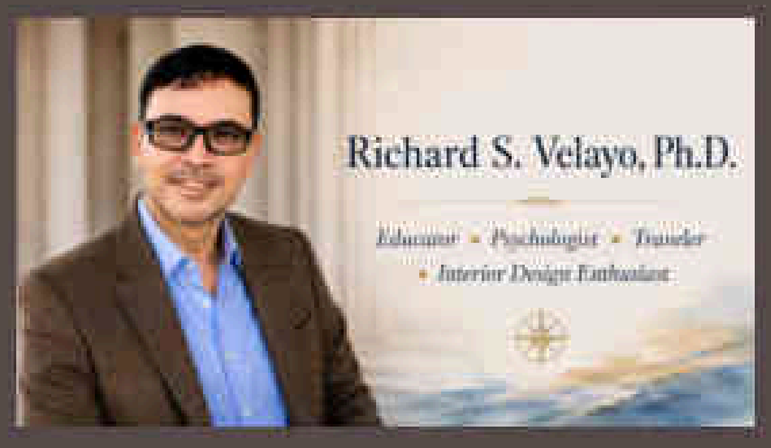

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MAP - States Lived In

Our homes help shape who we become. These states mark the places where I have lived throughout my life, each contributing in its own way to my personal and professional development.

Explore This Map

This interactive map traces the states that I have called home during different stages of my life. Each location represents an important chapter in my personal and professional journey, illustrating how the places where we live help shape our experiences, relationships, and perspectives over time. The markers are arranged chronologically, illustrating the geographic journey of my life from childhood through retirement.

To explore the map in greater detail, click the small rectangular "View larger map" icon in the upper-right corner of the embedded map. The map will open in Google My Maps, where you can click on individual state markers to learn more about each location.

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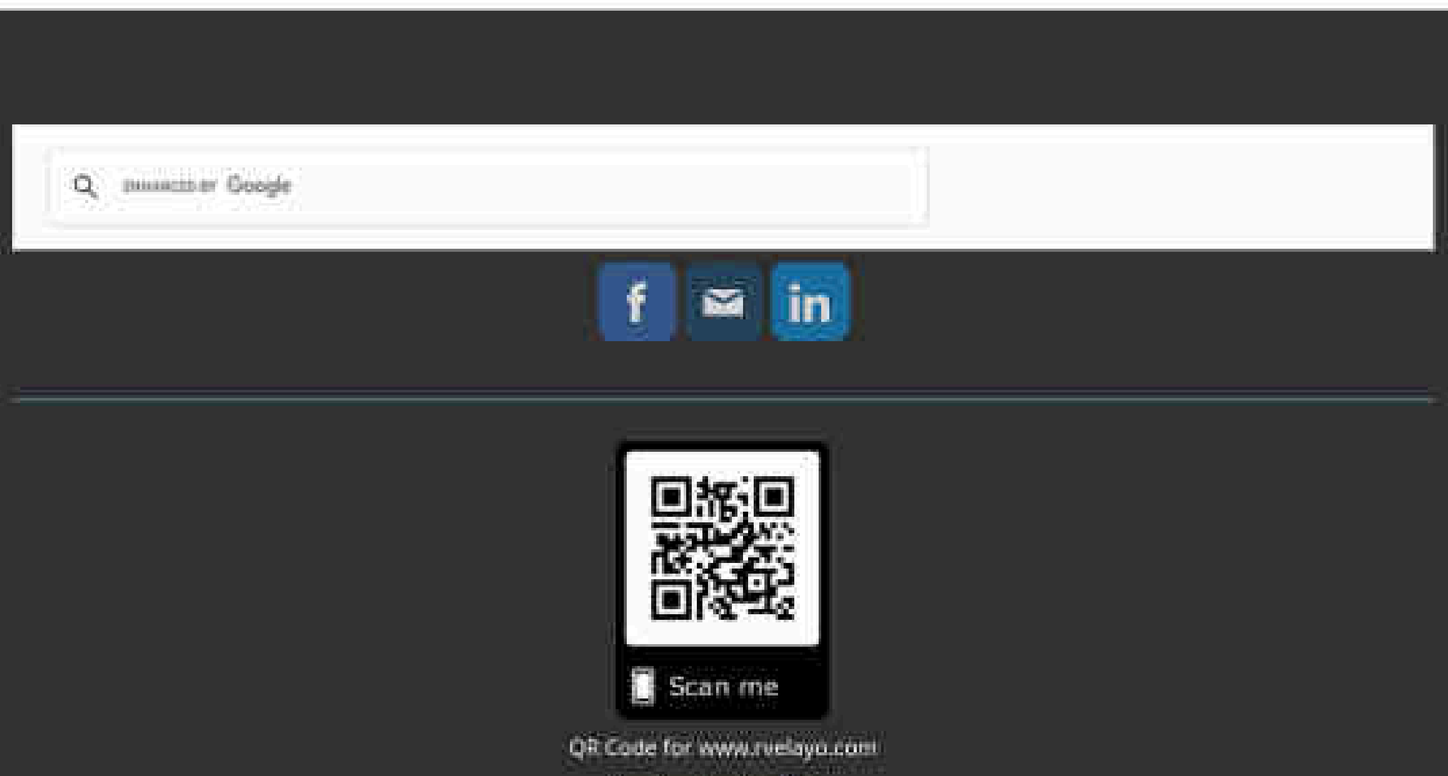

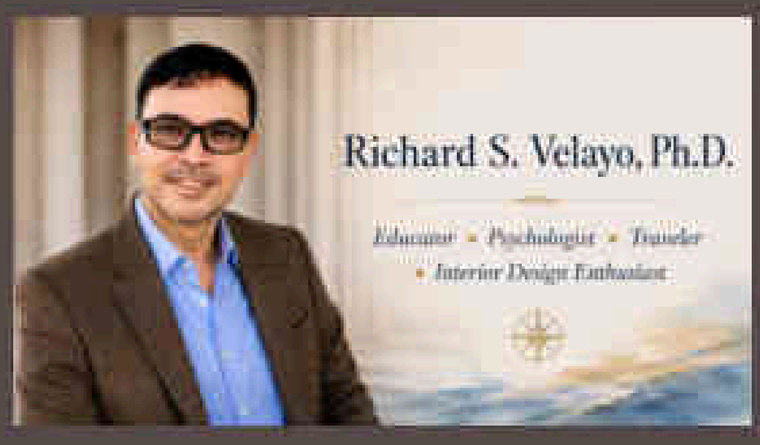

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MAP - Places Visited

Every journey leaves a lasting impression.
One of the greatest joys of travel is discovering that every destination has its own story to tell. Whether exploring a vibrant city, standing before a historic landmark, or simply enjoying the beauty of everyday life in another culture, each place has broadened my perspective and deepened my appreciation for our remarkable world. This map highlights many of the countries and cities I have been fortunate to visit over the years. I hope it inspires you to explore, reflect, and perhaps begin planning your own next adventure.
Travel has taught me that while every destination is unique, people everywhere share far more in common than they often realize. Those discoveries have become some of life's greatest rewards.

Explore This Map

This interactive map highlights the countries, cities, and destinations I have visited throughout my travels around the world. Each location represents a memorable experience and an opportunity to appreciate the history, culture, natural beauty, and diversity that make every destination unique.

To explore the map in greater detail, click the small rectangular "View larger map" icon in the upper-right corner of the embedded map. The map will open in Google My Maps, where you can click on individual markers to learn more about each location.

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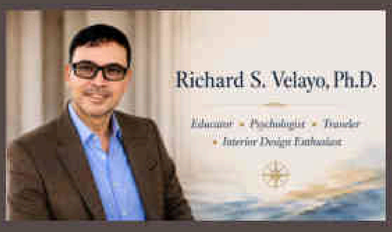

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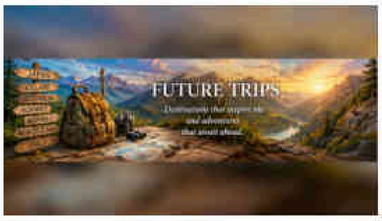
MAP - Future Trips



The world still has many stories waiting to be discovered. Retirement has given me something that is both exciting and precious—time to continue exploring. This map represents places that have long captured my imagination, whether because of their history, natural beauty, cultural traditions, or personal significance. Some destinations have been on my travel list for decades, while others are more recent discoveries. I hope, one by one, these markers will eventually move from my "Future Trips" map to my "Places Visited" map.

Explore This Map

This interactive map features destinations that I hope to visit in the future. Each marker represents a place that has captured my curiosity through its history, culture, scenic beauty, or significance, reminding me that there is always something new to discover and another adventure waiting to begin.

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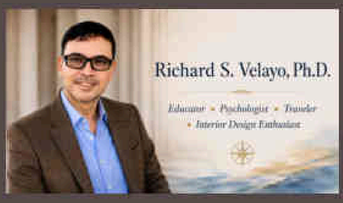

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PROFESSIONAL BIOGRAPHY (Updated: 2/2026)

My academic career has centered on excellence in teaching, sustained professional service, and the advancement of International Psychology. Over decades in higher education, I have been committed to fostering global awareness, cultural competence, and intellectual rigor in psychology education.

Richard S. Velayo, Ph.D., is Professor Emeritus of Psychology at Pace University (New York City). He happily retired in Florida (Orlando Metro area) in 2017 though occasionally teaches online graduate courses. When he was a full-time tenured full professor at Pace University, he served as Associate Chair of the Psychology Department (NYC) and Director of the Master of Arts (M.A.) in Psychology Program from 2014-2017. In 1993, he obtained his doctorate in the Combined Program in Education and Psychology from the University of Michigan (Ann Arbor), and specialized in the areas of Cognitive Psychology and Educational Technology. He obtained his M.A. degree in Applied Behavioral Analysis from the University of the Pacific (Stockton, CA), a B.A. in Psychology / B.A. in Sociology-Anthropology from De La Salle University (Manila, Philippines) (Magna Cum Laude), and at Colegio de San Juan de Letran (Manila, Philippines) for his elementary and high school education. His scholarly interests and publications focus on pedagogical strategies to internationalize the psychology curriculum, and on the use of multimedia and internet-based technologies as pedagogical tools. More specifically, his scholarly interests included: (1) development of an assessment tool for multimedia learning, (2) applications of Internet-based technologies (IBTs) as teaching and research tools, and (3) pedagogical strategies to internationalize psychology courses. He has 49 peer-reviewed publications in journals such as *American Psychologist* (the flagship journal of the American Psychological Association (APA), *Teaching of Psychology, The International Journal of Instructional Media, Journal of Instructional Psychology, Reading Improvement, NYS Psychologist, Educational Technology, Psychology Learning and Teaching, International Psychology Bulletin, and the International Psychologist*. He also has 4 book chapters and 30 non-peer reviewed publications. Moreover, he has 305+ scholarly presentations, 78+ workshops/panels/invited addresses, 120+ symposia/conferences organized at various regional, national, and international psychology conferences including (but not limited to) those of the American Psychological Association (APA), the American Psychological Society (APS), the Eastern Psychological Association (EPA), the National Institute on the Teaching of Psychology (NITOP), the International Council of Psychologists, and the Greater New York Conference on Behavioral Research. He has also been involved in the supervision of over 60 doctoral dissertations and masters theses.

The courses he has taught at the graduate and undergraduate levels include Experimental Psychology, Cognitive Psychology, Instructional Psychology: Multimedia Applications, Research Design and Statistics, General Psychology, Psychology of Learning, Developmental Psychology, Behavior Modification, Critical Thinking and Problem Solving, Introduction to International Psychology, Psychology at the United Nations, and Professional Seminar (for Masters Students). Dr. Velayo has taught at De La Salle University (Manila), Montana State University, University of Michigan (Ann Arbor), before coming to Pace University (New York City Campus) in 1994 as a full-time faculty member of the Psychology Department. In addition to being the Editor-in-chief of the "PsychEye" newsletter (official newsletter of Pace University's Psychology Department, NYC), he was also an editorial board member of the *International Psychologist* and *International Understanding*. He has also served as a reviewer for a number of publications which includes the following: *International Psychology Bulletin (APA Division 52), International Journal of Instructional Media, Journal on School Education, and Computers in Teaching Section of the Teaching of Psychology* (APA Division 2). The New York State Psychological Association awarded him the Virginia Staudt Sexton Award for Early Career Contributions to Academic Psychology (1997), the Distinguished Service Award (2002), and the Wilhelm Wundt Award for Outstanding Research Contributions to Academic Psychology and Service to NYSPA (2007). He is also the recipient of the 2000 Distinguished Award for Outstanding Service at Pace's Employee Recognition Ceremony. In 2012, he was recognized as a "Guest of Honor" for Outstanding Contributions to Psychology at the 24th Annual Greater New York Conference on Behavioral Research (Fordham University, New York). In 2013, he received the "Henry P. David International Mentoring Award" from the Division of International Psychology of the American Psychological Association.

His professional service affiliations include: the American Psychological Association (Fellow of Divisions 1, 2, 48, and 52), the International Council of Psychologists (ICP), International Association of Applied Psychologists (IAAP), the New York Academy of Sciences (NYAS), the New York State Psychological Association (Academic Division and the Social Issues Division), the Eastern Psychological Association (Fellow), PSI CHI (The International Honors Society in Psychology), and Sigma Xi (The Scientific Research Society). He was Past-President (2004), and Member-at-Large (2008-2009) for the Division of International Psychology (Division 52) of the APA in which he has also served as chair of the Membership Committee, Program Committee, the Website Committee, Associate Editor of the *International Psychology Bulletin*, and an active Member of its Curriculum and Training Committee. His other positions include Fellows Chair (2005-2007) for The Society for General Psychology (APA Division 1), Fellows Chair (2008) for The Division of International Psychology (APA Division 52), Chair (2006-2009) of the Communications and Publications Committee for the International Council of Psychologists (ICP) (2006-2009), served twice as Past-President (2001 and 2008) of the New York State Psychological Association's Academic Division, Past-Chair (2006-2008) of the Psychology Section of the New York Academy of Sciences, Past Co-Chair (2009) of APA's Committee on Divisions/APA Relations (CODAPAR), and Member-at-Large for the NGO Committee on Ageing (2007-2009), and Executive Committee Member (2009-2012) of the Eastern Regional PSI CHI Steering Committee. He has served as the Chair of the Publication and Registration Subcommittee for the United Nations Psychology Day Organizing/Planning Committee. At Pace University, he is the Director of Masters Program(s) and Associate Chair of the Psychology Department (NYC campus). Additionally, he has served as the Secretary and Webmaster (2000-2005) of the New York Faculty Council, Chair (2000-2001) of the Academic Resources Committees of Dyson College and NY Faculty Council, and Chair (January 2000 - August 2002) of the Communication Studies Department (NYC campus) of Pace.

Dr. Velayo also served as the NGO Representative (2009-2017) of the International Council the International Council of Psychologists to the United Nations, Treasurer (2009-2013) of the NGO Committee on Ageing, Webmaster (2005-2014), Fellows Chair and Member-at-Large of the Society for General Psychology (2012-2014), Curriculum and Training Committee Chair and Member-at-Large for the International Psychology Division of APA (2012-2016), Liaison of the Eastern Psychological Association to Pace University's Psychology Department (2010-2016), and one of the three Co-Directors (2010-2017) of The International Social and Behavioral Research Alliance. At Pace, in addition to being the Associate Chair of the Psychology Department and Director of the M.A. in Psychology Program (2014 - 2017), he also serves as a Director of the Dyson College Center for Global Psychology (DCCGP), a member (2004-2017) of the Kenan Development Fund Committee for Faculty Development, and a Fellow (2000-present) of the Dyson College Society of Fellows.

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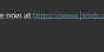

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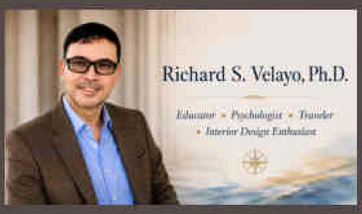

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Main Home

(Vancouver, Canada)

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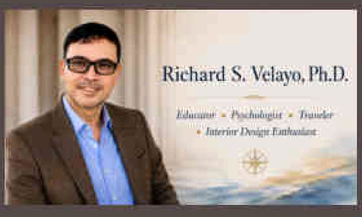

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Coastal House

(Montauk, New York)

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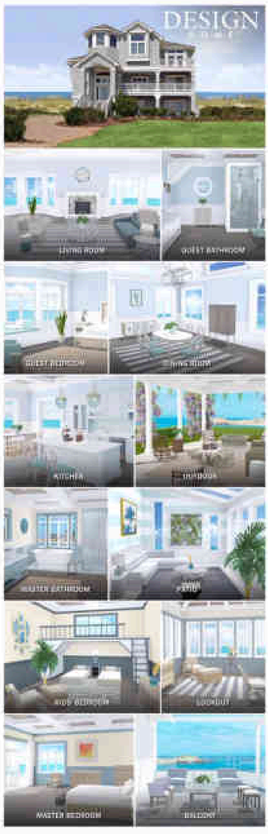

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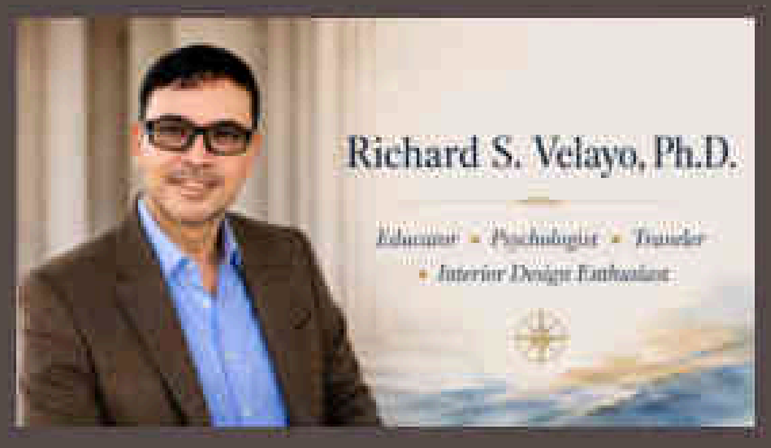

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Abstract Close Ups Interiors Scapes Still Life Others

Townhouse

(Norwalk, Connecticut)

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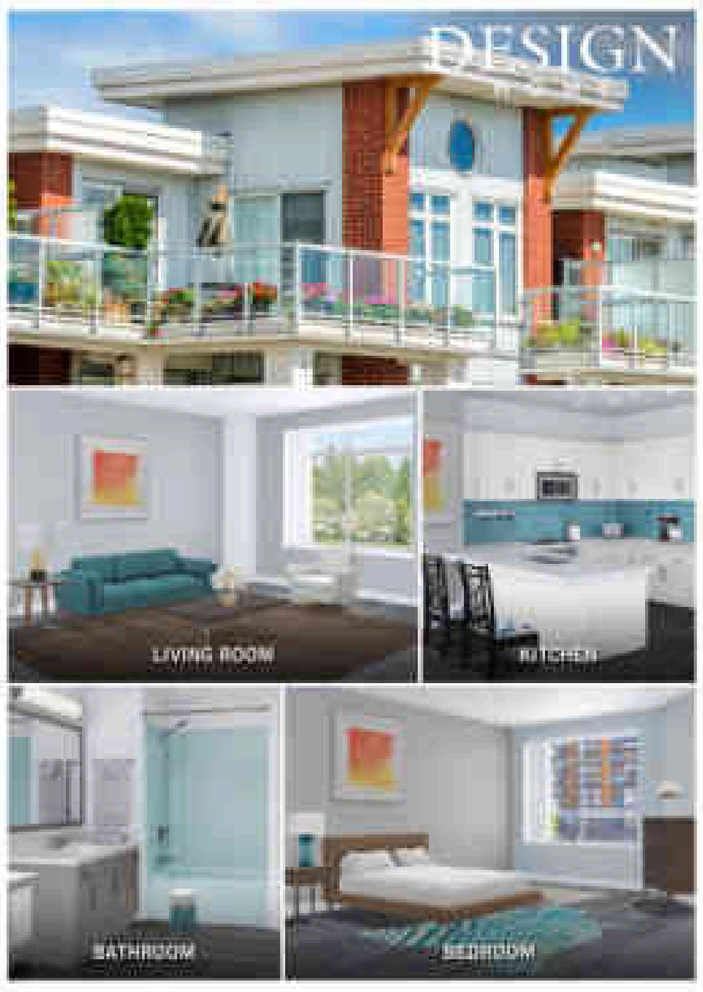

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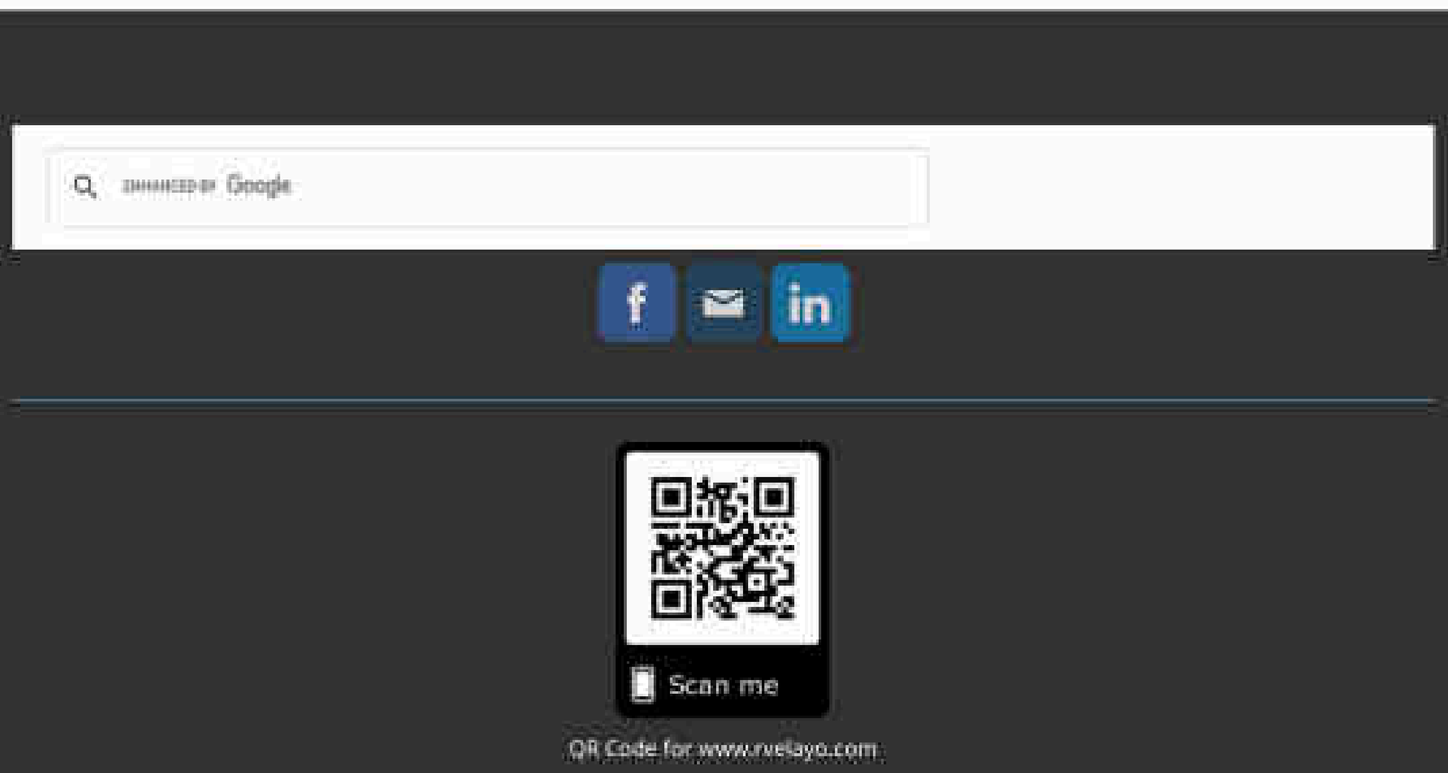

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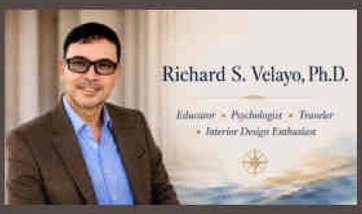

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Penthouse

(Miami, Florida)

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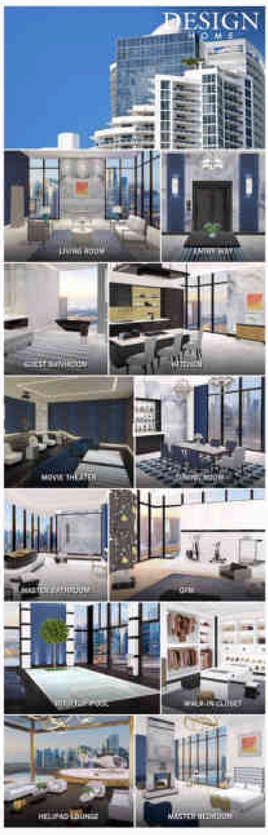

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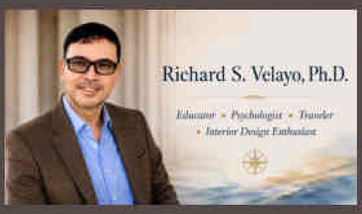

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Tropical Villa

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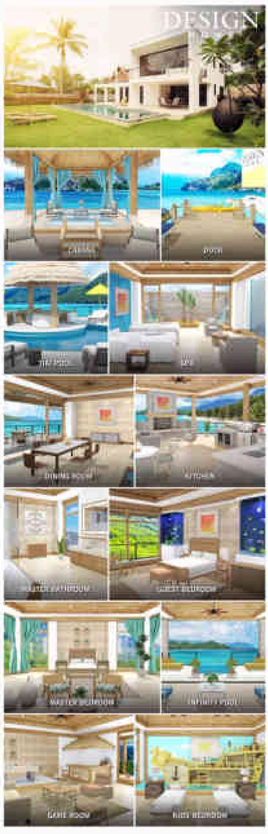

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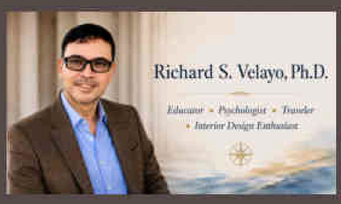

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Mountain Lodge

(Sao Paulo, Brazil)

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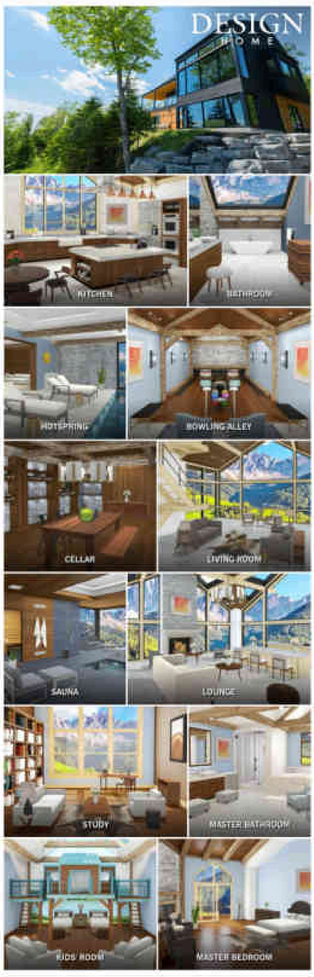

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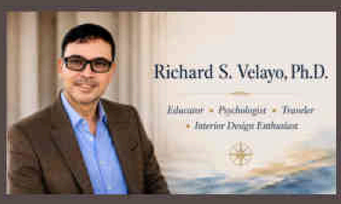

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Mid-Century Style Home

(Palm Springs, California)

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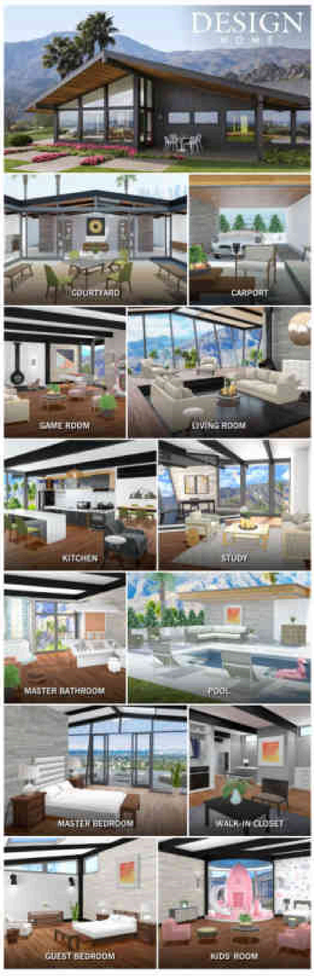

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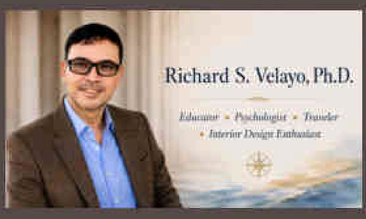

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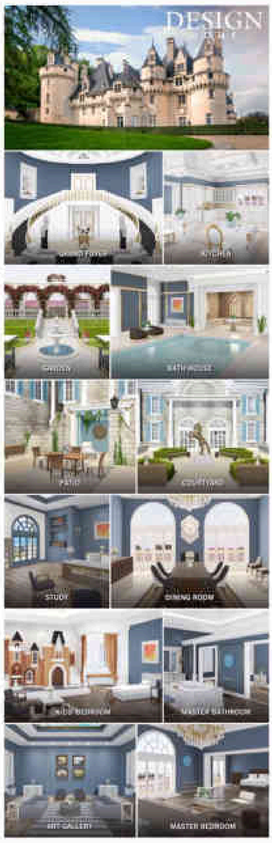

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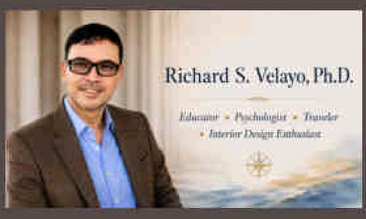

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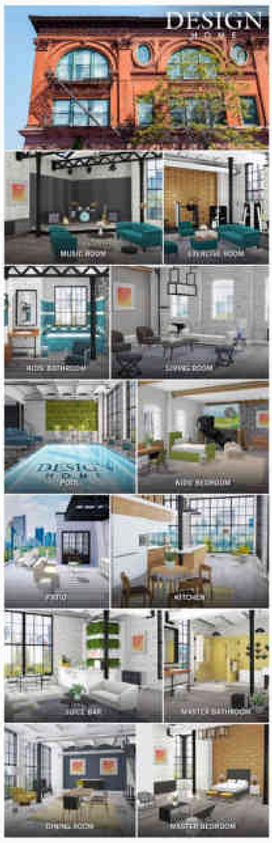

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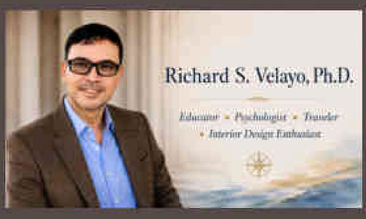

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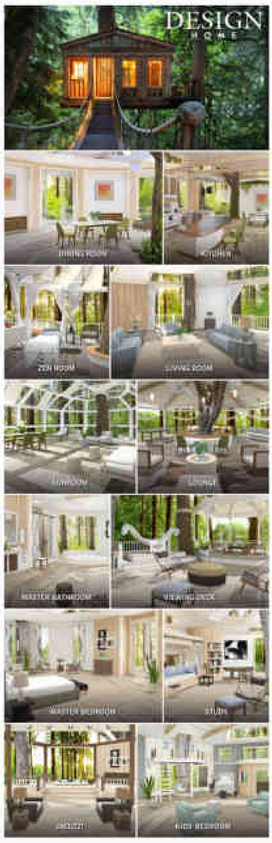

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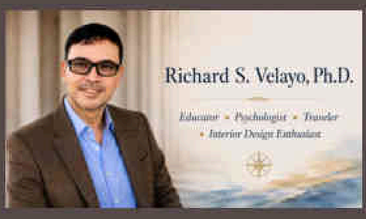

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Greek Villa

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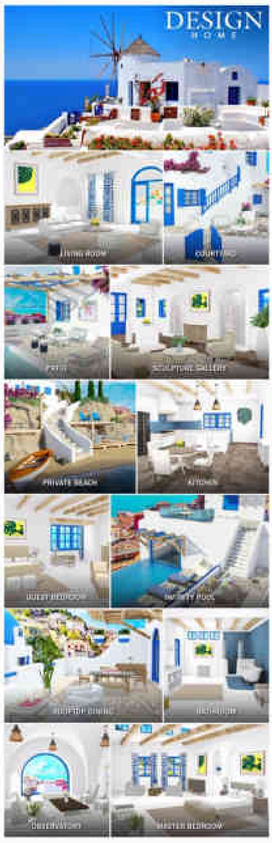

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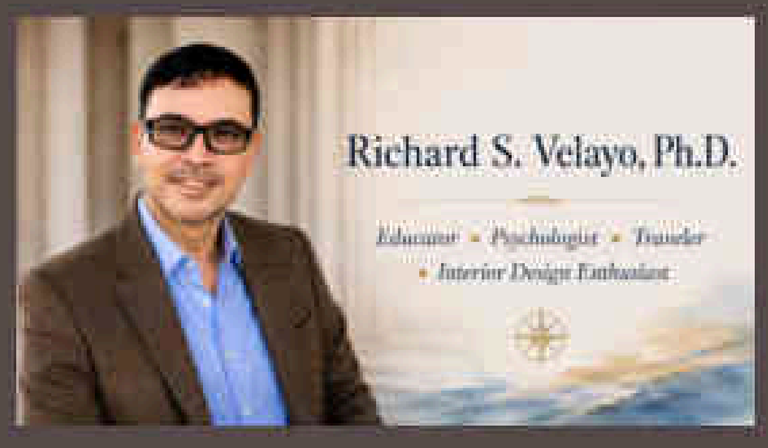

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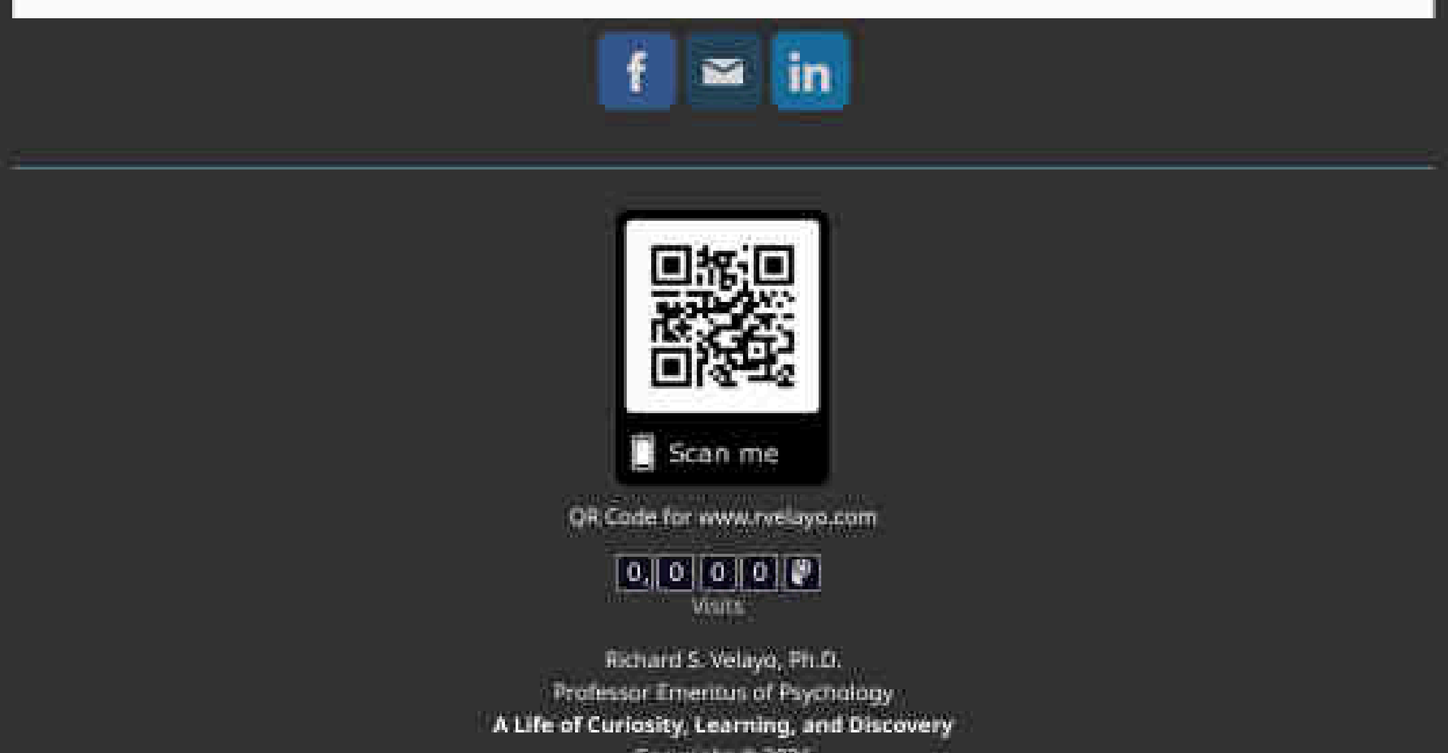

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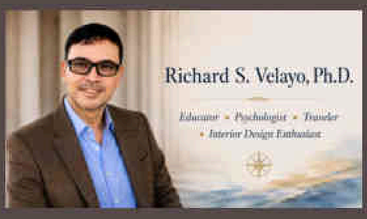

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Dream Home

(Eagle, Idaho)

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